



# O. W. L. S.

OLDER WISER LEARNING SENIORS



**President's piece**  
Brendan Dever

**Volume 14 Issue 8**  
**August 2023**

## Management committee members

<i>President</i>	
Brendan Dever	Ph 0418 192 999
<i>Vice president/course coordinator</i>	
Tina Jones	Ph 0418 780 861
<i>Secretary</i>	
Val Salama	Ph 0484 363 595
<i>Treasurer</i>	
Peter Venz	Ph 0408 588 399
<i>Facebook/social media</i>	
Patrick Hughes	Ph 0408 067 466
<i>Social activities</i>	
Di Johnson	Ph 0468 849 448
<i>Publicity</i>	
Diane Rewko	Ph 0434 724 991

## Friends of the committee

If you would like to join with the following people who have nominated that they will help where they can at occasional events, outings and functions, your involvement will be most welcome.

June Carey	Patricia Castles
Denice Knight	Rita Evans
Rosemary Ryan	Carol Castles

To register as a friend of the committee, please contact Brendan Dever

P 0418 192 999

E presidentu3abeaudesert@gmail.com

If you have any comments or suggestions for our U3A, please feel free to email the president at presidentu3abeaudesert@gmail.com



Member of U3A Network Queensland

*The thoughts and opinions expressed in this newsletter are those of the named individual contributor alone and do not necessarily reflect the views of the editor, U3A committee, U3A, or its members.*

Welcome to the August OWLS!

In this issue:

Occasionally we receive "I wish I had known that was on" feedback from members, often related to TAGs or BUGs outings. Page 3 introduces the new 'What's On' column, with dates and contact details for upcoming events, along with a contact email to add your function.

This season for balance sheets and tax returns reminded me of a presentation to the AGM in March with results from our financial year which is 1 January to 31 December. The slide presentation addressed the differences between the 'official' audited financial statement, which showed an apparent surplus or 'profit' of \$11,616 for 2022, and the actual operating result which is much closer to 'break even'.

Two items in particular had an impact on the audit result.

First – the invoice for The Club Christmas vouchers which were valid to 30 December (\$4,416) was paid in early 2023. For a better comparison the 2022 cost was included in the adjusted 2022 expenditure. Second – \$6,572 expenditure was for equipment

purchases, including items for the new office funded by a Scenic Rim Council grant, and a new defibrillator. Under the audit protocols those items are treated as cash assets in the year of purchase and depreciated at a standard rate. Those two items inflated the apparent surplus by \$10,988 – when adjusted the effective operating surplus for the year was \$766, or 1.8% of revenue.

A summary of finances from the AGM slide presentation is included on page 3 of this issue. Did you know that your U3A contributed over \$40,000 to the Scenic Rim economy in 2022? And thank you again to the Scenic Rim Regional Council for ongoing grant support toward activities and equipment costs.

The BUGs bus to the Queensland Garden Expo at Nambour is the subject of a Page 5 article. It was such an enjoyable day for those on the bus and would have been great to see more seats filled. We need your support for the next excursion to the Toowoomba Carnival of Flowers on Friday 22 September – tickets \$25 for members, family and friends welcome, event and registration details coming soon.



A warm U3A Beaudesert welcome to our new members:

Mark Gebbett, Avis Battle, Daphne Rae Jensen, Christopher Jackson, Cherrie Cliffe, Wendy Potrzeba, Gregory Potrzeba, Lynette Dickman and Jeanie Lawrence.

We look forward to seeing you at the activities you have chosen for yourself where, we are sure, you will make many new friends.



Best wishes for a very **happy birthday** to our members who celebrate their birthdays in **August**

Kevin Aylward, Yvonne Berry, Jane Blunck, Kerrie Britten, Jeffrey Collings, Kelly Cousins, Lani Deeran, Lynette Hartig, Shell Hibberd, Allen Hugo, Vera Jones, John Leatherbarrow, Lynn Lewis, Janelle Luck, Vicki Mills, Gary Moloney, John Rider, Wendy Richards, Coleen Shanks, Joe Skelton, Wanda Slingo and Marie Taylor.

If your birthday is in August and you are not listed, please let us know so we can update our records and include you.

## Current courses - term three 2023 10 July - 15 September 2023

Course coordinator | Tina Jones  
Phone 0418 780 861 | Email [coursesu3abeaudesert@gmail.com](mailto:coursesu3abeaudesert@gmail.com)

There is a \$3/session charge for most of the activities,  
payable on the day

### Aqua aerobics

In recess till term four. Refer to exercise group below  
Contact Tina 0418 780 861

### Art group - all mediums

Wednesdays 9 am-12 St Thomas's Anglican Church hall.  
Contact Denice 5546 9879 or 0402 012 267

### Card playing - Beaudesert

Every Monday 12.30 pm-4.00 pm RSL function room. Enjoy  
500 or Bolivia  
Contact Di 0468 849 448 to confirm attendance.

