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O. W. L. S.

OLDER WISER LEARNING SENIORS

Volume 8 Issue 2
March 2018

Management committee members

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<i>Vice President/Publicity Officer</i>	
Ray Folley	Ph 5544 2024
<i>Secretary/Newsletter</i>	
Yvonne Berry	Ph 5541 2604
<i>Treasurer</i>	
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<i>Course coordinator</i>	
Donna Fowler	Ph 5543 3739
<i>Webmaster</i>	
George Evans	Ph 5541 0706
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Finella Loch	Ph 5541 4491
<i>Social activities facilitator</i>	
Di Johnson	Ph 0468 849 448
<i>Membership Secretary</i>	
Sue Estbergs	Ph 5541 4445



President's piece Andy Fechner

And if you thought that time seemed to be going more quickly than usual, then I agree with you! Where has our U3A year gone? Here we are preparing for our 2018 Annual General Meeting on 23 March, so this is the last OWLS newsletter from the current committee. There are so many events and notable days in March, with Lent leading through to Easter, commencing with Good Friday on the 30th. Of course, this signals the end of our first term for 2018 with the beginning of the school holidays. Just a few days later the Commonwealth Games open on the Gold Coast. In date order, March also features the International Women's Day breakfast on the 7th, hosted by the Scenic Rim Regional Council at The Centre in Beaudesert. This will be followed by another great event, again compliments of the Scenic Rim Council, the "Get

Savvy" free morning tea and mini Expo, also at The Centre, on Tuesday the 13th from 10.00 am until 12.00 noon. You really should not miss this one.

Next, for all those with some Irish in their ancestry (mine was a transported convict) is Saint Patrick's Day on the 17th March. I suppose I should think about drinking green beer and chasing away snakes!!

I have really enjoyed filling the role of president of our U3A for the past year, so much so that I intend to nominate for the position again for the coming year. If you would like to nominate for a position on our committee, please contact our secretary, Yvonne Berry, before 9 March.

I welcome members to attend our AGM. We will be offering a free morning tea to follow, along with a chance to chat with our newly elected committee members. Until next edition

Andy



A Word or Two about this and that Yvonne Berry

Retirement can be something to look forward to - no one owns your time, your soul, your brain, there's just you to think about. And you get to do what you want to do, when you want to, if you want to, which is the part I like the most. What I did miss was the steady, good income, the daily challenges that my job threw at me, the great new people I got to meet every day and the outstanding people I worked with.

For some, retirement can be scary because of the lack of structure and routine to your days, especially if retirement has been forced on you by illness or relationship break-ups, or geography. There is also the loss of the sense of being wanted or needed and being useful.

Thank goodness for U3A because it very nicely filled those newly created gaps in my life since retiring. I hope your experience with U3A is just as creative.



Friends of the committee

If you would like to join with the following people who have nominated that they will help where they can at occasional events outings and functions, your involvement will be most welcome.

June Carey	Patricia Castles
Carol Castles	Trish Alexander
Denice Knight	Rita Evans
Rosemary Ryan	Lise Leatherbarrow
Catherine Kelly	

To register as a friend of the committee, please contact:

- Andy Fechner president

P 5541 2072

E andyfechner@bigpond.com

A big "welcome back" to our returning members and at the same time, we are delighted to welcome the following new members to Beaudesert U3A. We trust you are enjoying the activities you have chosen for yourselves:

Kirtsey Arthy, Ray Arthy, Brenda Moss, Donna Page, Lynne Seymour, Hans Munsel, Nerida Munsel, Joe Skelton, Jan Skelton, Cynthia Earl, Marion (Pip) Harris, Brenda Fielding, Lynne McKechnie, Colleen Spence, Glenys Zimmerman, Georgia Arthy, Grahame Arthy, Anne Hei, Anita Mahon, Margaret Smith, Wendy Venz.



Member of U3A Network Queensland

The thoughts and opinions expressed in this newsletter are those of the named individual contributor alone and do not necessarily reflect the views of the editor, U3A committee, U3A, or its members.

