



W [www.beaudesertu3a.com](http://www.beaudesertu3a.com) | E [u3abeaudesert@gmail.com](mailto:u3abeaudesert@gmail.com) | M 0408 801 780

# O. W. L. S

OLDER WISER LEARNING SENIORS

Volume 5 Issue 6  
August 2015

## Management committee members



## President's piece Andy Fechner

<i>President</i> Andy Fechner	Ph 5541 2072
<i>Vice President</i> Ray Folley	Ph 5544 2024
<i>Secretary</i> Rosemary Ryan	Ph 5541 1282
<i>Treasurer</i> Tex White	Ph 5541 4772
<i>Course coordinator</i> Laurel Fechner	Ph 5541 2072
<i>Publicity Officer</i> Ray Folley	Ph 5544 2024
<i>Webmaster</i> George Evans	Ph 5541 0706
<i>Newsletter</i> Yvonne Berry	Ph 5541 2604
<i>Social activities facilitator</i> Di Johnson	Ph 0468 849 448
<i>Assistant Secretary/Treasurer</i> Pat Millard	Ph 5541 2492

The only thing constant is change...!!

The third term of our U3A year has certainly seen some changes, with our Beaudesert / Jimboomba merger generating benefits for all. We now have a centralised administration for the combined group, and have commenced two courses at a new venue in Dorrington House at Jimboomba. Our mahjong and card playing enthusiasts are enjoying these air conditioned surroundings during this cool weather.



Dorrington House, Jimboomba, the new venue for card playing and mah jong.

In addition, we have also started a mahjong group in Beaudesert, held at Centacare each Thursday afternoon at 1.00pm. Our thanks are extended to our new member and course facilitator Denise Smallwood who has generously started sharing her expertise.

Our guitar tutor Ken Jurd has made a welcome return to classes after a forced absence, so our "Rockabilly Rebels" are back at it on Tuesday afternoons at Centacare from 2.00pm.

There seems to be a lot of activity around our region as well. No doubt you will have seen the construction of numerous new bus stops in the area, and we are just waiting for the local Council to announce all the details of this project. The Oakland project where the new Catholic high school will be built is also taking shape, and is planned to include an "over 50s" hub. This will no doubt result in a larger and more vibrant Beaudesert.

Finally, I hope all members are warding off the winter chills, although it will be a few weeks before we can get around in shorts and shirtsleeves all day!!

"When winter comes with its snow and ice, can spring be far behind?"

Until next edition...

Andy Fechner

## Friends of the committee

If you would like to join with the following people who have nominated that they will help where they can at occasional events, outings and functions, your involvement will be most welcome.

June Carey	Patricia Castles
Carol Castles	Trish Alexander
Denice Knight	Gwen Elliott
Tricia Edward	Rita Evans
Trish Fraser	Margaret White

To register as a Friend of the Committee, please contact:

- Andy Fechner, president OR
- Laurel Fechner, course coordinator

P 5541 2072

E [andyfechner@bigpond.com](mailto:andyfechner@bigpond.com)

## Welcome

A big Beaudesert U3A welcome to new members

- Sandra Grieve
- Ellen (Patsy) Waters
- Yvonne Mitchell
- Harry Aprahamian

and to Jimboomba members who are now part of Beaudesert U3A

- Elizabeth Dittman
- Frances Humphreys

We trust you have an enjoyable and fun time at the activities you have chosen.



Erika Johns, Ann Salter, Jacky Doherty and Lynn Lewis enjoying the new venue at Dorrington House

## Remember ...

... you can view current and past U3A newsletters on our website - [www.beaudesertu3a.com](http://www.beaudesertu3a.com).

The thoughts and opinions expressed in this newsletter are those of the named individual contributor alone and do not necessarily reflect the views of the editor, U3A committee, U3A, or its members.

## Current courses

Term three - Monday 13 July 2015-Friday 18 September

### Acoustic guitar

Tuesdays, Centacare rooms, 2 pm-3 pm (note change of time)

Contact Laurel 5541 2072, email andyfechner@bigpond.com

### Art appreciation

Third Wednesday each month, nominal time 10 am-12 noon at Centacare bistro room if not on an outing - usually involving art gallery visits with Tricia. A chance to look at and discuss works of art on display in the Scenic Rim and masterpieces from around the world.

Contact Tricia 5544 1462

### Art group "The Limners"

Wednesdays 9 am-12 noon at the Centacare rooms.

