



O.W.L.S.

OLDER WISER LEARNING SENIORS

Volume 9 Issue 9
September 2019



President's piece
Andy Fechner

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Finella Loch Ph 5541 4491
- Social activities facilitators**
Di Johnson Ph 0468 849 448
Pat Millard Ph 5541 2492
- Publicity**
Cheryl Folley Ph 5544 2024

Friends of the committee

If you would like to join with the following people who have nominated that they will help where they can at occasional events outings and functions, your involvement will be most welcome.

- | | |
|---------------|------------------|
| June Carey | Patricia Castles |
| Carol Castles | Trish Alexander |
| Denice Knight | Rita Evans |
| Rosemary Ryan | Catherine Kelly |
| Judith Zaugg | |

To register as a friend of the committee, please contact Andy Fechner

P 5541 2072
E andyfechner@bigpond.com



Member of U3A Network Queensland

From September winter is formally over, and we enter spring, a season of growth and renewal. I won't linger too long on the topic of the dry weather, as it remains a signal of the extremely difficult situation faced by those engaged in rural activities in the Scenic Rim. The bushfire risks in our area continue to grow as good rain periods become a distant memory.

Again, there is plenty happening this month, with Father's Day on Sunday 1 September, followed by the local Beaudesert Show on Friday 6 and Saturday 7. Many of our U3A members will be entering exhibits in the show to display their skills. I wish all entrants success, and please send your results and photos to our OWLS editor for future publication.

Our third term finishes in line with the school holidays on Friday 20 September. Please check with your course tutor/facilitator to confirm that your activity will operate during the two week break. September also brings the commencement of the next SRRC

"Be Healthy and Active" programme. Details of this 12-month activity further in this newsletter.

NEW U3A INTEREST GROUP
One of our U3A couples, Ray and Kirtsey Arthy, have suggested forming a travel group within our U3A.



An inaugural meeting will be held on Monday 9 September from 9.00am at the Beaudesert Library to measure interest. A small survey of attendees will be done on the day to determine potential categories/activities.

An indication of the sense of humour of the organisers is the chosen name for the group....."NDY Travellers" (Not Dead Yet Travellers). Be warned, this group could be a lot of fun..!!

Till next edition

Andy

No line dancing on these dates:

3 December - Centre unavailable
27 August - Centre unavailable
10 December - Centre unavailable
24 September - school holidays
1 October - school holidays
8 October - Centre unavailable
29 October - Centre unavailable

This means that the last date for line dancing for 2019 will be Tuesday 26 November.

Welcome A warm U3A Beaudesert welcome is extended to our new members - Gary Chapman, Marg Mullen, Sissy Bath, Alison Mackenzie, Ryan Thomas, Janelle Whitten



We look forward to seeing you at the activities you have chosen for yourself where, we are sure, you will make many new friends.



Best wishes for a very happy birthday to our members celebrating birthdays in September:

- | | | |
|----------------|------------------|--------------|
| Ron Andrews | Helen Atkinson | John Beswick |
| Anne Beulah | Jim Caswell | Pat Caverly |
| Cynthia Earl | Brenda Fielding | Glenda Hicks |
| Sandra Maultby | Margaret McCombe | David Milton |
| Nerida Munsel | Gordon Paton | Diane Rewko |
| Jaime Strauss | Judy West | Tex White |

If your birthday is in September and is not listed above, please let us know so we can update our records and include you.

Current courses - term three 15 July-20 September 2019

Course coordinator | Laurel Fechner
Phone 5541 2072 | Email laurel.fechner@gmail.com

Acoustic guitar

Thursday afternoons Beaucare, 44 Tina Street 1.30 pm-3.30 pm. Tutor Ken Jurd.
Contact Laurel 5541 2072 email laurel.fechner@gmail.com

Aqua aerobics

Now in recess until term 4 2019.
Contact Paulette 5543 1261

Art group - all mediums

Wednesdays 9 am-12 noon Uniting Church Hall, cnr William and Duckett Streets
Contact Denise 5546 9879 or 0402 012 267

Book club

Meets first Monday of each month 2 pm-4 pm at 151 Cedar Grove Road Cedar Grove. Cheese, nibbles, tea, coffee provided. BYO drinks.
Contact Lynn 5543 1430 or mobile 0417 078 712

Card playing - Beaudesert

Every Monday 12.45 pm-3.45 pm Arts & Information Centre. Enjoy 500 or Bolivia.
Contact Di 0468 849 448



Card playing - Jimboomba

Meets every Thursday afternoon 12 noon-3 pm at Dorrington House Jimboomba.
Contact Di 0468 849 448

Computer/other technologies

First and third Mondays, 9.30 am-12.30 pm, RSL sub branch room. All technologies included - mobiles, computers, tablets, drones, TV channels, electronics, backups, etc.
Contact George 5541 0706