Current courses - term one 2018

22 January-29 March

Acoustic guitar

Thursdays Centacare rooms 1.30 pm-3.30 pm. Tutor Ken Jurd.
Contact Laurel 5541 2072 email andyfechner@bigpond.com

Aqua aerobics

Tuesday and Thursday mornings, 7.30 am-8.30 am, at the Beaudesert pool.
Contact Paulette 5543 1261

Art appreciation

Thursdays 10 am-12 noon Centacare rooms. Contact Mary 5544 3146 or Jean 5541 3706

Art group "The Limmers"

Wednesdays 9 am-12 noon at the Centacare rooms.
Contact Denise 5546 9879

Book club

Meets first Monday of each month 2 pm-4 pm at 151 Cedar Grove Road Cedar Grove. Cheese, nibbles, tea, coffee provided. BYO drinks.
Contact Lynn 5543 1430 or mobile 041 707 8712

Card playing - Beaudesert

Every Monday 1 pm-4 pm at Centacare rooms Enjoy euchre, canasta, samba, 500 or Bolivia.
Contact Pat 5541 2492 or 0413 121 367

Card playing - Jimboomba

Meets every Thursday afternoon 12 noon-3 pm at Dorrington House Jimboomba.
Contact Pat 5541 2492 or 0413 121 367

Computer group

First and third Mondays, 9.30 am-12.30 pm at Centacare bistro room. Members may bring their laptop along for assistance by tutors or computer group members with individual tasks or problems.
Contact George 5541 0706



Croquet club

Play Tuesdays 8.00 am-11.30 am at Everdell Park, Gleneagle. Contact George 5541 0706 or Trish 042 948 9989

Gardening group - BUGS

Meet third Friday of each month 10.00 am-12 noon at Centacare. Trips away between each meeting.
Contact Liz 048 815 5506, email brizzie@bigpond.com

General discussion group

Meets Tuesdays 9.30 am-11.30 am Ken Moran Life

All course participants must be paid up members of Beaudesert U3A. Most sessions have a minimum fee of \$2 towards venue expenses (tea/coffee aircon etc.) If necessary, extra course costs for other requirements will be set by tutors.

Centre, 64 Tina Street Beaudesert (behind Beaudesert Hospital). General discussions on any subject group members propose.

Contact Andy 5541 2072

Jigsaw library

Select a jigsaw (or a wasgij) to use from the library. For selection and collection contact Sandra 5541 0978

Mahjong - Jimboomba

Meets every Tuesday 11 am-2 pm Dorrington House Jimboomba.

Contact Elizabeth 5546 9689

Mahjong - Beaudesert

Thursday afternoons 1 pm-3.30 pm Centacare rooms. Beginners welcome.

Contact Denise 5541 2801

Mosaics

Meet Mondays 1.30 pm-3.30pm at 533 Cryna Road Beaudesert. A hands-on course in a fascinating art form.
Contact Beryl 5541 2120

Nordic walking

Meet by the pool/library Monday and Friday, by the showgrounds gates Wednesday, walk 6.00-7.00 am. You will need a pair of poles, comfortable sports walking shoes, bottle of water.

Contact Lawrie 0423 322 975

Scrapbooking

Second Monday of each month, 9.30 am-11.30 am, 360 Lambert Road, Nindooindah. \$10/session payable on the day.

Contact Anita 0408 452 584

Social conversational French

Every Monday 1.00 pm-3.00 pm Centacare rooms.
Contact Jane 5541 2321

Social lunch - Friday March 9 from 12 noon

Happy Valley Chinese restaurant, William Street, Beaudesert. RSVP to Di Johnson - phone/text 0468 849 448, email candyroxy1946@gmail.com

Social tennis

Wednesdays 8 am-12 noon venue Beaudesert tennis courts Boonah Road.

Contact Tex 5541 4772

Table tennis

Thursdays 9 am-12 noon held at the Uniting Church hall.
Contact Des or Pamela 5541 2662 or 0448 133 146



Members enjoying morning tea at sign on day, January 2018

Thank you to all of our sponsors



Table tennis

Pam and Des Fox



The Beaudesert U3A table tennis players braved the heat and played their third game of the New Year . Fourteen members attended including new member Carmel Carter. Welcome Carmel.

New players are welcome. Our membership ranges from the very rusty to a couple of well-oiled machines. I won't say who is who, but we mix it up to ensure fun, fitness and fellowship are the main goals of the group. Players must become financial members of the U3A and only pay \$2 per day and this includes a cuppa at mid-morning.

Anyone wishing to give table-tennis a go is welcome to attend at the Uniting Church Hall from 9am each Thursday. Depending on the number attending, play finishes between 11am and 12 noon. Suitable attire is essential including sneakers or similar sport shoes.

