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O . W . L . S .

OLDER WISER LEARNING SENIORS

Volume 5 Issue 10
November 2015

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Yvonne Berry	Ph 5541 2604
<i>Social activities facilitator</i>	
Di Johnson	Ph 0468 849 448
<i>Assistant Secretary/Treasurer</i>	



President's piece *Andy Fechner*

Is the rising sun getting you out of bed a little earlier these days? Funny how winter becomes a memory so quickly once spring gallops through, dragging the warmer days of summer so closely behind.

Of course, our last term for 2015 is well underway, with activities like aqua aerobics gaining momentum in the new days of Tuesday and Thursday mornings. They work hand in hand with our Nordic walking group who are operating on Wednesday and Friday mornings so the exercise junkies can be hard at it most days! The walkers are starting a little earlier now to avoid the heat of the day which is coming in quite early.

Our social lunch outings, held on the second Friday of each month at various venues, continue to be popular. The scheduled December outing will not take place, being replaced a week earlier by our FREE Christmas lunch at Centacare in Beaudesert on 4 December. This will be preceded by the Margy Rose "Piaf from the Heart" concert at The Centre in Beaudesert. A big "thank you" to

all those who have RSVP'd to this day. All prepaid concert tickets have been sold and U3A members who have booked can collect their tickets from the U3A table at the door from 10.00 am on 4 December. Afterwards, see you at Centacare from 12.15 for the lunch afternoon.

Nothing like a contentious issue to finish off with..."How to save \$100 million"...

This is the figure being bandied around as the potential cost for a national plebiscite on the world shattering subject of Gay marriage..."to be or not to be, that is the question". Perhaps my suggestion is far too simple. Have all parties allow their members a free conscience vote on the matter, (after all, they should be representing the wishes of the citizens in their electorate), BUT...ensure that how each member has voted is communicated to all of the voters in their electorate. Voters can then use this information when casting their own vote next polling day to express their views.

PROBLEM SOLVED!! \$100 million saved, and better spent on health, education, infrastructure, conservation or any other far more important and needy items.....

Until next edition, Andy

Friends of the committee

If you would like to join with the following people who have nominated that they will help where they can at occasional events, outings and functions, your involvement will be most welcome.

June Carey	Patricia Castles
Carol Castles	Trish Alexander
Denice Knight	Gwen Elliott
Tricia Edward	Rita Evans
Margaret White	

To register as a Friend of the Committee, please contact:

- Andy Fechner, president OR
- Laurel Fechner, course coordinator

P 5541 2072

E andyfechner@bigpond.com

Dates to remember ...

- Friday 13 November
Social lunch
- Friday 4 December
Margy Rose concert and Beaudesert U3A free lunch

President Andy Fechner joins U3A Network Queensland committee

On Monday 12 October our President ,Andy Fechner, was unanimously elected on to the committee of U3A Network Queensland.

U3A Network is an advisory body which provides support to U3A branches in the State. U3A Network is also a member of U3A Alliance Australia and the Asia Pacific Alliance. Network Queensland helps to negotiate deals for better pricing for many overhead costs including insurance and copyright matters to the benefit of smaller U3A branches. In addition, Network also identifies towns throughout the State where new U3As could be beneficial to the local area, and liaises with community groups and local government to make this a reality.



The thoughts and opinions expressed in this newsletter are those of the named individual contributor alone and do not necessarily reflect the views of the editor, U3A committee, U3A, or its members.

Current courses - Term four 2015

Tuesday 6 October-Friday 11 December

Acoustic guitar

Tuesdays, Centacare rooms, 2 pm-3 pm.

Contact Laurel 5541 2072, email andyfechner@bigpond.com

Aqua aerobics

Tuesdays and Thursdays, 7.30 am-8.30 am at the Beaudesert swimming pool. Clean, rubber soled shoes recommended, as well as a sun hat, and sunscreen.

Contact Paulette 5543 1261



Water babies Paulette - facilitator -(standing), Michele and Terri getting ready to participate in aqua aerobics

Art appreciation

Third Wednesday each month, nominal time 10 am-12 noon at Centacare bistro room if not on an outing - usually involving art gallery visits with Tricia. A chance to look at and discuss works of art on display in the Scenic Rim and masterpieces from around the world.

