



O.W.L.S.

OLDER WISER LEARNING SENIORS

Volume 11 Issue 8
August 2021



President's piece Andy Fechner

Management committee members

- President**
Andy Fechner Ph 5541 2072
- Vice president**
Lise Leatherbarrow Ph 0438 754 269
- Secretary/newsletter**
Yvonne Berry Ph 5541 2604
- Treasurer**
Helen Atkinson Ph 0488 411 755
- Assistant treasurer**
Stuart Gearey Ph 0404 861 266
- Membership secretary**
Michele Goucher Ph 5541 3870
- Course coordinator**
Tina Jones Ph 0418 780 861
- Webmaster**
George Evans Ph 5541 0706
- Assistant webmaster**
Peter Venz Ph 0408 588 399
- Facebook**
Debbie Pratt Ph 0435 036 801
- Social activities facilitator**
Di Johnson Ph 0468 849 448
- Publicity**
Cheryl Folley Ph 5544 2024

Getting a tad depressing isn't it? Like most people I am getting fed up with restrictions, cancellations, border closures, travel "bubble" closures, vaccination holdups, social distancing, supply shortages, holiday chaos, home schooling, travel passes, isolation, visitor lockdowns and foggy glasses from face masks. I am sure I am not getting deaf but it's hard to guarantee that when listening to muffled voices coming through fabric. Not sure if the person is smiling or grimacing either. I am starting to consider whether mankind will be killed off by climate change or a virus microbe (which could have been man made or generated by Mother Nature).



Fortunately we have U3A activities to brighten our days, and we can catch up with friends and like-minded souls at these activities. We were forced to cancel our postponed Christmas in July luncheon, but we will try to get an event together sometime soon, (depending on restrictions of course). In the meantime we are starting plans for hosting our annual lunch for tutors, facilitators and committee members, as

a "thank you" to those wonderful members who add their time and enthusiasm to the fabric of our U3A. They are the backbone of our organisation. An annual award of "Tutor of the Year" will also be presented at this function.

Our membership numbers continue to grow, even in these uncertain times. With that in mind, your committee is also in the early stages of looking at our traditional Christmas lunch in December. You will remember that due to venue number restrictions last year, we gave each member a \$20 voucher to spend on meals at the Beaudesert RSL (our usual Christmas venue). Members were able to get together in smaller activity driven groups, for their own Christmas activity at a time and day that suited their group. Some got a secret santa organized for a bit of extra fun.

In closing, spare a thought for those in poor health or doing it tough just now. A smile might brighten their day, (but you will have to pull down your mask)!!
Till next edition, Andy.

Friends of the committee

If you would like to join with the following people who have nominated that they will help where they can at occasional events, outings and functions, your involvement will be most welcome.

- June Carey Patricia Castles
Denice Knight Rita Evans
Rosemary Ryan Carol Castles

To register as a friend of the committee, please contact Andy Fechner

- P 5541 2072
E andyfechner@bigpond.com



A warm U3A Beaudesert welcome to our new members Julie Latter, Colleen Spence, Diane Hairon.

We look forward to seeing you at the activities you have chosen for yourself where, we are sure, you will make many new friends.



Best wishes for a very **happy birthday** to our members who celebrate their birthdays in August:

- | | | |
|----------------|--------------------|--------------|
| Kevin Aylward | Yvonne Berry | Jane Blunck |
| Kerrie Britten | Jeff Collins | Lani Deeran |
| Britt Dunlop | Lorraine Henderson | Vera Jones |
| Ken Jurd | John Leatherbarrow | Lynn Lewis |
| Vicki Mills | Gary Moloney | Robin Powell |
| Coleen Shanks | Joe Skelton | Wanda Slings |
| Dale Taylor | Marie Taylor | |



Current courses - term three 2021 12 July-17 September

Course coordinator | Tina Jones
Phone 0418 780 861 | Email t.j.16@bigpond.com

Aqua aerobics

In recess until term 4 2021. Refer to exercise for seniors.
Contact John 0417 073 190

Art group - all mediums

Wednesdays 9 am-12 St Thomas's Anglican Church hall.
Contact Denice 5546 9879 or 0402 012 267

Calligraphy

First and third Fridays of the month 1.00 pm-3.00 pm at the
Arts & Information Centre Enterprise Drive Beaudesert
Contact Robyn 0439 721 325

Card playing - Beaudesert

Every Monday 12.30 pm-4.00 pm RSL function room. Enjoy
500 or Bolivia.
Contact Di 0468 849 448 to confirm attendance.