Contact Denice 5546 9879

### Book club

Meets first Monday of each month, 2 pm-4 pm at 151 Cedar Grove Road, Cedar Grove. Cheese, nibbles, tea, coffee provided. BYO drinks.

Contact Lynn 5543 1430 or mobile 041 707 8712

### Bridge

Meets every Wednesday morning, 9.30 am-11.30 am, Kurrajong Park, Jimboomba.

Contact Elizabeth 5546 9689

### Card playing - Beaudesert

Every Monday, 1 pm-4 pm at Centacare rooms, Enjoy euchre, canasta, samba, 500 and bolivia (focus on bolivia.)

Contact Pat 5541 2492 or 0413 121 367

### Card playing - Jimboomba

Meets every Thursday afternoon, 12 noon-3 pm at Dorrington House, Jimboomba.

Contact Pat 5541 2492 or 0413 121 367

### Cookery group

Meets first Wednesday of each month, 1 pm-3 pm, alternately at tutors' kitchens at Josephville and Gleneagle. Members also offer their kitchens as "guest locations".

Contact Tina 0418 780 861 or Laurel, 5541 2072

### Computer group

Mondays, 10 am-12 noon, at Centacare bistro room. Hands on computer application. Most members bring their laptop along and are assisted by tutors or computer group members with individual tasks or problems. The aim is helping solve computer related problems through the group.

Contact George 5541 0706

### Conversational French

Mondays 1 pm-3 pm, at Centacare rooms. Introduction to conversational French.

Phone Bernie 5544 2042

### Genealogy club

No set days - Tricia is willing to help out anyone who is interested, one on one. Participants generally meet monthly by arrangement to discuss progress.

Contact Tricia 5544 1462 or email shikeo@bigpond.com

### General discussion group

Meets Tuesdays 9.30 am-11.30 am. General discussions on any subject the group wishes. Group participation is the key here. New venue Beaucare Community Room, 44 Tina Street, Beaudesert.

Phone Andy 5541 2072

All course participants must be paid up members of Beaudesert U3A (\$25) per annum (couples \$40) and most sessions have a minimum fee of \$2 towards venue expenses (tea/coffee, aircon, etc.) If necessary extra course costs for other requirements will be set by tutors.

### A History of European Art

The course should appeal to lovers of art and/or history; to anyone keen to learn about our artistic heritage; and to anyone who wants to join in with a group of crazy enthusiasts and have a terrific time. This course will be held on Thursday mornings, 10 am-12 noon.

Contact Jean 5541 3706

### Jigsaw library

108/110 Carrigan Way, Gleneagle. Come along and select a jigsaw to use from the library. For selection and collection, contact Rita or George ph 5541 0706

### Mah Jong - Jimboomba

Meets every Tuesday afternoon 12 noon-2 pm, Dorrington House, Jimboomba.

Contact Elizabeth 5546 9689.

### Mah Jong - Beaudesert

Meets Thursday afternoons, 1 pm-3.30 pm, Centacare rooms. Beginners welcome.

Contact Andy 0408 801 780

### Mosaics

Meet Mondays 1.30 pm-4 pm at 533 Cryna Road, Beaudesert. A hands-on course in this fascinating art form which will encourage your imagination to create delightful objects.

Contact Beryl 5541 2120

### Nordic walking

Meet Tuesday and Friday mornings, 7.30 am-8.30 am at the soccer field by the Beaudesert tennis courts. You will need a comfortable pair of sports walking shoes, a pair of poles and a bottle of water.

Contact Lawrie 0423 322 975

### Social lunches/outings

U3A members social lunches/outings will be held on the second Friday of the month. Next outing 14 August - see [page 3 for details and page 6 for maps/directions/information.](#)

### Social tennis

Wednesdays 8 am-12 noon, venue Beaudesert tennis courts Boonah Road

Contact Tex 5541 4772

### Table tennis

Thursdays 9 am-12 noon, held at the Uniting Church hall.

Contact Des or Pamela 5541 2662 or 0448 133 146

or Trish 0417 440 584



Table tennis - if only we had a ball !

Did you know you can check out full particulars on courses/activities offered by Beaudesert U3A and the tutors on the website - [www.beaudesertu3a.com](http://www.beaudesertu3a.com)

Course coordinator - Laurel Fechner

P 5541 2072 | M 0417 644 506

E andyfechner@bigpond.com

## Nordic walking

by Yvonne Berry

Recently, seven hardy Nordic walking souls ventured further afield by walking Spengler Road, a mix of tarseal road and dirt road, a cattle stop, with a couple of small hills thrown in to challenge our fitness. Yes, it was cold at first but by the time we got back to our cars, everyone was nicely warmed up and ready to face the day.

