



O. W. L. S.

OLDER WISER LEARNING SENIORS

Volume 14 Issue 6
June 2023



President's piece Brendan Dever

Management committee members

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<i>Vice president/course coordinator</i>	
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<i>Secretary</i>	
Val Salama	Ph 0484 363 595
<i>Treasurer</i>	
Peter Venz	Ph 0408 588 399
<i>Facebook/social media</i>	
Patrick Hughes	Ph 0408 067 466
<i>Social activities</i>	
Di Johnson	Ph 0468 849 448
<i>Publicity</i>	
Diane Rewko	Ph 0434 724 991

Friends of the committee

If you would like to join with the following people who have nominated that they will help where they can at occasional events, outings and functions, your involvement will be most welcome.

June Carey	Patricia Castles
Denice Knight	Rita Evans
Rosemary Ryan	Carol Castles

To register as a friend of the committee, please contact Brendan Dever

P 0418 192 999

E presidentu3abeaudesert@gmail.com

If you have any comments or suggestions for our U3A, please feel free to email the president at presidentu3abeaudesert@gmail.com



Member of U3A Network Queensland

The thoughts and opinions expressed in this newsletter are those of the named individual contributor alone and do not necessarily reflect the views of the editor, U3A committee, U3A, or its members.

Welcome to the June OWLS!

The excitement of the 2023 U3A Network Queensland conference in Rockhampton and the announcement of U3A Beaudesert as the host for the 2024 conference on the 11th of May is still with us. Thank you to those who arranged travel and holidays to represent Beaudesert at the conference – Tina Jones, Pat and Jan Hughes, Ray and Kirtsey Arthy.

After the conference Verlie and I packed up the camper trailer and headed west to Anakie for a meet and greet on 12th May to mark the start of a 24 day/1500 km Graham Rodger tagalong to Cooktown. Country singer Graham and partner Diedre have been hosting these country music themed treks since the early 2000's. They're joined this year by musicians Gus and Sherrie Olding, and Laurel Calvert. The professionals stage a concert every 3 or 4 days, attended by 'taggers' and locals, including a feature concert at the Three Rivers Hotel with Graham paying tribute to Slim Dusty.

The trek was recommended by Ray and Kirtsey who are also among the 110 travellers – the numbers resulting in an occasional traffic jam when 50 assorted caravans, motor homes (and 1 camper trailer) check in to a van park. The troupe has just arrived in Cooktown after a memorable few days

at Koolburra Station, a 625 sq. mile cattle property about 200k west of Cooktown. The only mobile coverage was a few bars of 3G signal near a certain tree beside the station homestead, but luckily a large screen TV appeared in the open air camp kitchen just in time for the State of Origin game on Wednesday. The stay at Koolburra included a 25k 4WD convoy to a very picturesque creek for smoko and a spot of fishing – one of the taggers jagged a freshwater crocodile by the tail. The sheer size of the station and our instructions for the trip - 'follow the fence line, there's three long soft sand stretches, stay in high range 4WD and keep a steady speed, don't stop!' - were evocative of Janine Haig's poem on page 3 of this edition.

We've really enjoyed the adventure and the company on the tagalong which concludes here in Cooktown in a few days and then it's time for the journey south and back to 'normal' tasks. Those will include preparations for the state conference from 28th to 30th May 2024 - if you are available and keen to assist with planning and preparations for the conference between now and May 2024, or as a volunteer during the conference, please let me know by email to presidentu3abeaudesert@gmail.com.

Till next time, Brendan



A warm U3A Beaudesert welcome to our new members:

[Maria Grunert](#) and [Micheala Dunne](#)

We look forward to seeing you at the activities you have chosen for yourself where, we are sure, you will make many new friends.

Best wishes for a very **Happy birthday** to our members who celebrate their birthdays in **June**:



Anne Andrews, Ray Arthy, Lynette Bruce, Henri Cash, Philip Connors, Stephanie Costa, Russ Davidson, Paul Deeran, Ray Folley, Derani Gearey, Sandra Grieve, Philip Hyam, Gayle Manning, Doug Maultby, Pat Norman, Marcia Pain, Peter Venz, Jane Parker, Valerie Sabo, Sandra Schumacher, Linda Simister, Jan Skelton, Vicky Spaccatore, Carmel Speedy, Graham Stephens.

If your birthday is in June and you are not listed, please let us know so we can update our records and include you.