Card playing - Bolivia - Jimboomba

Meets every Thursday 12 noon-3.00 pm at the
Anglican Church Hall, Jimboomba
Contact Di 0468 849 448

Computer/other technologies

This group is now an advisory group only, for issues with
computers - no computer repairs or house calls.
Contact George 5541 0706, email dreeemboat@iinet.net.au

Croquet club

Play Tuesdays 9.00 am-12 noon at Everdell Park Gleneagle
Contact George or Rita 5541 0706

Exercise for seniors

Exercise in Jubilee Park, Tuesday and Thursday mornings,
7.30 am-8.30 am. Wear comfortable (warm) clothing, sports
shoes; bring your own hand weights if you have them, and a
bottle of water.

Contact John 0417 073 190

French

Every Monday 11.00 am-2.00 pm RSL Sub Branch rooms,
1st floor, corner William and Brisbane Streets, Beaudesert.
Contact Jayne 5463 4841

Gardening group - BUGs

Meet third Friday of each month 10.00 am-12 noon
Beaudesert RSL club function room
Contact Marilyn 0429 006 194

General discussion group

Meets Tuesdays 9.30 am-11.30 am Beaucare Community
room, 44 Tina Street. General discussions on any subject
group members propose.
Contact Andy 5541 2072

Indoor bowls

Friday mornings from 9.00 am at St. Thomas's Anglican
Church Hall, Albert Street, Beaudesert
Contact Terry 0428 627 673

Jigsaw library

Select a jigsaw (or a wasgij) to use from the library. To select
and collect, contact Sandra 5541 0978

Line dancing/dancing

Tuesday from 12.45 pm \$3 per session The Centre, Brisbane
Street Beaudesert
Contact Marg 0422 415 145

Mahjong - Jimboomba

Meets every Tuesday 11 am-2 pm Davidson Road,
Jimboomba.
Contact Elizabeth 5546 9689



Mahjong - Beaudesert

Thursday afternoons 1 pm-3.30 pm Arts & Information
Centre.
Contact Michele 0459 335 403

Mosaics Meet Mondays 1.30 pm-3.30pm at Arts &
Information Centre, Beaudesert a hands-on course in a
fascinating art form. \$3/session payable on the day.
Contact Tina 0418 780 861

Nordic walking/walking

Meet Monday, Wednesday, Friday mornings. Contact Liz for
start times. Nordic walkers will require a pair of poles,
comfortable sports walking shoes, bottle of water. Walkers -
poles not needed.

Contact Liz 0488 155 506

Scrapbooking

Second Monday of each month, 9.30 am-11.30 am, 142
Lambert Road, Nindooindah. \$10/session for materials
payable on the day.

Contact Anita 0408 452 584

Social lunch

The next social lunch will be held on Friday 13 August (covid
permitting) venue to be advised.

RSVP to Di phone/text 0468 849 448, email
candyroxy1946@gmail.com

Social tennis

Wednesdays 8 am-12 noon venue Beaudesert tennis courts
Boonah Road

Contact Paulette 0409 898 147

Table tennis

Thursdays 9 am-12 noon held at the St Thomas's Anglican
Church hall.

Contact Glenda 5541 4290, 0418 771 758 or Ken 5541 1498

Travel and Adventure Group

Meet second Monday each month on the deck, Beaudesert
Library 10.00 am onwards.

Contact Ray raymondarthy@gmail.com, ph 0447 554 480

Trivia puzzling

Wednesday afternoons from 1.30 pm at St Thomas's
Anglican Church hall, Albert Street, Beaudesert

Contact Jenny 0439 138 212

Ukulele

Meets Thursday afternoons St Thomas's Anglican Church
hall, Albert Street, Beaudesert, 1 pm-2.30 pm.

Contact Tina 0418 780 861

U3A Online

We have four online courses available to our members:

- Australia Flora
- The Night Sky
- Creative writing: Genealogy
- Play Ukulele by Ear

If you would like to participate in any of these courses (at no
cost to you), please contact our course coordinator, Tina
Jones, 0418 780 861, email t.j.16@bigpond.com.

BUGs Marilyn Liebke



(Left) Marilyn presents Emily with a thank you gift
(Below) The subject of the presentation



(Above) Emily with one of the traps that are now being redesigned
(Left) Emily with her thank you gift



The BUGs garden group is going super well, with lots of different things happening. This month we had to top Doris Freeman's beautiful garden, a hard task that's for sure. Enter Emily Vincent, a Watergum departmental speaker who gave an amazing presentation on anything and everything about cane toads. This was to happen before covid 19, which Liz Avery had booked, so thanks Liz. There were 37 members present, and everyone looked to be enjoying the meeting. Two raffle prize winners were very happy.

