



# O.W.L.S.

OLDER WISER LEARNING SENIORS

Volume 7 Issue 8  
September 2017

## Management committee members

<b>President</b>	
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<b>Vice President/Publicity Officer</b>	
Ray Folley	Ph 5544 2024
<b>Secretary/Newsletter</b>	
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Finella Loch	Ph 5541 4491
<b>Social activities facilitator</b>	
Di Johnson	Ph 0468 849 448
<b>Membership Secretaries</b>	
Sue Estbergs	Ph 5541 4445
Sue Manning	Ph 3200 1619

## Friends of the committee

If you would like to join with the following people who have nominated that they will help where they can at occasional events outings and functions, your involvement will be most welcome.

June Carey	Patricia Castles
Carol Castles	Trish Alexander
Denice Knight	Rita Evans
Lise Leatherbarrow	Catherine Kelly
Rosemary Ryan	

To register as a friend of the committee, please contact:

- Andy Fechner president OR
- Donna Fowler course coordinator

P 5541 2072 | 5543 3739

E andyfechner@bigpond.com  
normdonna@dodo.com.au



Member of U3A Network Queensland



## President's piece Andy Fechner

Ahhh September - spring is in the air – a time when a young man's fancy turns to love, (or so the poets say).

The flowers and bushes have been tricked into blooming weeks ago, and as usual at this time of the year we are all hoping for some rain to freshen the place up a bit.

Lots happening in September in the Scenic Rim, with plenty of events coming up in Beaudesert at The Centre, the library and Jubilee Park. Keep an eye out for notices in the local papers. Senior's Week is just ending, and the first week of September is Adult Learner's Week. Your U3A will feature at the Beaudesert Library from the 4<sup>th</sup> to the 8<sup>th</sup> with an information stand and someone on hand to talk about our activities. Come along and bring a friend!

The annual Beaudesert Show features on Friday 8 and Saturday 9, and many of our members will be exhibiting, volunteering or just visiting as

spectators.....so, "see you at the Show".

PLEASE! IF YOU HAVE ENTERED A SHOW COMPETITION AND HAVE WON A PRIZE, OR HAVE A STORY TO TELL....LET US KNOW. SEND US A PICTURE AND DETAILS AS WE WOULD LOVE TO FEATURE THOSE SUCCESSES IN OUR NEXT NEWSLETTER:

u3abeaudesert@gmail.com

Lastly, but not least, term three finishes on Friday 15 September, so a few of our courses will be taking a break, returning for term four on 3 October. Talk to your course tutor / facilitator for details.

In line with this, the Beaudesert pool reopens on Saturday 16 September, so our aqua aerobics group will be back in full swing before too long. We will keep you advised.

Have a great month and stay safe!

Until next edition,

Andy

## Home hosting - Commonwealth Games April 2018

With the Commonwealth Games fast approaching, there is no doubt that the demographic covering our U3A membership base will be well represented in the form of both volunteers and spectators at this Gold Coast event in April 2018. The Queensland State Government has recognised that seniors will play a part in the success of the Games, and has already committed to funding for the WGT (We'll Get You There) programme assisting seniors with public transport. This is planned to commence in September 2017 in preparation for next year's event.

A suggestion has been made that U3A members with the potential and willingness to "host" or "billet" during the Games might be happier doing so for U3A members from other branches in Queensland or Australia who want to attend the Games. Accommodating like-minded people from the same organization has far more appeal. Costs for "hosting" to be set / negotiated by those getting involved.

Interested? Contact u3abeaudesert@gmail.com, attention Andy Fechner.

## Birthdays wishes

Best wishes for a very happy birthday for these Beaudesert U3A members celebrating birthdays in September:

Ron Andrews	Sandra Maultby
Bronwyn Newman	Anne Beulah
Jim Caswell	Carole Stokes
Pat Caverly	Jocelyn Jenkinson
Robin Kelly	Marilyn Taylor
Judy West	Tex White



Have you let us know the month of your birthday? If not, send an email to us (address at top of page) so we can include you in our birthday wishes.