Occasionally the hall becomes unavailable so it is best to telephone Pamela on 5541 2662 if you are attending for the first time.

Come and join us.

Gardening group - BUGs

Liz Avery

Lovely to meet some new members at the recently-held U3A kick off to 2018.

Our first guest speakers this year will be the fellows from Rocky Point in February. They are pretty interesting and quite generous with their give-aways.

I have also spoken to Jim Standing from Mt Clunie near Woodenbong. I was given his details by Cheryl Bizzell who was told by Boonah garden club that this is a wonderful and very big native garden and a "must see". As it's a bit hot at the moment and March/April are busy with Commonwealth Games and some other functions, I suggested we go there in May. We can discuss car pooling before then.

We didn't get a chance for a group chat at the open day, but I did get some suggestions I thought we may like to think about. Margaret wondered whether our group would be interested in lobbying for a Scenic Rim botanic garden. You would be aware of the lovely one on Tamborine Mountain but the suggestion was that we have more of an indigenous garden that could be used by schools for an environmental facility. This would need to be something that had to be backed by council as they would be supplying the land and doing the work but perhaps we could be the impetus for making it happen. Let me know what you think.

If you have any suggestions for guest speakers or garden visits when you hear of anything,

please let me know - phone 048 815 5506, email brizzie@bigpond.com.

Sandra with her lucky draw prize donated by Rocky Point.



Some BUGs group members admiring the gardens at Mt Tamborine



Scrapbooking

The scrapbooking group got off to a creative start on Monday 12 February at Anita Mahon's place.

Anita set the group a task of creating two Australia-themed pages and everyone was very satisfied with their results. Two of the group members were more experienced scrapbookers, the other two were rookies so no prior experience is necessary as Anita shows the group step-by-step, how to complete each project.

The group meets once a month on the second Monday of each month at Anita's house – 360 Lambert Road, Nindooindah (take the first road on the left past the golf course, into Nindooindah Estate Road, then left into Lambert Road) from 9.30 am to 11.30 am and it costs \$10 for the materials which Anita provides. The next get-together is on Monday 12 March.

If you would like to join this group, please contact Anita 0408 452 584.



Computer group

Computing group does not just talk computing – if it involves technology it is suitable for discussion in the group.



Recently George brought in his drone and explained how it worked, the rules and regulations covering its use, and then it was time to go outside and see it in action.

Stuart was brave enough to take the controls - wonder if there will be a request in to Santa at the end of the year



Nordic walking

It's not always hard graft at Nordic walking - sometimes we sit back, drink coffee and socialise. Each month we celebrate the group member's birthday of that month by having a well-earned breakfast in one of the local cafes after our walk.

If you would like to walk off a few kilos over time (or even grams) and meet some real friendly people, and get fit at the

same time, come and join us on

a Monday, Wednesday or Friday morning. We meet at the pool/library area on Mondays and Fridays, and at the showground gates on Wednesdays at 6.00 am.

For further information, contact Lawrie 042 3322 975.



Social lunch - Friday March 9

The social lunch for March will be held on Friday 9 March at Happy Valley Chinese restaurant, William Street, Beaudesert, from 12 noon.

All U3A members, their partners and friends are welcome to attend.

If you would like to attend, please RSVP to Di Johnson -

- Phone/text 0468 849 448
- Email candyroxy1946@gmail.com



Dates to remember



Wednesday 7 March

6.45 am

Int'l Women's day breakfast

The Centre

Friday 9 March

12 noon

Social lunch

Happy Valley Chinese restaurant

Monday 12 March

9.30 am

Scrapbooking group

Anita's house

Tuesday 13 March

10.00 am

Get Savvy Expo

The Centre

Friday 16 March

10.00 am

BUGs gardening group

Centacare rooms

Monday 19 March

9.30 am

Computer group

Centacare rooms

Friday 23 March

10.00 am

Beaudesert U3A AGM

Centacare rooms



It takes a child to show how to enjoy the simple things in life. Some amazing sculptures that are kid-magnets.



Happy birthday
to our members celebrating birthdays in March

Marilyn Liebke
Rae Kerrison

Pam Fox
Valerie Watson

Caroline Gee
Lynnette Weckert

Barry Owen
Gail Mulhern

Rob Hopkins
Yvonne Schaezel

Frances Purcell

If your birthday is in March and is not listed here, please let us know and we will update our records.



Be with those that bring out the best in you, not the stress in you.



