



# O.W.L.S.

OLDER WISER LEARNING SENIORS



## President's piece Andy Fechner

Volume 9 Issue 11  
November 2019

### Management committee members

<i>President</i>	
Andy Fechner	Ph 5541 2072
<i>Vice president</i>	
Lise Leatherbarrow	Ph 0438 754 269
<i>Secretary/newsletter</i>	
Yvonne Berry	Ph 5541 2604
<i>Treasurer</i>	
Helen Atkinson	Ph 0488 411 755
<i>Membership secretary/assistant treasurer</i>	
Michele Goucher	Ph 5541 3870
<i>Course coordinator</i>	
Laurel Fechner	Ph 5541 2072
<i>Webmaster</i>	
George Evans	Ph 5541 0706
<i>Facebook</i>	
Finella Loch	Ph 5541 4491
<i>Social activities facilitators</i>	
Di Johnson	Ph 0468 849 448
Pat Millard	Ph 5541 2492
<i>Publicity</i>	
Cheryl Folley	Ph 5544 2024

### Friends of the committee

If you would like to join with the following people who have nominated that they will help where they can at occasional events outings and functions, your involvement will be most welcome.

June Carey	Patricia Castles
Carol Castles	Trish Alexander
Denice Knight	Rita Evans
Rosemary Ryan	Catherine Kelly
Judith Zaugg	

To register as a friend of the committee, please contact Andy Fechner

P 5541 2072  
E andyfechner@bigpond.com

By the time this newsletter reaches you, November will be starting - hard to believe that there are only a little more than seven weeks until Christmas! The year has just flown by. Not sure about you, but the older I get, the quicker the days seem to go by.

Our U3A financial year ends on 31 December, so your membership fees of \$25 per person for 2020 will be due and payable on 1 January. Please remember that there is no longer a discount for couples. At our last AGM a motion was passed confirming \$25 fees each per year for all members. Pro rata fees for newly joining members through the year are still in place. Those members who have joined in this last term of 2019 and paid \$25 are covered for 2020.

Our Christmas lunch function scheduled for Friday 13 December is a perfect time to renew your fees for 2020, and your new badges and receipts will be issued on the spot. Members and guests are registering quickly for our Christmas lunch (\$10

members, \$35 non-members) at the Beaudesert RSL, so make sure you respond (with payment) to Di Johnson on 0468 849448 or email to: u3abeaudesert@gmail.com to secure your seat. Christmas theme dress is optional, but preferable. Always a prize

for the best Christmas outfit. Aqua aerobics are well underway at the Beaudesert Pool on Tuesday and Thursday mornings from 7.30am. Trish Fraser is looking after our water babies this summer, and she is still rounding up the line

dancers on Tuesday afternoons at the Centre in Beaudesert from 12.45pm until 3.00pm. My congratulations to Trish on being named "Tutor of the Year 2019" at our annual tutors/facilitators' lunch recently.

In closing, don't forget that Melbourne Cup Day is on the first Tuesday in November, so if that is your interest I wish you good luck in your flutter!

Till next edition.

Andy



A warm U3A Beaudesert welcome is extended to our new members -

Peter Venz, Brendan Dever, Lyn Colefax, Shirley Hardke.

We look forward to seeing you at the activities you have chosen for yourself where, we are sure, you will make many new friends.



Best wishes for a very **happy birthday** to our members celebrating birthdays in November:

Kay Andrews	Peter Cahill	Cheree Cooke
June Costello	Carol Flessr	Bob Fraser
Janice Heit	Anita Mahon	Jayne M'eon
Bill Robson	Kerri Skinner	Claire Slattery
Annie Smith	Margaret Smith	Paulette Watson

If your birthday is in November and is not listed above, please let us know so we can update our records and include you.



Member of U3A Network Queensland

Discount Drugstore 8/47 William Street, Beaudesert is offering free respiratory health checks. Further information is on page 5.

The thoughts and opinions expressed in this newsletter are those of the named individual contributor alone and do not necessarily reflect the views of the editor, U3A committee, U3A, or its members.

# Current courses - term four 8 October-13 December 2019

Course coordinator | Laurel Fechner  
Phone 5541 2072 | Email laurel.fechner@gmail.com

## Acoustic guitar

Thursday afternoons Beaucare, 44 Tina Street 1.30 pm-3.30 pm. Tutor Ken Jurd.