Croquet club

Play Tuesdays 8.30 am-11.30 am at Everdell Park Gleneagle
Contact George or Rita 5541 0706

French - two courses in one (beginners and advanced)

Every Monday 12 noon-2.30 pm RSL Sub Branch rooms, 1st floor, corner William and Brisbane Streets, Beaudesert.
Contact Jane 5541 2321

Gardening group - BUGS

Meet third Friday of each month 10.00 am-12 noon Beaudesert RSL club function room
Contact Liz 048 815 5506, email brizzie@bigpond.com

General discussion group

Meets Tuesdays 9.30 am-11.30 am Ken Moran Life Centre, 64 Tina Street Beaudesert (behind Beaudesert Hospital). General discussions on any subject group members propose.
Contact Andy 5541 2072

Indoor bowls Friday mornings from 9.00 am at St. Thomas's Anglican Church Hall, Albert Street Beaudesert
Contact Lee 0491 046 181

Jigsaw library

Select a jigsaw (or a wasgij) to use from the library. To select and collect contact Sandra 5541 0978

Line dancing/dancing - see page 1 for changes

Tuesday 12.45 pm-3.00 pm \$3 per session The Centre, Brisbane Street Beaudesert
Contact Trish 0419 006 988 or Helen 0488 411 755

Mahjong - Jimboomba

Meets every Tuesday 11 am-2 pm Dorrington House Jimboomba.
Contact Elizabeth 5546 9689

Mahjong - Beaudesert

Thursday afternoons 1 pm-3.30 pm Arts & Information Centre.
Contact Denise 5541 2801

Meandering through history

DVD presentations and discussion. Beaudesert Library
Thursdays 10.00am to 12.00 noon
Contact Tricia on 5544 1462



Mosaics

Meet Mondays 1.30 pm-3.30pm at Arts and Information Centre, Beaudesert a hands-on course in a fascinating art form. \$3/session payable on the day.
Contact Tina 0418 780 861

Nordic walking/walking

Meet by the pool/library Monday, Wednesday, Friday, walk 6.00 am-7.00

am. Nordic walkers will require a pair of poles, comfortable sports walking shoes, bottle of water. Walkers - poles not needed.

Contact Liz 0488 155 506

Scrapbooking Second Monday of each month, 9.30 am-11.30 am, 360 Lambert Road, Nindooindah. \$10/session payable on the day.

Contact Anita 0408 452 584

Social lunch August

The next lunch will be on Friday 13 September at the Thai Restaurant, Telemon Street, Beaudesert
Contact Di text/phone 0468 849 448 or email candyroxy1946@gmail.com

Social tennis

Wednesdays 8 am-12 noon venue Beaudesert tennis courts Boonah Road.
Contact Tex 5541 4772

Table tennis

Thursdays 9 am-12 noon held at the Uniting Church hall.
Contact Des or Pamela 5541 2662 or 0448 133 146

Trivia puzzling

Wednesday afternoons from 1.30 pm at Beaudesert library.
Contact Tex 5541 4772

All course participants must be paid up members of Beaudesert U3A. Most sessions have a minimum fee of \$2 towards venue expenses (tea/coffee, aircon, etc). If necessary, extra course costs for other requirements will be set by tutors.

Social lunch - August

The social lunch for August was held at the Beaudesert Hotel and 29 members (plus one guest) attended.

While most agreed the food was tasty and hot, and the prices more than reasonable, the seating arrangements left a bit to be desired. We were crammed in like sardines. However, that did not stop anyone enjoying some great socialising and there was lots of chatter around the tables.

Next month's lunch will be on Friday 13 September at the Thai Restaurant, shop 6, 1 Telemon Street, Beaudesert. RSVP to Di -

- Phone/text 0468 849 448
- Email candyroxy1946@gmail.com

Spouses, partners and friends are welcome to attend this event.



It's time to use our jigsaw library

Cheryl Folley



When is a jigsaw not a jigsaw? The answer: when a jigsaw is actually a wasgij; that is, a jigsaw which when completed does not match the picture on the box. The finished puzzle may show the scene a few moments earlier or later, or even an imaginary scene of what might have happened in the same place many years backwards or forwards.

If this all sounds too difficult, our devoted U3A jigsaw puzzlers say the wasgij is a real challenge but "totally addictive," although not a complete shot in the dark as there are some clues on the back of each box which give a lead or two.

Sandy has around 80 puzzles on hand, ranging between 500 and 1000 pieces, of both traditional jigsaw and wasgij styles. This excellent jigsaw library is part of Beaudesert U3A and available to all of us... something to do when you are not trivia-puzzling, line dancing or making mosaics!

If you would like to try your hand at a puzzle, contact our Guardian of the Puzzles, Sandy Grieve, at 5541 0978.