Test your Australia sports trivia knowledge

from the website www.australiaday.org.au

1. Which horse won the Melbourne Cup in 2002?
2. What was Sir Donald Bradman's batting average?
3. Who is Australia's only Formula One driver?
4. Who won the Brownlow Medal in 2003?
5. Who was the most recent Australian to win the men's singles title at Wimbledon?
6. Which Australian was named the most valuable player in the US's WNBA?
7. Which Australian has won the FIM World Motorcycle Championship 5 times?
8. How many gold medals did Australians win at the 2002 Winter Olympic Games?
9. Of our Australian male swimmers, who has won the most Olympic gold medals?
10. Which Australian company is the largest surfwear manufacturer?



See p6 for answers



I'm not bossy!
I have skills...leadership skills!!
Understand?

Thank you to all of our **sponsors**



BEAUDESERT BUTCHERY
Heit's Quality Meats

Famous people in history

contributed by Barry Owen

Typhoid Mary (Mary Mallon 1869-1938)

cook. She was twice forcibly isolated by Public Health and died after three decades in isolation.

The time period of infection started in 1900, diagnosed in 1906. She was held from 1907 to 1910 and was released after signing a document declaring she would no longer be a cook.

However, she returned to cooking and was detained in 1915, where she remained in isolation until her death in 1938.

Even though the number of proven cases of infection was 51, the actual number would have been far greater, as Mary moved constantly to avoid detection, and many cases were not reported.

The contributing factors in her spreading of typhoid were her complete lack of personal hygiene, her refusal to accept that she was a carrier, her refusal to give samples of faeces and urine for testing unless forced and constantly moving to avoid arrest.

Age does not diminish the extreme disappointment of having a scoop of ice cream fall from the cone. ~Jim Fiebig

Inflation is when you pay \$15 for the \$10 haircut you used to get for \$5 when you had hair. ~Sam Ewing

Grandchildren don't make a man feel old; it's the knowledge that he's married to a grandmother. ~G Norman Collie

When I was 40, my doctor advised me that a man in his 40s shouldn't play tennis. I heeded his advice carefully and could hardly wait until I reached 50 to start again. ~Hugo L. Black

I have a warm feeling after playing with my grandchildren. It's the liniment working. ~Author Unknown

Answers to sports trivia

- | | |
|---|--|
| 1. Media Puzzle | 6. Lauren Jackson |
| 2. 99.94 | 7. Michael Doohan |
| 3. Mark Webber | 8. Two - Steven Bradbury and Alisa Camplin |
| 4. Mark Ricciuto, Nathan Buckley, Adam Goodes | 9. Murray Rose |
| 5. Lleyton Hewitt | 10. Quicksilver |

Mary was the first person in the United States to be diagnosed as an asymptomatic carrier of typhoid fever. Mary was not sick, but carried the infection.



If there were cellphones at the Red Sea

Savvy Scenic Rim

- BODY**
be active
- MIND**
keep learning
- SPIRIT**
give
- PEOPLE**
connect
- PLACE**
take notice
- PLANET**
care

GET Savvy! EXPO

13 March - The Centre, Beaudesert, 10am - noon
 14 March - Tamborine Mountain Library, 10am - noon
 15 March - Cultural Centre, Boonah, 10am - noon

Free Event

Stall holders include..
 Financial counsellors, dietitians, blood pressure checks, mental health, immunisation, disability services, healthy bladder & bowel, breastscreen, bowel cancer, hearing tests, drug and alcohol services, continence, community organisations and much, much more.

For more information, phone Lacey on 3540 3111
or email lacey.s@scenicrim.qld.gov.au

Scenic Rim Sings

Free Choral Workshop

with **Rachel Hore**

Hosted by A-Chaired Taste - The Scenic Rim Community Choir

No audition + No experience necessary

9.00am-4.00pm - Saturday 24 March 2018

THE CENTRE BEAUDESERT

82 Brisbane Street, Beaudesert, Qld

YOU MUST BOOK YOUR PLACE BY - 10 MARCH 2018

BY EMAIL TO - euraman@skymesh.com.au

ENQUIRIES only to LISE on phone: 07 5544 9266

To celebrate our 10th Anniversary

A-Chaired Taste - The Scenic Rim Community Choir

invite you to a FREE workshop with one of Australia's best choir leaders **Rachel Hore** for anyone who wants to learn to sing + any new, current and former choir singers