



**Beaudesert
University
of the
Third Age Inc.**

Newsletter

www.beaudesertu3a.com u3abeaudesert@gmail.com

February 2015, Volume 5, Issue 1

Management Committee

Members

President.....Andy Fechner
Ph. 5541 2072

Vice PresidentHennie van Dyk.....
Ph. 5541 0745 (until 28.02.2015)

Secretary.....Laurel Fechner.....
Ph. 5541 2072

Treasurer.....Tex White.....
Ph. 5541 4772

Tutor Co-Ord.....Laurel Fechner
Ph. 5541 2072

Publicity Officer Margaret Kendrick..
Ph. 5541 0745 (until 28.02.2015)

Member.....Yvonne Berry.....
Ph. 5541 2604

Member..... Bernie Brown.....
Ph. 5544 2042

Member..... George Evans.....
Ph. 5541 0706

Date Claimer:

Annual General Meeting

Friday 27th March 2015 10.00 am

Where: Centacare, Petersen Street.

New Committee members are needed to take the places of 4 long serving members who have decided to leave our fair district and have sea changes.

Nomination forms are to be completed and given to our current Secretary Laurel Fechner by the 28th February 2015.

Contact any committee member or tutor for details, or phone 5541 2072.

We really do need some help to keep the Beaudesert U3A operating strongly for the benefit of all members.

New Members

Joan Wilderspin
Wayne Oldmeadow
Cheryl Oldmeadow
Lise Leatherbarrow
John Leatherbarrow

Beaudesert U3A welcomes the above new members, and we hope that your association with our organization will be a long and fruitful one. We look forward to your involvement in our activities.

Editorial

Welcome to the start of a new U3A year!

Term one officially gets underway from the 27th January, but some of our courses have already been active, with Aqua Aerobics, Social Tennis, Table Tennis and Card Playing getting an early start.

I hope you all had a safe and happy Christmas break, and saw in 2015 with a minimum of fuss. In spite of my best intentions extra feasting with family and friends has tended to turn my waistline into a bit of a wasteland! However, with the extra heat and some rain early this month I have done my best to work some of it off by trying to keep the lawn and garden under control.

It has been an eventful end to 2014 and start of 2015, both within Australia and abroad. Of course, we are all excited about being bombarded by political information for the Qld State election due at the end of January. Where did that 3 years go..???

However, I feel I must comment on some of the tragic issues concerning terrorist activities which have so recently filled the news reports.

There seems to be ongoing agonising over the Australians who have left our shores to join fighting overseas, and how they should be treated when they attempt to return here. There are also border checks to stop others from leaving.

I would have thought the simple solution would be to let them go, then declare them "persona non grata", cancel their passports and let them stay wherever they went to. In addition, it would be nice to think that those who have left to become jihadists or join terrorist groups have had any Centerlink benefits stopped immediately. I was not entirely dismayed to learn that the gunman involved in the Sydney hostage siege was enjoying unemployment benefits and free legal assistance despite his track record and activities. Has the word deportation been removed from our Government's vocabulary?

Anyway, back to Beaudesert, and a welcome to all new members, and a special hello to all those who have already rejoined this year..!!
Until next Newsletter...Andy Fechner.

Friends of the Committee

If you would like to join with the following who have nominated that they will help where they can at occasional events, outings and functions, your involvement will be most welcome.

June Carey
Margaret White
Carol Castles
Jo Weymouth
Denice Knight
Gwen Elliott
Trish Fraser
Rita Evans
Patricia Castles
Trish Alexander
Pat Millard
Tricia Edward

To register as a Friend of the Committee, please contact:

Andy Fechner..President OR
Laurel Fechner-Course Coordinator Ph 5541 2072
e-mail andyfechner@bigpond.com

Current Courses

Term 1: Tuesday 27th January - Thursday 2nd April 2015

***** Aqua Aerobics**

Every Wednesday and Friday from 7.30am till 8.30am. Now underway at the Beaudesert Swimming Pool. (Two sessions each week). Come at 7.15am for an early flipper class. Contact Trish Fraser 0417 440584

***** Art Group "The Limners"**

Wednesdays 9.00 am to 12.00 am, starts 28th January at the Centacare rooms, Petersen St. Phone Denice Knight 5546 9879 or Margaret 5541 0745

***** Art Appreciation**

Third Wednesday each month, nominal time 10.00 - 12 noon at Centacare Bistro if not on an outing - usually involving art gallery visits with Tricia. A chance to look at and discuss works of art on display in the Scenic Rim and Master Pieces from around the world. Phone Tricia 5544 1462

***** Card Making**

Every second Thursday, 10.00 am to 12.00 pm, from 29th Jan, at Centacare rooms. Phone Tricia 5544 1462

***** Cardplaying**

Every Monday, 1.00pm to 4.00pm now underway at Centacare, Petersen Street. Enjoy Canasta, Samba and Bolivia. (Focus on Bolivia). Phone Pat Millard: 5541 2492 or 0413 121367

***** Computer Group**

Mondays, 10am to 12.00 pm, starts 2nd Feb at Centacare Bistro room. Hands on Computer Application. Most members bring their laptop along and are assisted by tutors or computer group members with individual tasks or problems. The aim is helping solve computer related problems through the group. Phone George 5541 0706 for more information.