Contact Tricia 5544 1462

Art group "The Limners"

Wednesdays 9 am-12 noon at the Centacare rooms.

Contact Denice 5546 9879

Book club

Meets first Monday of each month, 2 pm-4 pm at 151 Cedar Grove Road, Cedar Grove. Cheese, nibbles, tea, coffee provided. BYO drinks.

Contact Lynn 5543 1430 or mobile 041 707 8712

Bridge

Meets every Wednesday morning, 9.30 am-11.30 am, Kurrajong Park, Jimboomba.

Contact Elizabeth 5546 9689

Card playing - Beaudesert

Every Monday, 1 pm-4 pm at Centacare rooms, Enjoy euchre, canasta, samba, 500 and bolivia (focus on bolivia.)

Contact Pat 5541 2492 or 0413 121 367

Card playing - Jimboomba

Meets every Thursday afternoon, 12 noon-3 pm at Dorrington House, Jimboomba.

Contact Pat 5541 2492 or 0413 121 367

Cookery group

Meets first Wednesday of each month, 1 pm-3 pm, alternately at tutors' kitchens at Josephville and Gleneagle. Members also offer their kitchens as "guest locations".

Contact Tina 0418 780 861 or Laurel, 5541 2072

Course coordinator - Laurel Fechner

P 5541 2072 | M 0417 644 506

E andyfechner@bigpond.com

All course participants must be paid up members of Beaudesert U3A (\$25) per annum (couples \$40) and most sessions have a minimum fee of \$2 towards venue expenses (tea/coffee, aircon, etc.) If necessary extra course costs for other requirements will be set by tutors.

Computer group

Mondays, 10 am-12 noon, at Centacare bistro room. Hands on computer application. Most members bring their laptop along and are assisted by tutors or computer group members with individual tasks or problems.

Contact George 5541 0706

Conversational French

Mondays 1 pm-3 pm, at Centacare rooms. Introduction to conversational French.

Contact Jane 5541 2321

Genealogy club

No set days - Tricia is willing to help out anyone who is interested, one on one. Participants generally meet monthly by arrangement to discuss progress.

Contact Tricia 5544 1462 or email shikeo@bigpond.com

General discussion group

Meets Tuesdays 9.30 am-11.30 am, Beaucare Community Room, 44 Tina Street, Beaudesert. General discussions on any subject the group wishes. Group participation is the key here.

Contact Andy 5541 2072

A History of European Art

Meets Thursday mornings, 10 am-12 noon, Centacare rooms. The course should appeal to lovers of art and/or history.

Contact Jean 5541 3706

Jigsaw library

Select a jigsaw to use from the library. For selection and collection, contact Sandra, 5541 0978.

Mah Jong - Jimboomba

Meets every Tuesday afternoon 11 am-2 pm, Dorrington House, Jimboomba.

Contact Elizabeth 5546 9689.

Mah Jong - Beaudesert

Meets Thursday afternoons, 1 pm-3.30 pm, Centacare rooms. Beginners welcome.

Contact Andy 0408 801 780

Mosaics

Meet Mondays 1.30 pm-4 pm at 533 Cryna Road, Beaudesert. A hands-on course in this fascinating art form which will encourage your imagination to create delightful objects.

Contact Beryl 5541 2120

Nordic walking

Meet Wednesday and Friday mornings, 7 am-8 am at the soccer field by Beaudesert tennis courts. Wear a comfortable pair of sports walking shoes, bring a pair of poles and a bottle of water.

Contact Lawrie 0423 322 975

Social lunches/outings

U3A members social lunches/outings will be held on the second Friday of the month. Next outing 13 November - [see page 3 for details](#)

Social tennis

Wednesdays 8 am-12 noon, venue Beaudesert tennis courts Boonah Road

Contact Tex 5541 4772

Table tennis

Thursdays 9 am-12 noon, held at the Uniting Church hall.

Contact Des or Pamela 5541 2662 or 0448 133 146

Card playing *Pat Millard*



(L-R) Tex, Margaret, Andy, Lise hiding their hands in a game of 500

Having moved into the Beaudesert area towards the end of last year I was eager to find someone I could play cards with as I had been a member of another U3A group. I was delighted to be offered the chance of starting a group here.