We would like to walk in other areas too but it is a little difficult finding somewhere (reasonably local) where there is little or no traffic and is not too flat, so if anyone has any suggestions of where such a place is, we would love to hear from you.



L to R - Stuart, Jane, Lawrie, Paulette, Marilyn, Ron

## Social outing/lunch



U3A members enjoying lunch at the Golden Inn Chinese restaurant, Jimboomba

The next social outing/lunch has been organised for Friday 14 August. A tour of the Scenic Rim 4Real robotic dairy farm has been arranged, commencing at 10.00 am, cost \$16 per person, (milk and cheese available for purchase,) closed-in footwear essential, followed by lunch, 12 noon, at Valley Kitchen, (licensed) 290 Wellington-Bundock Drive, Kooralbyn. RSVP by 4 August to Andy - phone 5541 2072, or text 0408 801 780 or email [u3abeaudesert@gmail.com](mailto:u3abeaudesert@gmail.com), indicating whether you are attending both events, or the lunch only, and how many members attending. See page 6 for maps/info.



Bob and Brian perfecting their technique



## Our kitchens rule

from the kitchen of Tina Jones

Our July cooking class made a very tasty vegetarian dish consisting of tofu, eggplant and cauliflower in the form of a curry served with rice and pappadams. As soon as it was ready to serve and the photo presentation was done, we all sat down for the taste test. Once again it proved so yummy most of us had seconds.

Curries at this time of year I feel are more enjoyable with that lovely hot bite to warm you from the inside out. Our next month's get together will be at Laurel's kitchen.

## Table tennis

by Pam and Des Fox

There is no better place to warm up on a cold Thursday morning than at the Uniting Church hall where the table tennis group meets for fitness, fun and fellowship.

From 9am to 12 noon U3A members with varying levels of ability come together to play table tennis for the low fee of \$2 which includes a morning "cuppa". The average attendance is 14 and although most games are 'doubles', members get the chance to play singles if they wish.

Our newest members include Peter and Anne Cahill and Erika Johns. We wish them many happy hours with the group.

We wish to thank Trish and Bob Fraser and George and Rita Evans for taking the reins during our recent enforced absences. We will be back to 'crack the whip' again soon. We joke – no whips are necessary.

## Abercrombie House

by Brian Hamlyn

U3A members Brian and Wendy Hamlyn have been on walkabout again, this time visiting Bathurst where they had lived 32 years ago. While they were there, they got to see Abercrombie House where they spent several hours marvelling at the structure. Built around the 1870s it has 50 rooms, 29 fireplaces, seven staircases and a ballroom with a 28' high ceiling. The original owner was the Stewart family and it is now owned by the Morgan family, some of whom reside in Abercrombie House today. The House is listed on the NSW Heritage Register, and is open for weddings and functions. Guided tours are also available at specific times - entry fee applies. Well worth a visit.



## Anyone for tennis?

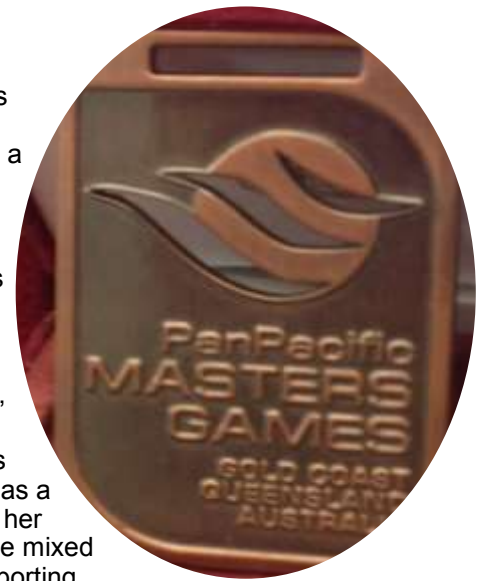
by Yvonne Berry

"C'mon Pat, will you come and have a go with me"? and that is how U3A member Pat Caverly came to play tennis in the PanPacific Masters Games 2004 and ultimately to win a bronze medal in the mixed doubles.