***** Conversational French**

Mondays 1.00 pm - 3.00 pm, starts 2nd Feb at Centacare. Introduction to Conversational French Phone Bernie 5544 2042

***** Cookery Group**

Meets First Wednesday of each month at 1.00pm to 3.00pm, starts 4th Feb alternately at tutors kitchens at Josephville and Gleneagle. Members also offer their kitchens as "Guest Locations". Contact Tina Jones, 0418 780 861. Laurel Fechner, 5541 2072.

***** Embroidery**

New course on offer. Every second Thursday to alternate with Card Making. Starts 5th Feb, at Centacare Petersen St 10.00am to 12.00noon. Contact Tricia 5544 1462.

***** Genealogy Club**

No set days, but Tricia Edward is willing to help out anyone who is interested one on one. Participants generally meet monthly by arrangement to discuss progress. Phone Tricia 5544 1462 or via Email: shikeo@bigpond.com

*** **General Discussion Group**

Tuesdays 9.30am to 11.30am, starts 27th Jan. General discussions on any subject the group wishes. Group participation is the key here. Venue: Kath's House, 27 Dunsinane Street. Phone George or Sylvia 5541 2294

*** **Mosaics**

Mondays 1.30 pm to 4.00 pm, starts 3rd Feb at 533 Cryna Road Beaudesert. A hands on course in this fascinating art form which will encourage your imagination to create delightful objects. Phone Beryl 5541 2120.

Social Activities:

*** **Jigsaw Library**

108/110 Carrigan Way, Gleneagle. Come along and select one to use from the library. Phone Rita or George 5541 0706 to arrange selection and collection.

*** **Line Dancing**

Line Dancing is now in recess due to the Summer weather. A little too hot at our venue for this activity. We plan to recommence in Term 2 of 2015...stay tuned! Phone Trish: 0417 440 584

*** **Table Tennis**

Thursdays 9.00 am to 12.00 noon, Now underway. Held at the Uniting Church Hall. Phone Des or Pamela 5541 2662 or 0448 133146 or Trish: 0417 440584.

*** **Social Tennis**

Wednesdays 8.00am to 12.00 noon, Now under way for Term 1. Venue: Beaudesert Tennis Courts, Boonah Road. Contact Tex White: 5541 4772

All course participants must be paid up members of Beaudesert U3A (\$25.00) per annum (couples \$40.00) and each session has a minimum fee of \$2.00 towards Centacare expenses (tea/coffee, aircon etc). If necessary extra Course costs for other requirements will be set by Tutors

Course Co-ordinator: Laurel Fechner
Phone: 5541 2072 Mobile: 0417 644506
Email:andyfechner@bigpond.com

Last year I joined a group for procrastinators...

We haven't met yet...!!!

Proposed New Courses

1.NORDIC WALKING...

This physical outdoor exercise involves walking over varied terrain using 2 walking poles (similar to ski poles) to assist. The group plans to start on easier trails and work up from there.

2.BOARD GAMES..

Interest here from a number of members, and will offer a variety of games. Venue will likely be Centacare depending on feedback response.

3.MAH JONG...

Enquiries have been made to the committee regarding this interesting game. If you know how to play and would like to get into this course, call as soon as possible.

4.GUITAR LESSONS.

Learn how to play guitar the easy way. Our music loving tutor says that he will have students playing a song after the first lesson. Will be held on either Tuesday or Thursday afternoons depending on response from participants. We may be able to get the recorder people involved here too.

**I don't have grey hair.
I have "wisdom highlights"
I'm just very wise!!**

ART APPRECIATION

To get the new year off to a good start our first get-together will be held at Centacare on Wed. 18th February from 10am to noon. We will be extending a very warm welcome back to Jean Stevens. Jean was the facilitator of the Art Appreciation Group from its inception but has been busy with family health commitments for some time. Jean has kindly offered to bring along a DVD called "Masterpieces of the Hermitage" which is described as a breathtaking journey through time, culture and art. I am sure that those of you who have seen programs about this wonderful institution will find this a fascinating DVD. It is sincerely hoped that the galleries we usually visit will be holding exhibitions that are of interest and we can arrange excursions in the coming months but, in the meantime, it will be great to get together.