Contact Laurel 5541 2072 email laurel.fechner@gmail.com

## Aqua aerobics

Tuesday and Thursday mornings, 7.30 am-8.30am  
Beaudesert pool.

Contact Trish Fraser 0419 060 988

## Art group - all mediums

Wednesdays 9 am-12 noon Uniting Church Hall, cnr William and Duckett Streets

Contact Denice 5546 9879 or 0402 012 267

## Book club

Meets first Monday of each month 2 pm-4 pm at 151 Cedar Grove Road Cedar Grove. Cheese, nibbles, tea, coffee provided. BYO drinks.

Contact Lynn 5543 1430 or mobile 0417 078 712

## Card playing - Beaudesert

Every Monday 12.45 pm-3.45 pm Arts & Information Centre. Enjoy 500 or Bolivia.

Contact Di 0468 849 448



## Card playing - Jimboomba

Meets every Thursday afternoon 12 noon-3 pm at Dorrington House Jimboomba.

Contact Di 0468 849 448

## Computer/other technologies

First and third Mondays, 9.30 am-12.30 pm, RSL sub branch room. All technologies included - mobiles, computers, tablets, drones, TV channels, electronics, backups, etc.

Contact George 5541 0706

## Croquet club

Play Tuesdays 8.00 am-11.00 am at Everdell Park Gleneagle  
Contact George or Rita 5541 0706

## French - two courses in one (beginners and advanced)

Every Monday 12 noon-2.30 pm RSL Sub Branch rooms, 1st floor, corner William and Brisbane Streets, Beaudesert.

Contact Jane 5541 2321

## Gardening group - BUGs

Meet third Friday of each month 10.00 am-12 noon  
Beaudesert RSL club function room

Contact Liz 048 815 5506, email brizzie@bigpond.com

## General discussion group

Meets Tuesdays 9.30 am-11.30 am Ken Moran Life Centre, 64 Tina Street Beaudesert (behind Beaudesert Hospital).  
General discussions on any subject group members propose.  
Contact Andy 5541 2072

**Indoor bowls** Friday mornings from 9.00 am at St. Thomas's Anglican Church Hall, Albert Street Beaudesert  
Contact Lee 0491 046 181



## Jigsaw library

Select a jigsaw (or a wasgij) to use from the library. To select and collect contact Sandra 5541 0978

## Line dancing/dancing

Tuesday 12.45 pm-3.00 pm \$3 per session The Centre, Brisbane Street Beaudesert

Contact Trish 0419 006 988 or Helen 0488 411 755

## Mahjong - Jimboomba

Meets every Tuesday 11 am-2 pm Dorrington House Jimboomba.

Contact Elizabeth 5546 9689

## Mahjong - Beaudesert

Thursday afternoons 1 pm-3.30 pm Arts & Information Centre.  
Contact Denice 5541 2801

## Meandering through history

DVD presentations and discussion. Beaudesert Library  
Thursdays 10.00am to 12.00 noon

Contact Tricia on 5544 1462

## Mosaics

Meet Mondays 1.30 pm-3.30pm at Arts and Information Centre, Beaudesert a hands-on course in a fascinating art form. \$3/session payable on the day.

Contact Tina 0418 780 861

## Nordic walking/walking

Meet by the pool/library Monday, Wednesday, Friday, walk 6.00 am-7.00 am. Nordic walkers will require a pair of poles, comfortable sports walking shoes, bottle of water. Walkers - poles not needed.

Contact Liz 0488 155 506

**Scrapbooking** Second Monday of each month, 9.30 am-11.30 am, 360 Lambert Road, Nindooinbah. \$10/session for materials payable on the day.

Contact Anita 0408 452 584

## Social lunch

The will be no social lunch in November.

Contact Di text/phone 0468 849 448 or email candyroxy1946@gmail.com

## Social tennis

Wednesdays 8 am-12 noon venue Beaudesert tennis courts Boonah Road.

Contact Tex 5541 4772

## Table tennis

Thursdays 9 am-12 noon held at the Uniting Church hall.  
Contact Des or Pamela 5541 2662 or 0448 133 146

## Travel and adventure group - TAG

Meets second Monday of each month, Beaudesert Library, 9.05 am (library opens 9.00 am)

Contact Ray 0447 554 480, email raymondarthy@gmail.com.