There was a group of just enough people to brave the lion's den for an initial discussion at which it was decided that the game we would begin with would be bolivia, an extension of canasta. Our numbers were soon swelled by some of the Jimboomba U3A group and now, some months down the line, we number 16, playing up to three different games (bolivia, euchre and 500) each week.

Before very long new players were proving to be formidable opponents of the more experienced players and this brings forth plenty of repartee which keeps the atmosphere light and fun-filled as well as stimulating and absorbing. Some are even reluctant to take a break for afternoon tea!

We would love to increase our class numbers so, if you would like to try us out, we are always open to new players joining us . . . and don't be shy, remember that none of us knew how to play originally!

For further information contact Pat, 5541 2492.

Social lunch

Andy Fechner



On Friday 9 October, a group of 26 U3A members, gathered at the Beach House at Browns Plains to enjoy some camaraderie and chatter, while partaking of good value for money meals.

Most took the opportunity to visit the Browns Plains Grand Plaza shopping centre

to have a good look around, and I believe some went to the early session at the movies.

The venue was well laid out, licensed, and had a comprehensive \$9.90 lunch specials menu in addition to their full menu. We were well seated as a group at adjoining tables along the open front section of the restaurant, and were able to mix around very well.

It was a pleasure to have Val and Peter Chapman with us for the day, visiting from their new home base of Ningi, where they have now settled in very well. Val and Peter are now members of Bribie Island U3A, and have said that they intend to join Caboolture U3A as well in 2016.

November social lunch

If an eating place is good, the patrons will go back. The lunch held at the Veresdale Hotel was so successful last time it was decided to make that the venue for the November social outing on Friday 13 November.

So, get in touch with Di Johnson, by 9 November - phone 0468 849 448, e-mail candyroxy1946@gmail.com - to book your place. The final get together for 2015 is the free Christmas lunch at Centacare on 4 December.

Our kitchens rule

Tina Jones

We all love lamb in some form and our cooking class recipe this month is Moroccan lamb pie. Although it takes a little extra preparation time, it is truly worth the effort. Made with lamb shanks and a tomato based sauce seasoned with flavoursome spices, then wrapped in filo pastry and coiled into a spring form pan, it makes an interestingly exotic looking dish.

This is the last class from my kitchen as the end of another year approaches. It's been most enjoyable with lots of fun and laughs shared while preparing the delicious recipes made. A BIG THANK YOU to all who have attended and made this year great!!

From my kitchen Tina Jones



What's on at the library

1 Colouring-in for grown-ups



The current world-wide craze for colouring-in has not abated, and now the Beaudesert library has started a session from 10-11 am on Fridays. Join the group, have a cuppa, and enjoy this so-not-childish pastime!

2 Iraq veteran to speak

Also at the library, former Army veteran Peter Rewco will describe what it's like being on the ground in Iraq, when he is guest speaker at the Conversations session at 10.30 am on Thursday November 12. A sergeant with 33 years of experience in the regular Army and reserves, Peter was a crewman on an armoured vehicle at the Tillal air base in south eastern Iraq.



3 Volunteer opportunities



The Beaudesert library is currently looking for volunteers to scan and catalogue items from the Beaudesert Times - no particular skills required. Ring 5540 5142 or enquire at the front counter.

More notes from up north

Val Chapman from sunny Ningi

My experiences with line dancing and aqua aerobics have been very different from Beaudesert.

Early on in the year I went to a line dancing class at Bribie Island U3A only to be told, quite politely I must admit, that I was not good enough for their class and it was suggested that I went to the beginners' group. I was somewhat taken back by this, so instead did nothing about it for a few weeks. As we have a reciprocal arrangement with Caboolture and they have a class for those who have had some experience, I decided to contact them. They made me very welcome but to my horror I found that I had about 12 new dances to learn all at once.

Introducing - Di Johnston - Social

What chore do you absolutely hate doing?
Nothing really

If you were reincarnated as an ice cream flavour, what would it be?
Macadamia

If someone wrote your biography, the title would be
"She Tried"

What is the best gift you ever received, and what is the worst?