The Carnival of Flowers bus trip is almost full, so a good response there. A reminder that payment for this trip must be made by/at our 20 August meeting to confirm your seat.

U3A the "best thing" Cheryl Folley



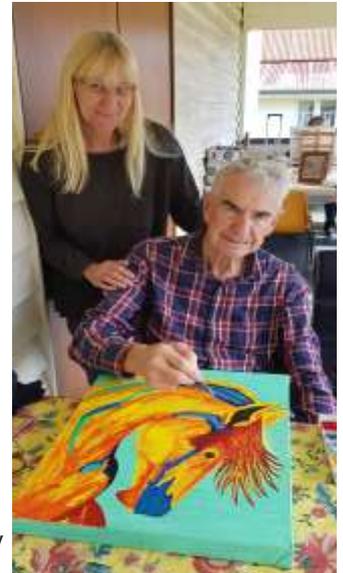
When Marlene Knights arrived in Beaudesert last year, she had no family contacts and didn't know anyone. "I was so lonely," she says.

"Eventually I went to the Arts and Information Centre to ask about possibilities in this area. It was the best thing to happen to me... I found out about U3A and for the first time, I felt welcome in Beaudesert. "Now I am doing art, mosaics and ukulele – something almost every day of the week."

Marlene loves all the groups and has found all are very welcoming. In art, she started as a complete beginner and now, on her fourth painting, she has progressed so far that other group members are urging her to enter the Beaudesert and Canungra shows.

Paul Neal, pictured (right) with Marlene admiring one of Paul's paintings, agrees on the "vibe."

"I've never met a nasty person in U3A," he says. Paul started painting aged 60, before he came to Beaudesert and joined U3A for the art group, but has also gone ahead in leaps and bounds. His brilliantly coloured paintings now number about 120 and he is happily giving away some of them as presents.



Do you have a comment about your own membership of U3A? We'd like to publish occasional feedback in OWLS, so please let our editor Yvonne know at secretaryu3abeaudesert@gmail.com and we will follow up with you.

First aid for tutors/facilitators Cheryl Folley

On Saturday, July 17 a first aid course was held for our tutors/facilitators at Jymbilung House. The course, subsidised by U3A for group tutors, was conducted by Mick Kajewski, who runs first aid and CPR courses as well as operating the Beaudesert pool in summer.

The eight participants studied the theory and sat the theory test via email before turning to the practical work on Saturday.

The course was arranged at the request of John Leatherbarrow, who runs the

summer aqua aerobics course and also the current U3A exercise in the park group in Jubilee Park weekly, when he realised that the group in the park did not have ready access to a first aid helper if the need arose.

Volunteers from several activities joined the first aid class and feedback was that the course was very educational, practical and informative. According to Liz Avery, one of our tutors who attended the course, "Mick is an excellent communicator and I thoroughly recommend his first aid classes.

"This course reinforced the need for everyone to have basic knowledge of CPR in particular and the use of our defibrillator, which is kept with the table tennis/tennis group but available for any U3A groups. It is also important to have a first aid kit in your car and Mick is happy to help with stocking yours. Another useful tool is the Emergency Plus App which would be critical for first responders to find you quickly."

New website for Scenic Rim residents Cheryl Folley

Have you caught up with the new website set up by the Scenic Rim Regional Council to improve residents' access to information on coming events?

Check it out at <http://www.whatsonscenicrim.com> - and if you have any comments, please send to our secretary and OWLS editor Yvonne Berry, at secretaryu3abeaudesert@gmail.com

The new website is designed to be far more easily accessible than the previous information section which sat within the Council's broader website. Residents can now go straight to information under headings for the type of activities and details.

Two excellent community information events this month

Cheryl Folley

Cane toads



Our members this month had the chance to hear two very good - and completely different - talks on subjects which are close to many of us.

For keen gardeners and members of BUGs, there was a lively presentation by Emily Vincent, who

is invasive species coordinator for a community environmental organisation, Watergum, and for those of us seeking advice on "where to from here," there was a dissection of various options for retirement living from lawyer Loretta Stellino from Caxton Legal Service.