### Card playing - Bolivia - Jimboomba

Meets every Thursday 12 noon-4.00 pm at St James's  
Anglican Church Hall, Jimboomba  
Contact Di 0468 849 448

### Croquet club (Hoopers)

Play Tuesdays 9.00 am-12.30 am at Everdell Park Gleneagle  
Contact George or Rita 5541 0706

### Exercise

Low impact meet Thursdays 8 am-9 am Arts & Information  
Centre, Enterprise Drive  
Contact Bronwyn 0414 401 105

### French

Mondays 11 am-2.30 pm Café 63  
Contact Jayne 5463 4841

### Gardening group - BUGs

Meet third Friday of each even month 10.00 am-12 noon  
Beaudesert RSL club function room  
Contact Brendan 0418 192 999 or Carmel 0408 711 401



### General discussion group

Meets Tuesdays 9.30 am-11.30 am Beacare Community  
room, 44 Tina Street. General discussions on any subject  
group members propose  
Contact Andy 5541 2072

### Indoor bowls

Fridays 9.00-11.00 am at St. Thomas's Anglican Church  
Hall, Albert Street, Beaudesert  
Contact Terry 0428 627 673

### Jigsaw library

Select a jigsaw (or a wasgij) to use from the library. To select  
and collect, contact Sandra 5541 0978

### Line dancing/dancing

Tuesday from 12.45 pm \$3 per session The Centre, Brisbane  
Street Beaudesert  
Contact Yokie 0407 171 813

### Mahjong - Jimboomba

Meets every Tuesday 11 am-2 pm St James's Anglican  
church hall, Jimboomba  
Contact Lynn 0417 078 712

### Mahjong - Beaudesert

Thursday afternoons 1 pm-3.30 pm Arts & Information Centre  
Contact Michele 0459 335 403



**Mosaics** Meet Mondays 1.30 pm-3.30pm at Arts &  
Information Centre, Beaudesert a hands-on course in a  
fascinating art form. \$3/session payable on the day.  
Contact Tina 0418 780 861

### Nordic walking/walking

Walking around Beaudesert meet between the pool and the  
library in Beaudesert.

Contact Liz 0488 155 506 for start times/venue

### Sewing

Sewing in recess Contact Tina Jones 0418 780 861

### Sing for fun (Singing Owls)

Meets Wednesday mornings 10 am-11.30 am, Room 21,  
GTM Studio, PO Square, 115 Brisbane Street  
Contact Janet 0408 784 567

### Social lunch

The next social lunch will be on Friday 25th August - the  
venue TBA.

Contact Di 0468 849 448, [candyroxy1946@gmail.com](mailto:candyroxy1946@gmail.com)

### Social tennis

Wednesdays 7.30 am-12 noon venue Beaudesert tennis  
courts Boonah Road  
Contact Lorraine 0407 574 576

### Table tennis

Thursdays 8.30 am-12 noon held at the St Thomas's Anglican  
Church hall.

Contact Glenda 0418 771 758 or Ken 0408 703 388

### Travel and Adventure Group

Meet second Monday from 10.00 am. Room 21, GTM Studio,  
PO Square, 115 Brisbane Street  
Contact Ray [raymondarthy@gmail.com](mailto:raymondarthy@gmail.com), ph 0447 554 480

### Trivia puzzling

Wednesday afternoons from 1.30 pm St Thomas's Anglican  
Church hall, Albert Street, Beaudesert  
Contact Jenny 0439 138 212

### Ukulele (BUFFies)

Meets Thursday afternoons 12.30 pm-2.30 pm. Room 21,  
GTM Studio, PO Square, 115 Brisbane Street  
Contact John 0428 844 041

As most members already know, we have a facebook page  
(U3A Beaudesert) If you have any notifications of events,  
photos or videos, messages, etc that you would like included  
on our page, please contact Pat:

- Phone - 0408 067 466
- Email - [u3abeaudesert.facebook@gmail.com](mailto:u3abeaudesert.facebook@gmail.com)



## What's on...

This is a new spot in OWLS for any groups having events you would like other members to know about.

Newsletter deadline is 26th of each month.