Tricia Edward Ph.5544 1462

EXPANDED COURSE

The popular card making course is to be extended this year as the tutor, Penny Lowe, is only able to hold the class every fortnight. We have decided to hold a class on various types of embroidery on the alternative week. Penny will be with us on the 29th January for a card making session and we will also discuss the embroidery interests of participating members at this time.

The details for the class are – At Centacare from 10am to noon on Thursday commencing on 29th January.

Anyone interested in either the card making or embroidery or both should contact: Tricia Edward on 5544 1462.

GENEALOGY

Another year has started and it is proposed to kick off the year with a GET-TOGETHER at Centacare on Thursday 12th February at 1pm where Stuart Gearey will report on his attendance at various genealogy talks he attended in Nov/Dec last year. A good time to share with others with this interest where you are at with your research.

All past and current genealogy participants are invited, and a warm welcome will be extended to anyone interested in this hobby, so come along. Contact Tricia Edward: 5544 1462

Aqua Aerobics

Aqua Aerobics has seen many members splashing through the holidays and our numbers have been steady, even though some of us have been baby sitting or on trips away. Thank you Julie for stepping up to keep the group on track working hard when I am unavailable. (Missing you already Val, thank you again for always being there as back up for both Aqua and Line Dancing).

One of our success stories, Margaret Kendrick, is also leaving us soon, you will be missed. Make sure you keep up your water activities, and you will be doing laps next time you visit.

Many of our members have gained lots of benefits from the gentle exercise, and find they are able to reduce some of their medications.

Come along and join us before the cooler weather sets in, (looking forward to that).

Contact Trish Fraser on 0417 440584

TABLE TENNIS

Despite the heat and the holiday season, the enthusiastic members of the U3A Table Tennis group continued to play with only a two week break over Christmas.

The group has been playing on Thursday mornings since July, 2013 in the Uniting Church hall, cnr. William and Duckett Streets, Beaudesert. We play from 9am until 12 noon with a short smoko break for tea, coffee and biscuits. A \$2 fee covers the morning for U3A members. Fun, fitness and fellowship are the aims of the group.

The membership stands at 18 with the average attendance of 12. Paulette Watson and Kay Andrews were recently welcomed into the ranks while the group farewelled inaugural member Peter Chapman who has moved from the district. Hennie will also be missed when he moves to the Gold Coast soon. The players wish Hennie and Margaret all the best for their future.

Anyone who would like to give table tennis a try is welcome to come along. Some of our players had not touched a bat in years or if at all, but soon settle in and have an enjoyable time. We mostly play doubles games but a chance to play singles also arises.

The group has spare bats so you do not need to purchase any gear until you are certain that table tennis suits you. Just wear suitable foot-wear, bring some water and come to the hall.

Telephone Des and Pam on 5541 2662 or Trish on 0417 440 584 for more information.

Des & Pam Fox – Table Tennis Facilitators



Table Tennis Christmas Break up Day

From the mouth of a Water Baby!

As a newbie to aqua-aerobics this summer, I thought any potential water babies might be interested in my experiences.

Trish is a fabulous coach. She is very encouraging, is an advocate of the “train don’t strain” school of thought and is mindful that we are all at different levels of fitness. I love the fact that you can get aerobic exercise during our humid summer without the sweat factor. It is absolute bliss to slide into the pool after days of suffering “heat droop” and to work hard, or as hard as you can manage.

No skills are needed. In fact the non-swimmers have gained a lot of confidence and there is no need to be afraid of appearing in public in swimmers. There are no super models in this class! However, when you are in the water, you will feel like you could be.

Give it a go. The physical benefits are obvious but we also have a lot of fun and that’s always a plus.

Anonymous. (But it was Liz Avery..thanks Liz!)

Our Kitchens Rule

December Cookery Group Day Out

High Tea on Tamborine

A very excited group of ladies dressed up in their glad rags and headed for the heights of Mount Tamborine in December to indulge (or perhaps over indulge) in some pampering and yummy things for the Cookery Group Christmas break up. Not too much needs to be said about the day, as we didn’t have to prepare anything this time...it was all done for us, and every picture tells a story...



High Tea High Jinks for this Group!!



For information about the Cookery Group at “Our Kitchens Rule“ call Laurel on 5541 2072 or Tina on 0418 780 861.

MOVING SALE

**Substantial Garage Sale..!!
Sat/Sun 24/25 January @7.00am**

**20 Lincoln Court GLENEAGLE
Enquiries: 5541 0745**

We prepare to farewell 2 of our founding and well known members, Hennie van Dyk and Margaret Kendrick as they get themselves ready to leave Beaudesert and like Val and Peter Chapman seek a sea change.