## Trivia puzzling

Wednesday afternoons from 1.30 pm at Beaudesert library.  
Contact Tex 5541 4772



# Social lunch/outing - Boggo Road Gaol

Cheryl Folley



If you weren't there, you should have been! That was the opinion of the 30 or so U3A members and friends who joined our bus trip to Boggo Road Gaol recently. Undoubtedly, we all felt a sense of great relief that we weren't (a) criminals even in modern times and (b) especially criminals in the heyday of this fortress-type prison.

Today the remaining wing of the once-overflowing gaol is made available for tours and even fully-catered celebrations including weddings! But there's no escaping the sense of enclosure that greets visitors as they step into the reception hall with its old prison bell and the warning that anyone who illegally rings it – and can't pay the two-shilling fine – will be subject to 100 lashes. We had an excellent guide Kim, whose sense of humour and constant narrative gave us all a good look at HM's prison as it used to be.

The first gaol buildings opened in 1883 and a women's block was added later. The cells measured around 2m x 2.5m, big enough for one bed, a toilet bucket

and a rough table, but as gaol numbers increased, many cells held up to three prisoners at once. Imagine being confined there from around 5 pm to 6 am, sharing the toilet bucket and probably not able to have a warm shower the next day....

Women prisoners in general were imprisoned for lesser crimes and served shorter sentences than males, but as Kim said, the population increased markedly just before Christmas as the women on conviction were guaranteed a bed, clothing and Christmas dinner, all more than many of them would have had on the outside. But the first murderess, Florence MacDonald, created a different vibe when she arrived, having murdered her 15-year-old stepdaughter by starvation and torture. She could not be let loose in the courtyard while other prisoners were out, and they were all confined when she was given exercise time as feelings ran so high. (But apparently years later, quoting the Bible, she was released and led a blameless life).

Kim's stories were so many that it would take all of OWLS to repeat them. To summarise – in 1988 during Expo, conditions in Division 2 became so crowded and prisoner feelings so extreme that there was a famous rooftop rebellion and the resulting Kennedy Report which eventually led to the closure of Division 2 as it was deemed unfit for purpose. Good decision, we felt.

We left after our tour for lunch in the streamlined environment of the café in the \$270m Ecosciences precinct which is part of the Boggo Road Urban Village, opened earlier this year. And while we all enjoyed the fast and friendly counter service, the staff were equally impressed by our U3A group! The supervisor told Di that Beadesert U3A was "one of the most polite and patient groups that we've had." Maybe it is just that we're of an age group when courtesy ruled, but it's nice to have a compliment.

*Refer to our webpage for more pictures*



(Top row L-R) The main gate, walkway through to cells, etc  
(Bottom row L-R) View from exercise yard, "five-star" ablutions block, "private" toilet  
(Below) Visiting my man



**Helen wants out !!!**

## Go travelling with a new local group... (TAG)

Cheryl Folley

Beaudesert U3A has a new group that could appeal to you. It's to be known as the U3A Travel and Adventure Group (TAG) and members have sketched out their first three forays for 2020.

First is a visit to the Tamborine Mountain Rainforest Skywalk and Mt Tamborine distillery on February 14, hopefully combining with the social lunch group to have lunch at a local venue. Then in March, plans are for a Broadwater cruise from the Marina Mirage at Main Beach to Brisbane, including morning and afternoon tea and a BBQ lunch. A bus will return travellers Marina Mirage to pick up our cars or coach.

June's travel adventure will be to Norfolk Island for a week. Passports will be needed for this, so plan ahead if you are interested.

TAG has already had a successful "trial run" when it combined with the existing U3A social lunch group recently to take a bus trip to Boggo Road Gaol, with lunch afterwards in the impressive Ecosciences building next door to the old gaol buildings.

Coordinator Ray Arthy says the aim is to offer a full range of travel, from local excursions to

caravan or camping trips for more extended periods and anything in between. "We are only limited by our imagination!" he says.

"Our members are already committed to the U3A ideal that they're having one of the best times of their lives as seniors, so why not cement those friendships through travel?" Ray and wife Kirtsey are already confirmed travellers. They like to linger in destinations and thoroughly research the local histories of the places they visit.

TAG plans to have monthly meetings to share memories and photos of trips taken and discuss future activities or adventures.

If any U3A members are interested in coming on any of our excursions please let Ray know asap as discounts are often offered for group bookings. Our next meeting will be at 9.05 am at the Beaudesert library on November 11.

Ray can be contacted by email [raymondarthy@gmail.com](mailto:raymondarthy@gmail.com).