The thoughts and opinions expressed in this newsletter are those of the named individual contributor alone and do not necessarily reflect the views of the editor, U3A committee, U3A, or its members.

## Current courses - term three 2017 10 July-15 September

### Acoustic guitar

Thursdays Centacare rooms 1.30 pm-3.30 pm. Tutor Ken Jurd.  
Contact Laurel 5541 2072 email andyfechner@bigpond.com

### Aqua aerobics

Tuesday and Thursday mornings 7.30 am, Beaudesert pool commencing 19 September  
Contact Paulette 5543 1261

### Art appreciation

Thursdays 10 am-12 noon Centacare rooms. Contact Mary 5544 3146 or Jean 5541 3706

### Art group "The Limners"

Wednesdays 9 am-12 noon at the Centacare rooms.  
Contact Denice 5546 9879

### Book club

Meets first Monday of each month 2 pm-4 pm at 151 Cedar Grove Road Cedar Grove. Cheese, nibbles, tea, coffee provided. BYO drinks.  
Contact Lynn 5543 1430 or mobile 041 707 8712

### Card playing - Beaudesert

Every Monday 1 pm-4 pm at Centacare rooms Enjoy euchre, canasta, samba, 500 or Bolivia.  
Contact Pat 5541 2492 or 0413 121 367

### Card playing - Jimboomba

Meets every Thursday afternoon 12 noon-3 pm at Dorrington House Jimboomba.  
Contact Pat 5541 2492 or 0413 121 367

### Croquet club

Play Tuesdays 8.30 am-12 noon at Everdell Park, Gleneagle.  
Contact George 5541 0706 or Trish 042 948 9989

### Computer group

Mondays 10 am-12 noon at Centacare bistro room. Members may bring their laptop along for assistance by tutors or computer group members with individual tasks or problems.  
Contact George 5541 0706

### Gardening group - BUGs

Meet third Friday of each month 10.00 am-12 noon at Centacare. Trips away between each meeting.  
Contact Liz 048 815 5506, email brizzie@bigpond.com

### General discussion group

Meets Tuesdays 9.30 am-11.30 am Ken Moran Life Centre, 64 Tina Street Beaudesert (behind Beaudesert Hospital). General discussions on any subject group members propose.  
Contact Andy 5541 2072

### Jigsaw library

Select a jigsaw (or a wasgij) to use from the library. For selection and collection contact Sandra 5541 0978.

### Mahjong - Jimboomba

Meets every Tuesday 11 am-2 pm Dorrington House Jimboomba.  
Contact Elizabeth 5546 9689

### Mahjong - Beaudesert

Thursday afternoons 1 pm-3.30 pm Centacare rooms. Beginners welcome.  
Contact Denise 5541 2801

*All course participants must be paid up members of Beaudesert U3A. Most sessions have a minimum fee of \$2 towards venue expenses (tea/coffee aircon etc.) If necessary, extra course costs for other requirements will be set by tutors.*

### Mosaics

Meet Mondays 1.30 pm-3.30pm at 533 Cryna Road Beaudesert. A hands-on course in a fascinating art form.  
Contact Beryl 5541 2120



### Nordic walking

Meet by the pool/library Monday, Wednesday and Friday mornings, walk 7.00 am-8.00 am. You will need a pair of poles, comfortable sports walking shoes, bottle of water.  
Contact Lawrie 0423 322 975



*The Nordic walkers walk a section of the new by-pass road*

### Social conversational French

Every Monday 1.00 pm-3.00 pm Centacare rooms.  
Contact Jane 5541 2321

### Social lunch - September

There will be no social lunch for September - see page 3 for details.