While Emily had plenty of projected images which showed us how to distinguish cane toads from frogs, and what their eggs look like, her main message was to raise our awareness of the nation-wide Cane Toad Challenge this year, with the campaign promoted by the environmental group Watergum Community for Environment reaching nation-wide.

Emily said cane toads were highly toxic at every stage, from egg to post-death if ingested by animals, so the ability to catch tadpoles in large numbers was important.

As the toad "season" runs from September to April, she's hoping that new versions of a tadpole trap will be available within two or three months. The traps are a recent introduction still undergoing further development as research



continues. They're baited with a pheromone that attracts tadpoles and were developed at the University of Queensland.

Watergum members are hoping to enlist local

support from people who can collect and freeze both adults and tadpoles, to help in further knowledge and research.

Emily had a word of caution for people using golf clubs to kill toads - this she said could backfire as toxin could be spread around and eaten or touched by humans and pets.

She also demonstrated humane methods of catching toads - disinfectants and commercial products she said had now been shown to be inhumane in their effects.

"The best way to kill toads is to put them in the

refrigerator in a bag or plastic container for a day and then into the freezer for 24 hours," she said. "This puts the toads to sleep first: straight-out freezing is painful and although we humans detest cane toads, they're simply another animal just trying to survive."



How can locals help the Cane Toad Challenge? Go direct to canetoads@watergum.org or google Watergum Community for Environment.

In the Scenic Rim, the Boonah Landcare group is already becoming involved and hopes to establish freezer depots around parts of the area. The contact is Stephen Kimber, s_j_kimber@yahoo.com.au or phone Linda Kimber on 0449 179 897.

Some kind words

The best kind of friend,
Is the kind you can sit on a porch and swing with,
Never say a word,
And then walk away feeling like it was
the best conversation you've ever had.

It's true that we don't know
What we've got until it's gone,
But it's also true that we don't know
What we've been missing until it arrives.

Giving someone all your love is never an assurance
that they'll love you back!
Don't expect love in return;
Just wait for it to grow in their heart,
But if it doesn't, be content it grew in yours.

It takes only a minute to get a crush on someone,
An hour to like someone,
And a day to love someone,
But it takes a lifetime to forget someone.

May you have
Enough happiness to make you sweet,
Enough trials to make you strong,
Enough sorrow to keep you human,
And enough hope to make you happy.

More ponderings

Why are they called apartments when they are all stuck together?
If con is the opposite of pro, is congress the opposite of progress?
If flying is so safe, why do they call the airport the terminal?
Why don't sheep shrink when it rains?

Dingbats (solution on page 6)

01	02	03	04
05	06	07	08
09	10	11	12

So where now - a retirement village? (contd from page 4)

Cheryl Folley



Loretta Stellino brought along an amazing amount of printed material to hand out during her talk on retirement villages and the so-called manufactured home parks, stressing the need for homework and legal/financial advice before making any final decisions.

All the material is also available online or direct from the Caxton Legal Centre in South Brisbane (phone 3214 6333 or <http://www.caxton.org.au>)

She said a retirement village was a lifestyle decision, not necessarily the best financial decision. While it had

advantages in offering a community with benefits such as heated swimming pools and lifestyle options on-site, it also involved an exit fee for anyone wishing to move out, a need to move to an aged care facility, or a death. Negotiations could be drawn out over many months and in some cases have an impact on one's beneficiaries.

One difference with a manufactured home park was that such parks offered in general an affordable option to buying a house. Owners however did not own the land on which their house stood, and

owners needed to pay rent for the land. As Loretta said, it was not something lightly considered. Prospective buyers needed to read not just the brochures but also the legal disclosures and financial aspects.

The reaction from our members? "That's scary!" was a common comment on the range and detail of contracts involved in any of the options.

It's good to know that we have available this free service which offers advice to any potential downsizers: "look before you leap" is sound advice.



Cheryl and Andy with guest speaker Loretta Stellino

What's in a name? Cheryl Folley

As the PR person for U3A, I

frequently

consult the list of members' names so that I can contact people for stories of interest in local media. It's obvious that some first names appear frequently and my interest was piqued when I noticed four Cheryls amongst our membership list of around 340. Which led to the thought: how much do our names reflect the fashions of the 1940s, 50s when 60s when most of our members were born? There were some surprising answers.

Margaret emerged as a runaway favourite, with 14 on our list. I'd half-expected this, seeing that it was a Royal name of the 1900s - but Elizabeth, which one would also expect, has only two representatives in Beaudesert U3A and

was a middle-field runner in the years following Queen Elizabeth's birth, with a brief surge to no 1 after her Coronation.