Current courses - term two 2023 17 April-23 June 2023

Course coordinator | Tina Jones
Phone 0418 780 861 | Email coursesu3abeaudesert@gmail.com

There is a \$3/session charge for most of the activities,
payable on the day

Aqua aerobics

In recess till term four. Refer to exercise group below
Contact Tina 0418 780 861

Art group - all mediums

Wednesdays 9 am-12 St Thomas's Anglican Church hall.
Contact Denice 5546 9879 or 0402 012 267

Card playing - Beaudesert

Every Monday 12.30 pm-4.00 pm RSL function room. Enjoy
500 or Bolivia
Contact Di 0468 849 448 to confirm attendance.

Card playing - Bolivia - Jimboomba

Meets every Thursday 12 noon-4.00 pm at St James's
Anglican Church Hall, Jimboomba
Contact Di 0468 849 448

Croquet club (Hoopers)

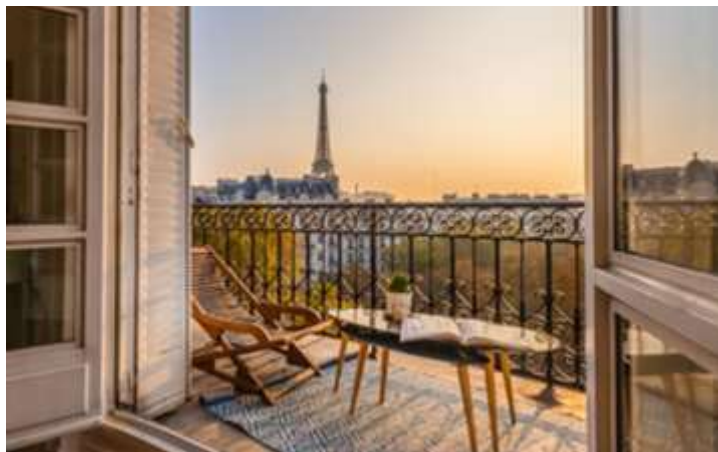
Play Tuesdays 9.00 am-12.30 am at Everdell Park Gleneagle
Contact George or Rita 5541 0706

Exercise

Low impact meet Thursdays 8 am-9 am Arts & Information
Centre, Enterprise Drive
Contact Bronwyn 0414 401 105

French

Mondays 11 am-2.30 pm Café 63
Contact Jayne 5463 4841



Gardening group - BUGs

Meet third Friday of each even month 10.00 am-12 noon
Beaudesert RSL club function room
Contact Brendan 0418 192 999 or Carmel 0408 711 401

General discussion group

Meets Tuesdays 9.30 am-11.30 am Beacare Community
room, 44 Tina Street. General discussions on any subject
group members propose
Contact Andy 5541 2072

Indoor bowls

Fridays 9.00-11.00 am at St. Thomas's Anglican Church
Hall, Albert Street, Beaudesert
Contact Terry 0428 627 673

Jigsaw library

Select a jigsaw (or a wasgij) to use from the library. To select
and collect, contact Sandra 5541 0978

Line dancing/dancing

Tuesday from 12.45 pm \$3 per session The Centre, Brisbane
Street Beaudesert
Contact Yokie 0407 171 813

Mahjong - Jimboomba

Meets every Tuesday 11 am-2 pm St James's Anglican
church hall, Jimboomba
Contact Lynn 0417 078 712

Mahjong - Beaudesert

Thursday afternoons 1 pm-3.30 pm Arts & Information Centre
Contact Michele 0459 335 403

Mosaics Meet Mondays 1.30 pm-3.30pm at Arts &
Information Centre, Beaudesert a hands-on course in a
fascinating art form. \$3/session payable on the day.
Contact Tina 0418 780 861

Nordic walking/walking

Walking around Beaudesert meet between the pool and the
library in Beaudesert at 6.30am.
Contact Liz 0488 155 506 for start times/venue

Sewing

Short course, term two only. Meet Tuesday mornings, 9.30
am-12 noon, Arts & Info Centre craft room - please enter via
Enterprise Drive door
Contact Gay 0422 440 981

Sing for fun (Singing Owls)

Meets Wednesday mornings 10 am-11.30 am, Room 21,
GTM Studio, PO Square, 115 Brisbane Street
Contact Janet 0408 784 567

Social lunch

The next social lunch will be on Friday 30th June at the
Beaudesert Golf Club.
Contact Di 0468 849 448, candyroxy1946@gmail.com

Social tennis

Wednesdays 7.30 am-12 noon venue Beaudesert tennis
courts Boonah Road
Contact Lorraine 0407 574 576

Table tennis

Thursdays 8.30 am-12 noon held at the St Thomas's Anglican
Church hall.
Contact Glenda 0418 771 758 or Ken 0408 703 388