### Social tennis

Wednesdays 8 am-12 noon venue Beaudesert tennis courts Boonah Road.  
Contact Tex 5541 4772

### Table tennis

Thursdays 9 am-12 noon held at the Uniting Church hall.  
Contact Des or Pamela 5541 2662 or 0448 133 146

**Thank you** to all of our **sponsors**



BEAUDESERT BUTCHERY  
**Heit's Quality Meats**

## Social lunch August



Wow! What a great venue, what amazing food! A somewhat smaller group of members attended the August social lunch at Greenbank RSL and everyone thoroughly enjoyed themselves. There was no waiting to be served (it was buffet so help yourself) the food was plentiful, freshly cooked, very tasty and what an

amazing array of dishes from which to choose. Plenty of really friendly wait staff who kept our tables cleared, kept all the dishes topped up. Coupled with that, a great group of people; a truly enjoyable outing for just \$15 – we all had our money's worth and then some. When are we going again?



**Prawns were the most popular selection - before (left) and after (right)**

## Social lunch September

The September social lunch was scheduled for Friday 8 September, which happens to be the first day of the Beaudesert Show. As so many of our members are involved with the Show in one capacity or another, or may wish to attend as a visitor, there will be no formal social lunch for September.

Details of the October social lunch will be advised in due course. In the meantime – “see you at the Show”.

## BUGs

Liz Avery

Such a pleasant day on Friday 18 August exploring Donna's interesting garden with its many quirky mosaics and whimsical garden art (*R, the real Andy with the not-so-real model*). Also enjoyable to chat with like-minded people over a delicious shared lunch. Thank you Donna and Norm for your warm hospitality and for sharing your garden with us. Thank you also to President Andy for joining us on our birthday. We were also able to thank Laurel for making us the BUGs banner. It has been wonderful to have such support and encouragement from U3A.

A reminder if you plan on entering exhibits at Beaudesert Show, the closing dates for entries are as follows:

- Jams, pickles etc, cookery section, needlework and handcraft, photography, fine arts, pottery, garden competition  
Entry forms to be lodged at show office by 28 August.
- Horticulture, fruit and vegetables and honey  
Entries up till 8am on Friday 8 September.

Office hours at the showground are Monday-Friday 9am-4pm or you can lodge online at [secretary@beaudesertshow.com.au](mailto:secretary@beaudesertshow.com.au)

Susan and Bob Topping are having an open garden on the weekend of 16/17 September at 285 Boomerang Drive, Kooralbyn from 10am-4pm. They have a lovely native garden and will have plants for sale and morning and afternoon teas. If any BUGs can spare an hour to help on those days it would be appreciated. Let's hope for some rain for them before then.

The following week, 22/23/24 September is Springtime on the Mountain at Tamborine, always a lovely weekend. Check out the website <http://tmbotanicgardens.org.au/springtime/>



## A Word or Two *about this and that*

Yvonne Berry

I attended the Belladiva concert recently held at The Centre. What amazing voices and what talents these four women have. Not only could they sing, each of them also played a musical instrument or were music arrangers and they had a varied selection of songs.

Sadly, there seems to be a common misconception about the hearing ability of audiences. I know most of the audience were in the 50+ age group (probably more into the 60+ age group) and I also know that our hearing can diminish over time. What I don't understand is why, with four such powerful voices a sound system was needed at all, let alone one that was cranked up to unpleasantly high levels. I have taken

cotton wool with me to concerts (and movies) in the past to put in my ears in an endeavour to turn the sound down - I forgot this time.

This "problem" is not peculiar to local productions. Producers of some of the big theatrical shows (and cinemas) also seem to be unaware of how unpleasant too high a volume is. Sort of detracts from an otherwise enjoyable experience.

Just have to remember to pack my cotton wool next time ...