Ed: From personal experience, the wasgij puzzles are truly a lot of fun to do - a real challenge - the end result is often a surprise.

High tea for Seniors

Andy Fechner



Funded by the SRRC, a high tea was presented on Tuesday 20 August, for Seniors' Week, and U3A members were invited.

Sixteen of our members took advantage of the opportunity, and were very impressed with the offerings. Several varieties of teas were available and there were choices of sweet and savoury bite-sized delicacies. The hostesses were dressed as characters from Doctor Zeuss books *Thing 1* and

Thing 2 due to Book Week occurring at the same time.

The tables were beautifully decorated with little teapots and our very own Tina Jones brought along some flowers to set it all off.

All in all a great couple of hours enjoyed by those who were able to go along.

Tell a friend, pass the news...

Cheryl Folley

Beaudesert U3A will shortly begin another season as partners in the Be Healthy and Active programme run through the Scenic Rim Regional Council. And this time it will be mosaics and line dancing.

The idea is that anyone interested can seize the chance to try out a U3A activity without any expectation that they will actually join. Participation is free, apart from a \$3 contribution for incidentals each time. The free period normally ends in line with the term break, after which the participant may decide to continue as a U3A member. The first sessions for this programme will begin in the first week of September and end late in November.

If you have a friend who you think would enjoy one (or both!) of these activities, details are as follows:

Mosaics – Monday afternoons from 1.30 pm for two hours at the Arts and Information Centre, Brisbane Street/Enterprise Drive corner of the Industrial Estate). Contact Tina on 0418 780 861.

Here's an idea - anyone joining the mosaics group in September might chose to make a Christmas gift as a special project.



Line dancing and other dance steps

– Tuesdays from 12.45 to 3.00 pm in the air-conditioned main room of The Centre, Brisbane street (next to the Council offices). Contact Laurel on 5541 2072 or Trish at 0419 006 988.

The Be Healthy programme will re-start early in 2020 and continue for much of the year. Details of all courses are in the spring JOIn booklet which is being distributed now to all households in the Scenic Rim.

French speakers meet weekly

Cheryl Folley

languages - something which doesn't come easily in mono-lingual Australia. In Beaudesert we have the French group which meets every Monday afternoon at the RSL sub-branch rooms on the corner of Brisbane and William Streets.

Current coordinator Sue Bradbury says that the group is lucky to have a native French speaker, Jacques M'eon, who hails from Lorraine in north-eastern France. He is proud of his heritage, which includes descent from the family of the patron saint of France, the heroine Joan of Arc (Jeanne d'Arc), via an uncle of hers. "And she is still greatly revered even today," he says.

Jacques is readily available to help other members of the group, currently numbering around 12.

But according to wife Jayne, an Australian, she doesn't have any advantage when it comes to practising her French at home. "When I speak to him in French, he answers me in English!" she claims, to laughter from her co-members.

The French group is divided into two, advanced and intermediate speakers. For the first hour every week they divide into their smaller groups, then come together for an hour which includes discussion in both English and French on a wide variety of subjects including culture and history, using online resources, books, newspapers, magazines and podcasts.

Sue Bradbury says that the group is able to include new members who are fluent French speakers at any time of the year but for others there is a twice-yearly intake in July and January, intended to prevent disruption and give less advanced speakers a good start.

If you are already a fluent speaker and would like to join this group, contact Sue via email at smb@skymesh.com.au or phone 5544 3146. Otherwise, you are welcome to register your interest for early in 2020.

An invitation to explore Fort Lytton

Local Probus Club tour director, Neville Green, has invited U3A members to join Probus on a coach trip to Fort Lytton, at the mouth of the Brisbane River, on November 13. This is a chance to get a few friends together and enjoy a great day out.

At this stage, costs are: coach \$20, tour plus morning tea \$7 and lunch at the Wynnum RSL \$14.50. Neville has applied for a Council grant which if available, would reduce the coach fare.

Fort Lytton is Australia's only surviving moated fortress, built in 1881 as part of a chain of defences along Australia's eastern coast. The 13 ha site also provided a training ground for soldiers going off to major wars and a quarantine station also existed there. It is now a national park. The fort site itself covers around one hectare and includes the remains of several colonial buildings, tunnels and a 10m wide moat.

For further enquiries or to make a booking, contact Neville on 0404 956 878.



(Back row L-R) Jane, Sue, Jean
(Front row L-R) Jacques, Jayne, Keith, Bernadette



French native speaker Jacques M'eon helps intermediate group members Margaret George (left) and Diane Rewco to translate recipes in French magazines



How good is your general knowledge?