Best gift - a pug dog. Worst gift - a lawn mower

What was your favourite food as a child?
Roast - still is

If you could learn to do anything, what would it be?
Learn to swim

What was your favourite thing to do when you were a child?
Ride my two-wheel scooter



Being determined, I persevered with some wonderful help from the ladies. Just as I was mastering all the new dances I had the misfortune of twisting my knee and damaging the ligament in the back of the knee. On the doctor's advice I gave up line dancing for the time being. It has been over two months now and it is still causing me a lot of discomfort which has also affected my hamstrings due to lack of use as I was unable to keep up my 4 km daily walks also.

This led to my next venture - going back to aqua aerobics. I thought this will fix things. U3A does not have a group as the local pool runs its own classes so I had no choice but to go there at three times the cost. The class is run by a very fit professional fitness expert and although everyone in the class is 60plus years old (some in their



80s) she has us on the move constantly, flat out for an hour in time with blaring fast music. So once again I am suffering from aches and pains in just about every muscle in my body. I have been going for three weeks and I am only just coming to grips with it. Every morning I wish I was back in Beaudesert with the more relaxed Trish Fraser. Wish you were here Trish!!! To think I thought you were hard on us at times...



A Word or Two

about this and that
Yvonne Berry

Did you take the opportunity to go and watch the production of the Wizard of Oz at The Centre recently? If you did not, you really missed seeing a classy, professional, slick and tuneful performance by some very talented locals.

Beaudesert High School student Jessica Holbrook stars as Dorothy and if this is her first major role in musical theatre, the future bodes well for her as a performer.

Congratulations - and thank you - to Julie, her cast and crew, for providing such top rate entertainment.

Earlier in the month I went to a Glad's Girls concert for the first time - and enjoyed listening to a great little choir.

Then I read about the classic movies being shown from time to time at The Centre. Being a sucker for corny old movies I just had to watch this month's movie. Sadly the advertised Gene Kelly/Frank Sinatra musical was not available and so we watched "I Was a Male War Bride", created back in the 40s. How proper everyone was portrayed and spoke back then and how different the acting styles were compared to today. Lots of fun - the whole eight of us in the audience thoroughly enjoyed it.

I'm supporting "local" more in the future.

U3A Beaudesert welcomes three new members - Denielle Sartori, Jennifer Wilmink, and Graeme Foreman.

We look forward to meeting you at the activities you have chosen for yourself where we are sure you will make many new friends.

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Ask a silly question ...

It was mealtime during a flight on a British Airways plane. "Would you like dinner?" the flight attendant asked the man seated in the front row. "What are my choices?" the man asked. "Yes or no," she replied.

A lady was picking through the frozen chickens at a Woolworths store but she couldn't find one big enough for her family. She asked a passing assistant, "Do these chickens get any bigger?" The assistant replied, "I'm afraid not, they're dead."

The policeman got out of his car and the teenager he stopped for speeding rolled down his window "I've been waiting for you all day," the cop said. The kid replied, "Well I got here as fast as I could." When the policeman finally stopped laughing, he sent the kid on his way without a ticket.

I love to sing ...

Laurel and Tina, members of the Achoired Taste choir, singing at the recently-held St Thomas's fair.

'Anything you can sing, I can sing better ...'

'No you can't, no you can't, no you can't ...'



Thank you to all of our sponsors



Beaudesert U3A

Members' Day

Two exciting events

Friday 4
December 2015

Come and hear Margy Rose present "Piaf from the Heart" at The Centre

10 am morning tea

11 am concert

finish around 12 noon

Tickets \$12.50 for groups of 10 or more

Tickets selling fast so please RSVP immediately.

Followed by free lunch at Centacare, Petersen Street for Beaudesert U3A members

- * 12.15 pm for 1 pm lunch
- * Christmas theme
- * BYO wine/beer, soft drinks and juice provided
- * \$100 board raffle
- * Lucky door prizes
- * Light entertainment

Please select event and advise the number of people who will be attending

- * Margy Rose concert followed by lunch at Centacare
- * Lunch only

RSVP NOW to Andy Fechner

Email andyfechner@bigpond.com

Phone/text **0408 801 780**