# Instructions for giving your cat a pill

contributed by Jim Caswell



- 1 Pick cat up and cradle it in the crook of your left arm as if holding a baby. Position right forefinger and thumb on either side of cat's mouth and gently apply pressure to cheeks while holding pill in palm of right hand. As cat opens mouth, pop pill into it. Allow cat to close mouth and swallow.
- 2 Retrieve pill from floor and cat from behind sofa. Cradle cat in left arm and repeat process.
- 3 Retrieve cat from bedroom, and throw soggy pill away
- 4 Take new pill from foil wrap, cradle cat in left arm holding rear paws tightly with left hand. Force jaws open and push pill to back of mouth with right forefinger. Hold mouth shut for a count of ten.
- 5 Retrieve pill from goldfish bowl and cat from top of wardrobe. Call spouse from garden.
- 6 Kneel on floor with cat wedged firmly between knees, holding front and rear paws. Ignore low growls emitted by cat. Get spouse to hold cat's head firmly with one hand while forcing wooden ruler into mouth.
- 7 Retrieve cat from curtain rail, get another pill from foil wrap. Make note to buy new ruler and repair curtains. Carefully sweep shattered figurines from hearth and set to one side for gluing later.
- 8 Wrap cat in large towel and get spouse to lie on cat with its head just visible from below spouse's armpit. Put pill in end of drinking straw, force cat's mouth open with pencil and blow down drinking straw.
- 9 Check label to make sure pill is not harmful to humans; drink glass of water to take taste away. Apply band-aid to spouse's forearm and remove blood from carpet with cold water and soap.
- 10 Retrieve cat from neighbour's shed. Get another pill. Place cat in cupboard and close door onto neck to leave head showing. Force mouth open with dessert spoon. Flick pill down throat with elastic band.
- 11 Fetch screwdriver from garage and put door back on hinges. Apply cold compress to cheek and check records for date of last tetanus shot.
- 12 Ring fire brigade to retrieve cat from tree across the road. Apologise to neighbour who crashed into fence while swerving to avoid cat. Take last pill from foil wrap.
- 13 Tie cat's front paws to rear paws with garden twine and bind tightly to leg of dining table. Find heavy duty pruning gloves from shed. Force cat's mouth open with small spanner. Push pill into mouth followed by a large piece of fillet steak. Hold head vertically and pour a pint of water down throat to wash pill down.
- 14 Get spouse to drive you to emergency room; sit quietly while doctor stitches fingers and forearm and removes pill remnants from right eye. Stop by furniture shop on way home to order new table.
- 15 Arrange for animal refuge to collect cat and call local pet shop to see if they have any hamsters.

## Dead Horse Theory

contributed by Cheryl Folley

The tribal wisdom of the Dakota Indians, passed on from generation to generation, says that "When you discover that you are riding a dead horse, the best strategy is to dismount."

However, in government more advanced strategies are often employed, such as:

1. Buying a stronger whip.
  2. Changing riders.
  3. Appointing a committee to study the horse.
  4. Arranging to visit other countries to see how other cultures ride dead horses.
  5. Lowering the standards so that dead horses can be included.
  6. Reclassifying the dead horse as living-impaired.
  7. Hiring outside contractors to ride the dead horse.
  8. Harnessing several dead horses together to increase speed.
  9. Providing additional funding and/or training to increase the dead horse's performance.
  10. Doing a productivity study to see if lighter riders would improve the dead horse's performance.
  11. Declaring that as the dead horse does not have to be fed, it is less costly, carries lower overhead and therefore contributes substantially more to the bottom line of the economy than do some other horses.
  12. Rewriting the expected performance requirements for all horses.
- And, of course...
13. Promoting the dead horse to a supervisory position.



## Time to smile

contributed by Andy Fechner

A wife asks her husband, "Could you please go shopping for me and buy a carton of milk and if they have avocados, get six. A short time later the husband comes back with six cartons of milk. The wife asks him, "Why did you buy six cartons of milk?" He replied, "They had avocados."

My husband and I divorced over religious differences. He thought he was God and I didn't.

I don't suffer from insanity; I enjoy every minute of it.

Some people are alive only because it's illegal to kill them.

*(If you're a woman, I'm sure you're going back to read it again. Men will get it the first time.)*

## Thank you to all of our sponsors