Answers bottom of page 6

- 1) Who is the author of the series of Harry Potter?
- 2) Is it possible to lick your elbow?
- 3) What were the Hawaiian Islands originally known as?
- 4) Which is the largest state in the United States of America?
- 5) When did the World War II begin?
- 6) In which year did the Titanic sink?
- 7) Which President did John F Kennedy succeed?
- 8) Who was the oldest US president to take office?
- 9) Which is the largest freshwater lake in the world?
- 10) Which British Queen was formerly known as Lady Elizabeth Bowes-Lyon?
- 11) Who is the speaker of the famous speech 'I have a dream'?
- 12) When was apartheid abolished in South Africa?
- 13) What is the height of Mt Everest, the tallest mountain on Earth?
- 14) Is the island of Bermuda a sovereign nation?
- 15) What is Norma Jeane Mortenson famously known as?
- 16) Who was the longest serving President of France?
- 17) Which spacecraft took the first man on the moon?
- 18) How many US Presidents have been assassinated while in office?
- 19) Which is the deepest ocean in the world?
- 20) Who was the last Viceroy of the British Indian Empire?

Thank you to all of our sponsors



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Am I doing ok?

This test is to ascertain your mental state now. If you get one right you are doing ok, if you get none right you better go for counselling.

There are four questions. Don't miss one. Stop and think before you decide on your answer and before you check the answer.

- 1 How do you put a giraffe into a refrigerator?

The correct answer is: Open the refrigerator, put in the giraffe, and close the door. This question tests whether you tend to do simple things in an overly complicated way.

- 2 How do you put an elephant into a refrigerator?

Did you say, open the refrigerator, put in the elephant, and close the refrigerator?

Wrong answer. Correct answer: Open the refrigerator, take out the giraffe, put in the elephant and close the door. This tests your ability to think through the repercussions of your previous actions.

- 3 The Lion King is hosting an Animal Conference. All the animals attend except one. Which animal does not attend?

Correct answer: The elephant. The elephant is in the refrigerator. You just put him in there. This tests your memory. Okay, even if you did not answer the first three questions correctly, you still have one more chance to show your true abilities.

- 4 There is a river you must cross but it is used by crocodiles, and you do not have a boat. How do you manage it?

Correct answer: You jump into the river and swim across. Haven't you been list-en-ing? All the crocodiles are attending the Animal Conference. This tests whether you learn quickly from your mistakes.



Zonta Club of Beaudesert
 invite you to a
**Spring Fashion Parade &
 High Tea**
in a country garden

Saturday, 14th September
 36 Brolga Rd. Beaudesert
 2.00 pm until 5.00 pm

\$30 includes first glass of bubbly or punch.
 Fashions by Dolly's boutique:
 High Tea by Zonta:
 Tickets available at Dolly's, Beaudesert Fair.
 Contact: Ellen Logan.....0408 431 223
 Lucky door prize and Multi-draw raffle

Member courtesy of South Burnett's Office

Willa Weasel (ferret out a good story?)
 of course she will

Some time ago we told the story of one of our members putting some eggs in a pot to boil while she went about other chores. Yep, you guessed it, senior moment (memory loss) resulted in an eruption of some magnitude as the eggs reached and (sur)passed their boiling point and exploded all over the stove and ceiling.

Now, not being one to gossip I have it on good authority that a week or so ago another of our U3A members decided eggs would be lovely for breakfast and put three in a pot of water to cook. Fast forward, a little while later said member was enjoying a coffee and chat with friends at local café, having a lovely, quiet, relaxing start to the day. Then, reverse senior moment, (memory recall), followed by a frantic phone call to husband in the

hopes he was home to save the day (or at least the eggs). Yes he was there; his response "do you want them cooked any longer than this?"



Thanks Bruce - we won't let Liz know she's in print!

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Early symptoms of dementia can include memory loss, difficulty performing familiar tasks, problems with language and changes in personality.

There are currently estimated to be over 46 million people worldwide living with dementia. The number of people affected is set to rise to over 131 million by 2050.



Every 3 Seconds
someone in the world develops dementia

To find out more visit: www.worldalzmonth.org
#WAM2018 #Every3seconds





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Answers to general knowledge quiz

- | | | |
|-------------------------|---------------------------------------|------------------------------------|
| 1) J.K. Rowling | 8) Ronald Reagan (69 years) | 15) Marilyn Monroe |
| 2) No | 9) Lake Superior | 16) Francois Mitterrand (14 years) |
| 3) Sandwich Islands | 10) Queen Elizabeth, the Queen Mother | 17) Apollo 11 |
| 4) Alaska | 11) Martin Luther King, Jr. | 18) 4 |
| 5) 1939 | 12) 1991 | 19) Pacific Ocean (Mariana Trench) |
| 6) 1912 | 13) 8,848 meters (29,029 ft) | 20) Lord Mountbatten |
| 7) President Eisenhower | 14) No | |