\*\*\*\*\*

**TAG:** to indicate your interest in joining us contact Denise Martin 0419 348 466.

**August** 28th - day trip to Lismore.

**October** - date to be decided. Visit to the Police museum and Roma Street Parklands.

**November** 24th - December 1st. A week in the Cook Islands. See page 5.

\*\*\*\*\*

**BUGs:** to indicate your interest in joining this outing contact Brendan Dever 0418 192 999

**September** 22nd- Carnival of Flowers

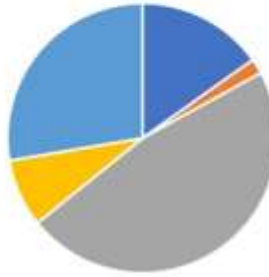
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Plenty of room for your group's messages.  
Send to

newsu3abeadesert@gmail.com

## 2023 AGM — 2022 Finances Summary

Income



• Subscriptions • Advertising, sundry • Activity Fees  
• Function tickets • Grants

Subscriptions	\$ 6,595	15%
Advertising, sundry	\$ 783	2%
Activity Fees	\$ 20,523	47%
Function tickets	\$ 3,545	8%
Grants - Activities	\$ 7,390	17%
Grants - Equipment	\$ 4,634	11%
<b>Total Income</b>	<b>\$ 43,470</b>	

Expenditure



• Admin • Activities • Functions • Equipment

Admin (Rent, Ins, Post)	\$ 6,069	14%
Activity costs	\$ 20,144	47%
Function costs	\$ 9,919	23%
Equipment	\$ 6,572	15%
<b>Total Expenditure</b>	<b>\$ 42,704</b>	

## Do you have a couple of hours a month to volunteer for MEALS ON WHEELS?

They are looking for volunteers. Like all community organizations time and health takes its toll so they are looking for assistance. If you can help



Contact Sue on 0407 395 838  
beadesertmow@gmail.com



## Feeling happy with Beadesert U3A Exercise

March to September (winter recess), sees the Beadesert U3A aqua aerobics group swapping their swimmers for tights and t-shirts for an hour of gentle exercise at the Beadesert Arts and Information Centre at Enterprise Drive.

The mixed group of around sixteen are put through their paces with low impact exercises utilising small weights and stretching.

Seniors, in particular, can reap the many benefits that exercise can provide, like enjoying some social contact, while attending a class.

It is widely known that exercise releases endorphins, or the appropriately called "feel good" hormones, helping to give natural pain relief and reduce stress. All of this contributes to an improved sense of well-being.

Any Beadesert U3A member can come along to join in the fun on Thursdays from 8am to 9am.

For any information, contact Bronwyn on 0414 401 105.



Words: Diane Rewko

## Sewing classes

Another 10 week course for term 4; Gay is looking forward to continuing with the existing class and any new participants that would like to join the sewing group. Starting on the 10th October this will be conducted at the Arts & Information Centre - craft room. Tuesday mornings 9.30am to 12 noon. Stretch sewing will be introduced in this term.

For beginners and anyone who would like to expand on their sewing knowledge. . Are you interested?

For further information contact course coordinator Tina Jones phone 0418 780 861 or email [coursesu3abeaudesert@gmail.com](mailto:coursesu3abeaudesert@gmail.com)

If anybody is interested in billeting for the upcoming May 28-30, 2024 Network State Conference in Beaudesert, please email [stay2024u3aql@gmail.com](mailto:stay2024u3aql@gmail.com) OR phone Stuart Geary, 0404 861 261

*Diane Rewko*

## Nordic walking

*a few words from Liz Avery*

The Nordic walkers are a small, but keen, group relishing these crisp mornings. Walking with poles is ideal for the "mature" walker as they support the hips and knees, as well as exercising the upper body. We meet on Mondays, Wednesdays and Fridays at 6.30 am at different locations. We are fortunate to have several quiet, scenic areas nearby but also appreciate walking our town and seeing it from a different perspective. Newcomers welcome. Contact Liz 0488155506.



## Mahjong in Beaudesert

I recently found myself interested in Mahjong so I contacted **Michele** who is the facilitator of the Beaudesert group and luckily she had a spot left and invited me along.

I've played a few times with other groups and am quite surprised at how different groups don't all play exactly the same. This group has been going for about 5 years and is now comprised of old hands, some who had been there for a couple of years and a couple of newer players and some still learning. There are currently 15 people registered and generally about 12 consistently attend.

It's an interesting game and certainly keeps you mentally alert, having to keep a close watch on what is happening in case you need to change your direction. Learning all of the different combinations is the first and most difficult step but Michele assures me that persistence will be rewarded.

If you would like to make inquiries, contact Michele 0459 335 403.

*Denise Martin*



An old geezer became bored in retirement and decided to open a medical clinic.

He put a sign up outside that said: "Dr Geezer's clinic. Get your treatment for \$500, if not cured, get back \$1000".

Dr "Young", who was positive that this old geezer didn't know beans about medicine, thought this would be a great opportunity to get \$\$ so he went to Dr Geezer's clinic.

Dr Young: "Dr Geezer I have lost all taste in my mouth; can you please help me?"

Dr Geezer: "Nurse, please bring medicine from box 22 and put 3 drops in Dr Young's mouth."

Dr Young: Aaagh!! – "This is gasoline!"

Dr Geezer: "Congratulations! You've got your taste back. That will be \$500".

Dr Young gets annoyed and goes back after a couple of days figuring to recover his money.