Travel and Adventure Group

Meet second Monday from 10.00 am. Room 21, GTM Studio,
PO Square, 115 Brisbane Street
Contact Ray raymondarthy@gmail.com, ph 0447 554 480

Trivia puzzling

Wednesday afternoons from 1.30 pm St Thomas's Anglican
Church hall, Albert Street, Beaudesert
Contact Jenny 0439 138 212

Ukulele (BUFFies)

Meets Thursday afternoons 12.30 pm-2.30 pm. Room 21,
GTM Studio, PO Square, 115 Brisbane Street
Contact John 0428 844 041



As most members already know, we have a facebook page
(U3A Beaudesert) If you have any notifications of events,
photos or videos, messages, etc that you would like included
on our page, please contact Pat:

- Phone - 0408 067 466
- Email - u3abeaudesert.facebook@gmail.com



Tereasa, Marjorie, Sonya, Bernie, Coleen and Gay in front.

Interested in doing a Sewing course?

A short ten week course like the Beaudesert U3A basic sewing offers participants the opportunity to target their particular interests and needs, whether it be to learn dressmaking or to hone existing skills.

As well, there is less of a time commitment and as a project or two can be completed, a real sense of achievement can be rewarding.

Facilitator Gay, a former Beaudesert High School teacher, sews as a hobby and loves to teach some tricks of the trade.

The Beaudesert Arts and Information Centre, Enterprise Drive is a very suitable location for U3A courses, including the very popular mosaics. Along with being an information centre, complete with tourist attraction information and maps which are dispensed by a team of enthusiastic volunteers, it is also the place where local artists and artisans can showcase their work. Check out the courses on page 2 for more details.

Thanks to Di Rewko

The way to get started is to quit talking and begin doing. Walt Disney

One of my favourite poems written by Janine Haig

DIRECTIONS

He was in some far off paddock doing something to a fence
When he called up on the 2-way in a voice all tight and tense
"I've got a punctured tyre and the spare is flat as well;
It's hot, I'm out of water and my day has gone to hell.
I need another tyre – there's a couple in the shed,
So look at them real careful; bring the one with thickest tread;
Could you throw it in the old ute and bring it out to me?
I know it's quite a bother – there's no other choice, you see."

"If you go along the road across the creek and heading east
And follow it until you reach the carcass of a beast,
Then chuck a left along the track – it's rough but pretty straight
So take it easy as you go until you reach the gate.

The gate's an old wire mongrel so undo it with great care
(When I get the time it's on my list to be repaired)
Head West along the fence-line 'til the big dam comes in sight,
Then when you reach the pig trap spin the wheel and chuck a right."

"Take care across the gully – it's better if you creep;
Put the ute in low-range coz it's slippery and it's steep;
When you reach the bore drain you will see it's pretty clogged,
Find second gear and give it some – or else you might get bogged.

There's a stony ridge ahead then, where the mulga's pretty thick

You'll come out on a grassy plain – where all the grass is dead,

Then you'll see some tangled wire and old fence posts up ahead."

"And over to your left you'll see a big old gidye tree;

And underneath it, red with rage....

A bloke in shorts – that's me!"

*i*Support for Carers of People Living with Dementia

These people are still looking for people to participate who are aged over 18 years and provide care for someone with mild to moderate dementia.



5 Reasons to consider participation

- 1 Participation is completely voluntary and consent to participate can be withdrawn any time
- 2 An opportunity to learn approaches to help support you through the journey
- 3 Quality of health and life may improve for you and the person you care for
- 4 There is an opportunity to contribute to the future wellbeing of carers
- 5 There are no costs involved. You will be monetarily compensated monthly in appreciation of your participation.

I'm interested! What do I do?

Please contact Dr Claudia Meyer, Senior Research Fellow, Bolton Clarke Research Institute
Email: cmeyer@boltonclarke.com.au
Mobile 0427 894 458

Heather Williams iSupport Lead
Email: hwilliams2@boltonclarke.com.au
Mobile 0458 751 667



BUGS meeting at Elaine's garden

By Tina Jones

Open garden this month was at Elaine Reid's home and approximately 20 members of the BUGs garden group gathered to explore what can be achieved on a small lot.

When Elaine purchased the property, a solitary flame tree stood proud in the front yard. Now it is a canvas surrounded by many other flowering and shady trees and shrubs.

A cuppa and some delicious home cooking made for a perfect day in the garden.



It's called a "Cowasaki"!



A note from Secretary Val...