Growing up, Pat played basketball (now called netball) and softball as well as tennis which she has been playing since she was about five years of age. As there were no tennis clubs or courts where she lived in her younger years, she never had the chance to join a tennis club. Instead she played on the tennis court at home, along with her four brothers.

Over the years, Pat was able to join tennis clubs and obviously she played with skill as she now has a somewhat large collection of trophies to show for her efforts. However, the bronze medal she won in the mixed doubles at the PanPacific Masters is her proudest sporting achievement. It is even the more memorable for her because she did not know her playing partner - he had seen her play in earlier games and invited her to partner him in the mixed doubles. Added to that, she would be playing against couples 15-20 years her junior, with one contestant being overheard to say "we'll go for the old lady". Oh if only they knew this was no 'old lady', this was Pat!!

It is even more amazing when you know that Pat has suffered from arthritis for some years and in 2014 had two knee replacements. This is the only thing that stopped her playing her favourite sport for a while but she is now back on the courts at the U3A social tennis on Wednesday mornings. So, dust off your tennis shoes, find your racquet and get along to the courts beside the football fields in Beaudesert for a morning of great exercise and camaraderie. You may even get to challenge Pat to a few sets.



If you have a proud sporting (or non-sporting) moment that you would like to share, please contact Yvonne by email with your story - [yvonneberry47@gmail.com](mailto:yvonneberry47@gmail.com).



Thank you to all of our sponsors





## A Word or Two about this and that

Yvonne Berry

When we are growing up, we can't wait to be grown up. When we are grown up, we hanker for "yesterday" when our bodies were trimmer and our minds were sharper and more importantly, we were *younger* than what we are today.

There is much to be said for ageing - blown if I know what it is, other than being able to speak more freely, say what's on your mind and get cheap bus travel.

Of course the down side is our bodies begin to show the results of the years of neglect - over eating, over drinking, not exercising (no, bending at the elbow with tinny in hand does not constitute exercise - neither does *riding* around the golf course). Arthritis, thinning bones, memory loss/recall all become too familiar, almost to the point of being who we are.

While all that is true for a good many of us, there are others who see "old" age as a time to hone their skills, build on their fitness and really live life. Have a look at Yvonne Dowlen and Phyllis Sues (pictured below) and read about Pat Caverly's achievement - what more is there to say?

Then, of course, others make the great choice to join U3A. Wonder if we could get a tutor for synchronised swimming ...?

## I want some of what they're having ...

Contributed by Norma Turner



## Answer to what the seven words have in common

In all of the words listed, if you take the first letter, place it at the end of the word, and then spell the word backwards, it will be the same word.

## Introducing - Tex White, U3A Beaudesert treasurer

What chore do you absolutely hate doing?  
Mowing the lawns

If you were reincarnated as an ice cream flavour, what would it be?  
Homemade vanilla

If someone wrote your biography, what would be the title?  
Nothing Special

What is the best gift you ever received and what is the worst?  
The best gift - my family; the worst gift - none

What was your favourite food as a child?  
Everything. With five siblings you ate everything!

If you could learn to do anything, what would it be?  
Improve my public speaking skills

What was your favourite thing to do when you were a child?  
Play with my brothers and sisters



## Brain teaser - no peeking ...

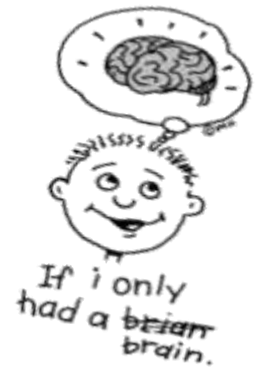
Contributed by George Evans

See if you can figure out what these seven words all have in common.

- 1 Banana
- 2 Dresser
- 3 Grammar
- 4 Potato
- 5 Revive
- 6 Uneven
- 7 Assess

Are you peeking or have you already given up? Give it another try ... look at each word carefully. You'll kick yourself when you discover the answer. No, it is not that they all have at least two double letters.

Answer bottom left of this page.



## Who'd be a teacher ...

Contributed by Andy Fechner

TEACHER: Why are you late?

STUDENT: Class started before I got here.

TEACHER: Glenn, how do you spell 'crocodile?'

GLENN: K-R-O-K-O-D-I-A-L'

TEACHER: No, that's wrong

GLENN: Maybe it is wrong, but you asked me how I spell it.

TEACHER: Donald, what is the chemical formula for water?

DONALD: H I J K L M N O.

TEACHER: What are you talking about?

DONALD: Yesterday you said it's H to O.