## Mosaics group

Tina Jones

The mosaics group has been busy creating more lovely pieces for their homes, gardens, etc, or as gifts.



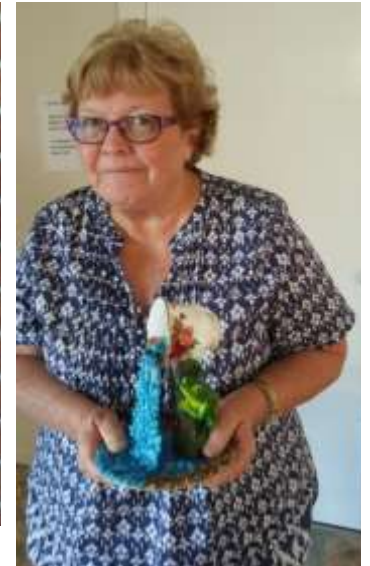
How about the starter piece created by June, our new group member. A great introduction into mastering the basic skills.



Robyn has produced another inspiring piece using an old clock face. A fantastic piece to hang on your wall, indoors or outdoors.



An old pot given a face lift with stones and tiles. Love your work Shirley.



Jan has ventured into her second piece - brilliant.

## For the over 55s

Andy Fechner

On Thursday morning 17 October a group of representatives from various local organisations in Beaudesert (including U3A) visited the Oakland Over 55's Lifestyle Village which is in the early stages of its development.

Situated nearby to McCauley College, the location is close to Beaudesert's main centre, but also has further infrastructure planned to make this a self-sufficient environment. One of the features for the future is a large high care facility adjoining, and a tavern is also planned for the development.

A comprehensive and informative talk was given by the developments builder, and an inspection of a partially completed two-bedroom home on the site was permitted.

A full prospectus of the project is available from the Oakland Estate sales office at 1 Oakland Way, in the Greener Grocer complex. You may find it interesting.



**ARE YOU MANAGING YOUR ASTHMA?**

Did you know that over 2.2 million people have asthma in Australia and approximately 80% of those who use inhaler medication do not use it correctly.

The most common reasons for experiencing poorly controlled asthma are:

- not using preventer at a therapeutic dose and/or frequency (e.g. adherence is suboptimal)
- incorrect inhaler technique
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Email: scenicrim@discountdrugstores.com.au



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**\$5,000**

Camper trailer - family-sized

2010 model, soft floor, side folding 2.1m x 1.5m when packed (7' x 5')  
Registered to 06/03/2020  
Recent upgrades:

- Suspension – square axle, u-bolts, 7-leaf springs
- Electric brake assist
- New jockey wheel
- 2 gas canister cradles on front drawbar
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- Brand new tyres (185 x 14) and wheels
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- ATM: 1150kg      GTM: 1150kg

- Camper tent plus annexe footprint is 5.63m x 4.76m (approx 18' x 15'). Large windows, one of which has a clear all-weather lower section
- Full heavy-duty vinyl cover with zip and velcro attachment to trailer

- Large annexe with walls and floor. (Enough room for your camping furniture such as table with bench seats, pantry, prep table beside stove table, drawers with kitchen equipment and camping fridge)
- Main tent has privacy screen for raised bed area and room for more beds/luggage
- Custom-made folding headboard (to keep pillows in place!) and mattress surround
- Swing out tail door has sink and tap from water tank (under trailer)
- Side cradles for fuel jerry can, and extra gas cylinder (included)
- Removable rails front and back suitable for carrying tinny/surfboard/canoe
- Front post suitable for attaching outboard motor
- Rear stabilising wind-down legs
- Huge storage box on front of trailer includes battery (for pumping water to the sink)
- Poles, spacer bars, ropes, pegs, winder (for stabilising legs) included.
- Instructional CD

Contact John 0412 030 252 or Claire 0414 707 581

Multi draw

R A F F L E



\$50 meat voucher  
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Bed cover  
152 cm x 236 cm



Reversible bed cover  
112 cm x 190 cm



Nescafe Dolce Gusto  
Coffee maker



15-year old Dimple

\$2 each or 3 for \$5

Tickets available from committee members, tutors  
Drawn 13 December at Christmas lunch  
Winners notified by phone if not present

\$50 voucher  
Mitre 10



Pharmacist to customer: Please understand, to buy an anti-depression pill you need a proper prescription ... Simply showing your marriage certificate and your wife's picture is not enough."

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