As we've a much higher percentage of female than male members, it's not surprising that the men didn't rate highly in name duplication - apart from seven John/Jons, and four Davids, there were few other multiples.

However, if your name is Patricia or Susan, there are eight of you in Beaudesert U3A. Denise, Janice and Lynette are represented six times, followed by variations of Anne and Sandra. Other names to make regular appearances on our members' list and also on the list of the "Top 20 most popular names" through the 1940s to 70s include Barbara, Helen, Debbie, Julie, Joan, Wendy, Diane and Mary.

And when I googled selected years, I found that some of these names had been consistently popular since 1754, when a search of London birth records revealed a high number of Elizabeths (yes, very popular way back then), Mary, Ann, Susan and Margaret. In the 1940s, list-toppers were Mary, Patricia, Barbara, and Susan. Male names have been more static; John and William appeared frequently in the 1700s and still do into the 21st century.

Today's names show a constantly-evolving and more short-lived preference: there will be many grandparents in our membership with an Olivia, Oliver, Mia or Ava, I'd bet! And a consistent girls' favourite over the past four years is Charlotte, no 1 last year in Australia, with William at no 4 for boys. Lilibet for 2022 anyone?

DISCOUNT DRUG STORES

more than just low prices

\$18.95

PHARMACIST DELIVERED



Don't let the flu stop you!

Our trained pharmacists can administer flu vaccinations

- ✓ NO PRESCRIPTION REQUIRED
- ✓ AVAILABLE FROM 10 YEARS OF AGE
- ✓ CALL US TO BOOK AN APPOINTMENT

*Administered by a qualified pharmacist. Quadrivalent strain influenza vaccines offered in store. Special patient high risk groups may be eligible for FREE influenza vaccines in the National Immunisation Program and should seek advice from their medical practitioner. Appointment dates subject to vaccine availability. Available for 10 years and over. Our pharmacists reserve the right to refuse service were they feel necessary

SUPER SAVER

SAVE 40% OFF RETAIL

\$7⁷⁷

SAVE \$5.18*



Aveeno Skin Relief or Daily Moisturising Lotion 354ml

SUPER SAVER

\$29⁹⁹

SAVE \$42.00*



Swisse#* Ultivite Men's or Women's Multivitamin 120 Tablets

SUPER SAVER

\$8⁴⁹ ea



Betadine# Ready to Use Sore Throat Gargle 120ml

Scenic Rim Discount Drug Store

SPECIALS ON SALE FROM 14TH JULY- 9TH AUGUST 2021. FAILURE BY SUPPLIER TO DELIVER OR OTHER UNINTENTIONAL CAUSES MAY RESULT IN SOME ITEMS IN THIS ADVERTISEMENT BEING UNAVAILABLE. PRICES SUBJECT TO CHANGE WITHOUT NOTICE. WE RESERVE THE RIGHT TO CORRECT PRINTING ERRORS. ALL PRICES ARE GST INCLUSIVE. *SAVINGS CALCULATED BASED ON SUPPLIER SUGGESTED RETAIL, AND NOT NECESSARILY PREVIOUS IN STORE PRICE. # ALWAYS READ THE LABEL. FOLLOW THE DIRECTIONS FOR USE. THIS MEDICINE MAY NOT BE RIGHT FOR YOU, READ THE LABEL BEFORE PURCHASE. IF SYMPTOMS PERSIST, TALK TO YOUR HEALTH PROFESSIONAL. *NUTRITIONAL SUPPLEMENTS MAY ONLY BE OF ASSISTANCE IF DIETARY INTAKE IS INADEQUATE.

FOLLOW US ON



@ScenicRimDDS



For sale



- ◆ Fender acoustic guitar
- ◆ Amplifier plug built in
- ◆ Suit right handed player
- ◆ Beautiful condition
- ◆ Includes guitar stand, music stand and hard body case
- ◆ In-built tuner plus separate external tuner
- ◆ As new, one owner
- ◆ Current price for this model around \$750

Will sell for \$300

Contact - Andy Fechner 0409 859 515 or email andyfechner@bigpond.com

Dingbat solutions

- 1 Chain mail
- 2 One foot in the grave
- 3 Pop the question
- 4 Drug dealer
- 5 A dime a dozen
- 6 The ball is in your court
- 7 Greased lightning
- 8 Piece of cake (simple as that)
- 9 Ratatouille
- 10 Make ends meet
- 11 Mac and cheese
- 12 God save the queen

Thank you to all of our sponsors