TEACHER: George Washington not only chopped down his father's cherry tree, but also admitted it. Louis, do you know why his father didn't punish him?

LOUIS: Because George still had the axe in his hand.....

TEACHER: Now, Simon, tell me frankly, do you say prayers before eating?

SIMON: No sir, I don't have to, my Mum is a good cook.

TEACHER: Clyde, your composition on 'My Dog' is exactly the same as your brother's. Did you copy his?

CLYDE: No, sir. It's the same dog.

Law of Biomechanics - the severity of the itch is directly proportional to the difficulty in reaching it.

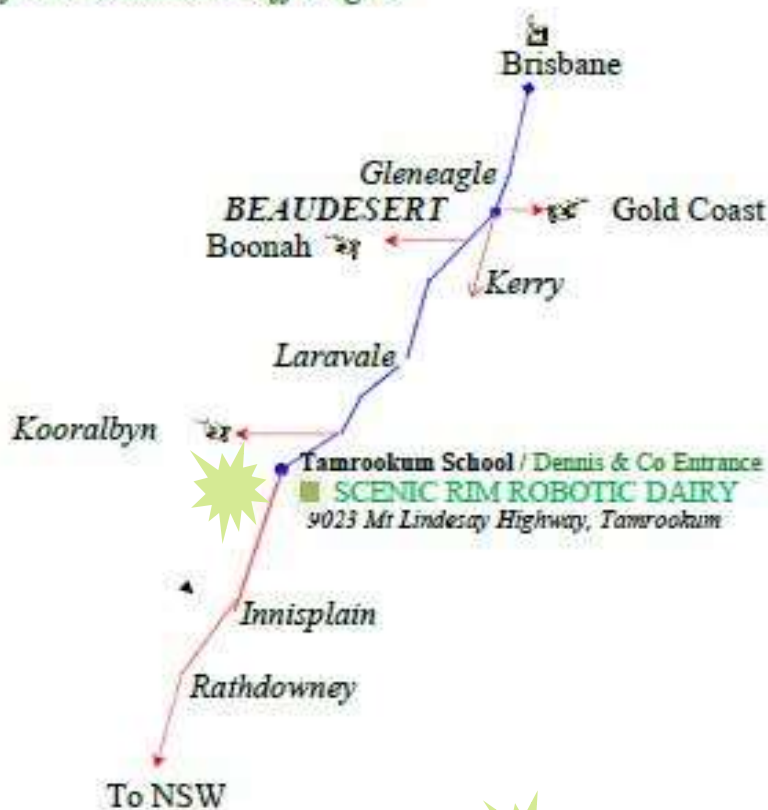
Law of Logical Argument - anything is possible if you don't know what you are talking about.

Due to current economic conditions the light at the end of the tunnel has been turned off.

## Social combined lunch/outing Friday 14 August

Come to both or just to lunch \*

*We are approx. 17 K  
from Beaudesert traffic lights*



**NB: We share the school entrance**

We have two very tall dark blue silos which can be seen from the highway. There is NO highway sign.

## Scenic Rim 4Real Robotic Dairy Farm

9023 Mt Lindesay Highway

- The presentation of the operation spans approximately 1½ hours.
- Visitors are asked to wear closed in footwear.
- Access is all-weather undercover, coach turn around and suitable for wheel chairs and/or walkers.
- Presently, we do not bottle milk on Wednesdays and Sundays; otherwise, the tour is the same on those days.
- 4Real milk and cheese are available from the dairy – please bring your esky if you wish to purchase.
- Cost \$16/pp - includes basic morning tea of coffee/tea/biscuits.

## Valley Kitchen

290 Wellington Bundock Drive  
Kooralbyn

- This facility is licensed
- Café-style food available
- All-day breakfast available
- Dessert cabinet available

\* RSVP by 4 August to Andy

Text 0408 801 780

Phone 5541 2072

Email [u3abeaudesert@gmail.com](mailto:u3abeaudesert@gmail.com)

advising -

Dairy visit and lunch, OR

Lunch only

Number attending

## Directions from Beaudesert swimming pool Brisbane Street

Head south on Brisbane Street towards Albert Street  
200m

Turn right on to McKee Street  
350m

Turn left on to National Route 13  
3.1 km

Continue on to Mt Lindesay Highway  
13.7 km

Turn right on to Kooralbyn Road  
7.5 km

Continue on to Wellington Bundock Drive  
Destination on the left  
1.9 km