Hennie and Margaret plan to head to the Gold Coast very soon, and leave the bright lights and buzzing metropolis of the Scenic Rim behind. Both Hennie and Margaret are committee members and are Vice President and Publicity Officer respectively.

Hennie is a Past President of the U3A, and has been our Webmaster since inception. Margaret has hosted the Mosaics group and the Jigsaw Library at their home, and both have been deeply involved in many courses, including Aqua Aerobics, Discussion Group, Computer, Table Tennis, Cookery and the Limners Art Group. The contributions that Hennie and Margaret have made to the formation and development of the Beaudesert U3A over the past 5 years are too numerous to mention.

Suffice to say that all who have met these fine people will always remember them.

They will be sorely missed by their fellow committee members and all those members who have enjoyed their company at courses, events, meetings and outings.

Both Hennie and Margaret have been awarded Honorary Membership of the Beaudesert U3A for 2015 as some small measure of their past contributions.

“May the sun shine brightly on your shoulder,
May the breeze blow gently on your back,
Always remember where you came from,
But don't waste time looking back“

With thanks, Andy Fechner, President.

Thanks to our Sponsors





BEAUDESERT U3A Time Table

27 Jan to 2 April '15. Term 1



DAY	AM Session	Venue	PM Session	Venue
Monday	10.00 - 12.00 Weekly	Centacare Bistro	1.00 - 3.00 Weekly	Centacare Bistro
	COMPUTER	6-12 Petersen St	CONVERSATIONAL	6-12 Petersen St
	GROUP		FRENCH	
	Contact: George		Ph Bernie 5544 2042	
	PH: 5541 0706			
			1.00 – 4.00 WEEKLY	Centacare Rooms
			CARD PLAYING - BOLIVIA	6-12 Petersen Street
			Ph: Pat Millard 5541 2492	
			1.30 – 4.00- WEEKLY	
			MOSAICS	533 Cryna Road
			Contact: Beryl	Beaudesert
			PH: 5541 2120	
Tuesday	9.30 - 11.30	Kath's House		
	DISCUSSION	27 Dunsinane St		
	GROUP	Beaudesert		
	Weekly			
	Contact: George or			
	Sylvia PH: 5541 2294			
Wednesday	7.30 – 8.30	Beaudesert Pool	1.00 - 3.00	Their Homes
	AQUA AEROBICS		<i>1st Wednesday of each month</i>	Alternately
	Weekly		COOKERY CLUB	
	Contact: Trish		Contact: Tina	
	PH: 0417 440 584		PH: 0418 780 861 OR	
			Contact: Laurel	
			PH: 5541 2072	
Wednesday	9.00 - 12.00 noon	Centacare Bistro	<i>3rd Wednesday of the month</i>	Centacare Bistro
Weekly	ART GROUP	6-12 Petersen St	10.00am -12.00noon	6-12 Petersen Street
	"THE LIMNERS"		Art Appreciation	PLUS Excursions
	Contact: Denise		Contact Tricia:	
	PH: 5546 9879		PH: 5544 1462	
Wednesday	8.00 - 12.00 noon	Tennis Courts		
Weekly	SOCIAL TENNIS	BEAUDESERT		
	Contact: Tex White			
	PH: 5541 4772			

DAY	AM Session	Venue	PM Session	Venue
Thursday	9.00 - 12.00	Uniting Church		
	TABLE TENNIS	Hall		
	Weekly			
	Contact: Pam			
	PH: 5541 2662 or			
	Contact: Trish			
	PH: 0417 440 584			
Every Second	10.00 - 12.00 noon	Centacare Bistro		
Thursday	CARD MAKING	6-12 Petersen St		
From 29 th Jan	Contact: Tricia			
	PH: 5544 1462			
Every Second	10.00-12.00 noon	Centacare Bistro		
Thursday	EMBROIDERY	6-12 Petersen St		
From 5 th February	Contact: Tricia			
	Ph: 5544 1462			
Friday	7.30 – 8.30	Beaudesert Pool		
	AQUA AEROBICS			
	Weekly			
	Contact : Trish			
	PH. 0417 440 584			

Phone to	JIGSAW LIBRARY	108/110 Carrigan	GENEALOGY CLUB	By Arrangement
Arrange a	Contact: Rita	Way Gleneagle	Phone Tricia Edward	
Selection time	or George		5544 1462	
	PH: 5541 0706		e-mail shikeo@bigpond.com	

N.B.

All participants must be financial members of the Beaudesert U3a, (\$25 single/\$40 double per annum), and each session has a minimum fee of \$2 towards Centacare expenses. If necessary, any extra course costs will be set by tutors.

Please contact Course Co-ordinator: Laurel Fechner

Ph: 5541 2072 Mobile: 0417 644506 Email: andyfechner@bigpond.com