We appreciate that some members do not have access to email and for those members the newsletter is posted out. If you have not received the newsletter either by email or Australia Post (the **May** copy mailed at Beaudesert 15th May) please let the secretary/your tutor know – we have experienced a 'glitch' or two whilst trying a different system! Thank you for your patience and don't forget newsletters are available at the Beaudesert Information Centre, and at the Beaudesert Library (on request they will print for you)'.

BUGs - still time to book your spot

Brendan Dever



BUGs has booked a bus for the Queensland Garden Expo at Nambour on Friday 7 July, departing the Information Centre at 6:30am. Cost is \$50 per person which includes \$20 entry to the Expo.

To book your seat email Brendan at u3abugs@ozemail.com.au or phone/text to 0418 192 999.

Social lunch news *from Di Johnson*

We had our monthly lunch today at The Logan Village Hotel. I hadn't been there for years and was pleasantly surprised by the different decor since I was last there. It was light, bright and welcoming. The 31 who attended the lunch all enjoyed the ample food, service and friendly staff. We will certainly return there for another occasion.

I have booked The Beaudesert Golf Club for our next lunch on 30th June 2023. There is a different menu and also one for seniors from as low as \$10.00.

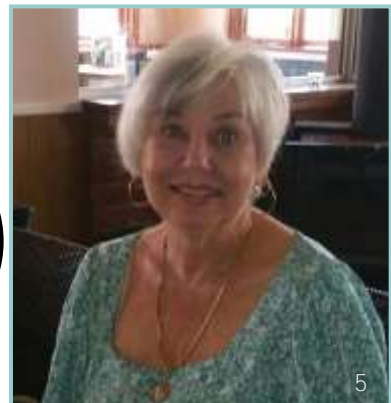


Some of those 31 attendees
photos by Tina Jones



June Social lunch is
Friday, 30th June
Beaudesert Golf Club

Contact Di to reserve your place
phone/text 0468 849 448
email candyroxy1946@gmail.com



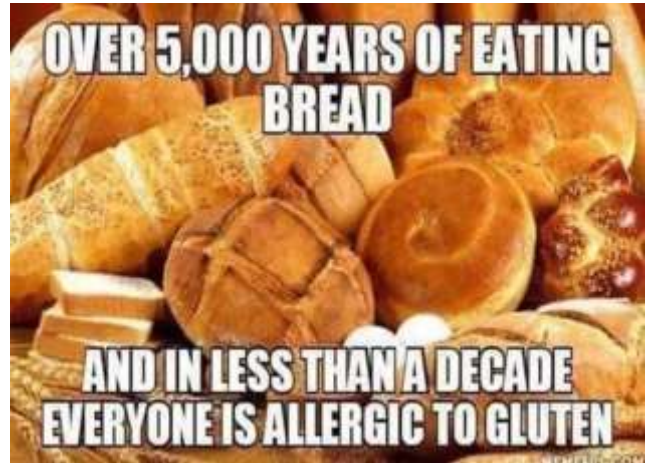
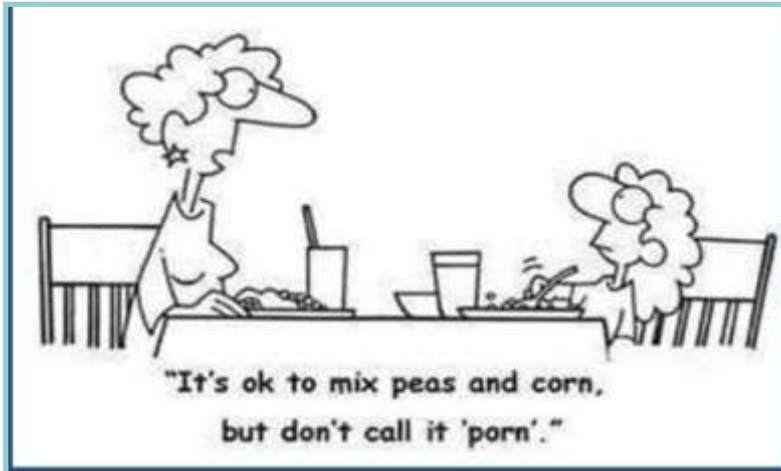
Travel Adventure Group - TAG

A reminder that the group is planning a trip to the Cook Islands from 24th November to 1st December, 2023. At the moment the cost is approximately \$5500 per couple and \$3768 solo.

If you are wanting to be on this trip, please contact Laura Rogers at the Flight Centre, ph 1300 338 769, Beaudesert Fair, to express interest.



Check your passport is up to date



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