Dr Young: "I've lost my memory; I cannot remember anything."

Dr Geezer: "Nurse, please bring medicine from box 22 and put 3 drops in Dr Young's mouth."

Dr Young: "Oh, no you don't, - that is gasoline!"

Dr Geezer: "Congratulations! You've got your memory back. That will be \$500."

Dr Young (after having lost \$1000) leaves angrily and comes back after several more days.

Dr Young: "My eyesight has become weak – I can hardly see anything".

Dr Geezer: "Well, I don't have any medicine for that so here is your \$1000 back, giving him a \$10 note.

Dr Young: "but this is only \$10".

Dr Geezer: "Congratulations! You've got your vision back. That will be \$500."

Moral of story – Just because you are "Young" doesn't mean that you can outsmart an "old Geezer".

Remember, don't make old people mad. We don't like being old in the first place, so it doesn't take much to tick us off.



a	b
you just me	belt hitting
c	d
head	V I O L E T S
lo ve	
heels	
e	f
B	agb
A E	
DUMR	

Answers below.

## COOK ISLANDS trip



We are still planning this trip but, after a rise in the original package trip price, members have decided to book individually. Those who have booked so far are arriving on Friday 24th November, departing Friday 1st December, and staying at the Club Raro Resort. Jetstar has flights both ways from Sydney on Tuesdays, Fridays and Sundays. Currently \$4460 per couple flights and accommodation with Jetstar.

The Festival of Flowers runs from 27th to 29th November - the group is planning to pre-book a few day trips and excursions before November.

If you are interested in joining the 'TAG'ers in the Cook Islands please contact Denise Martin 0419 348 466 for more information.

## Queensland Garden Expo outing.

An adventurous group of gardeners braved the 6:30am chill at the Information Centre to board the BUGs bus to the Queensland Garden Expo at Nambour on Friday, 7th July. Driver, Ray Beaman, looked after us with comfort and coffee stops and bypassed the long car queues to drop us right at the main entry.

The Expo is huge - with over 200 exhibitors ranging from every type of plant to the latest in garden aids and growing options. The speaker program was also very impressive, operating across 5 stages with presentations from gardening identities and exports on the hour from 9am to 3pm. Much to see and take in - I only caught up with two of our group the whole day. The organisers were expecting 40,000 visitors over the three days. *Words by Brendan Dever*



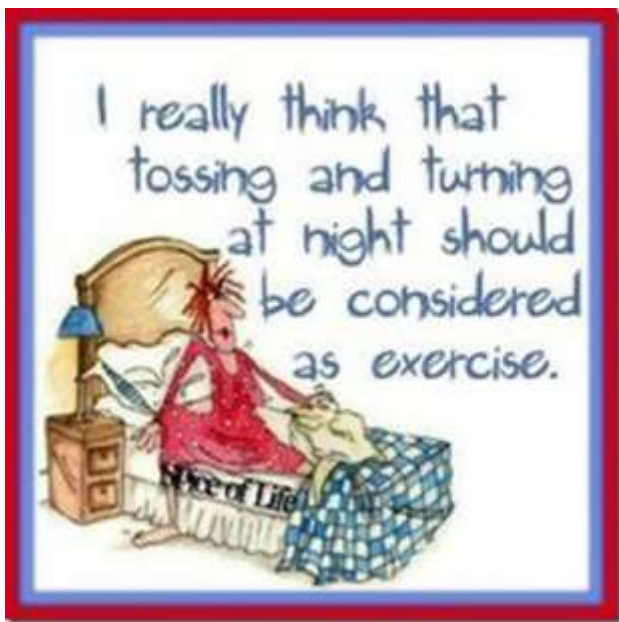
Top: Cloak room for plants, garden arch and pond. Bottom: Tina and Patricia, Brendan and his favourite Gardening Australia presenter, Sophie Thompson, bus travellers.



Quiz answers:  
 (a) just between you and me.  
 (b) hitting below the belt.  
 (c) head over heels in love.  
 (d) shrinking violets.  
 (e) Bermuda triangle.  
 (f) a mixed bag.

Do not forget small kindnesses and do not remember small faults.

*Chinese Proverb*



\* \* \* \* \*

**JOKE.....**

\* An elderly gentleman had serious hearing problems for a number of years. He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed the gentleman to hear 100%.

\* The elderly gentleman went back in a month to the doctor and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again."

\* To which the gentleman said, "Oh, I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!"

\* \* \* \* \*

### WHY???

Do men's clothes have buttons on the right while women's clothes have buttons on the left?

**BECAUSE** when buttons were invented, they were very expensive and worn primarily by the rich. Since most people are right-handed, it is easier to push buttons on the right through holes on the left. Because wealthy women were dressed by maids, dressmakers put the buttons on the maid's right! And that's where women's buttons have remained since.

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