

## *Beaudesert University of the Third Age*

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### **Welcome to New Members**

The Management and Membership of the Beaudesert U3A extend a big welcome to the following new members:

**Christine Jackson  
Arthur Jackson  
Beryl Whittaker  
Gloria Eichmann  
Judith Rudd**

We hope your association with the Beaudesert U3A will be a long and fruitful one for both you and the group. Membership continues to expand steadily.



### **Annual General Meeting 2012**



The Management Committee for 2012. Sharon Redmond and Carol Rustichelli were not available for the picture  
Back Row: Val Chapman, Margaret Kendrick, Trish Fraser, Bernie Brown, Hennie Van Dyk, Jean Stevens  
Front Row: Tricia Edward; Peter Chapman, Tex White

On Friday 23<sup>rd</sup> March 2012 Beaudesert U3A Inc. held its Annual General Meeting at Centacare. Twenty members attended and we welcomed guests Elizabeth Tate and Pat Caverly from Jimboomba U3A and Joyce and Paul Barlow from Northern Gold Coast U3A.

The Minutes of the meeting will be forwarded to all members.

### AGM (continued)

During the meeting the current Committee Members stood down and Joy Drescher was invited to conduct the election of new committee members as follows: President – Hennie Van Dyk; Vice President – Val Chapman; Secretary – Tricia Edward; Treasurer – Tex White; Committee Members – Bernie Brown; Peter Chapman; Trish Fraser; Margaret Kendrick; Sharon Redmond; Jean Stevens; Carol Rustichelli. Those in attendance enjoyed a light luncheon provided by Centacare.



### President's Report

Where are we going in 2012? Having had a very successful first year of operation, I see an exciting year ahead not the least from the experiences we have gained. Many of our more than 70 members having participated in one or more of our courses are now comfortable to try out other courses and we will see larger numbers participating in the well established courses. New ideas for courses will emerge.

To assist our dedicated and able management committee I would like to see members assist them by taking on simple tasks reducing their workload; remember little succeeds without a lot of effort. Perhaps a sub-committee just to do a special project. Don't hesitate to offer your help that way or by suggesting a course, better still tutoring/leading one.

Having established our U3A branch it makes sense to combine forces and seek establishing/strengthening links with any other branches interested. I'm pleased that with the Jimboomba U3A we have already a good relationship and the four ladies from the Warwick U3A took advantage of our relationship to come over to participate in Margaret's Mosaic course and are now keen to set up their own course. My view is that, having such a competent management team, I can devote some of my U3A time to seek and explore mutual areas of co-operation and help with other branches in our region.

Hennie



### Our Retiring President

Our inaugural president, Carol Rustichelli, reluctantly was unable to accept a nomination for President for 2012 and at our Annual General Meeting on Friday 23<sup>rd</sup> March our new President, Hennie Van Dyk, gave the following vote of thanks –

*I now have pleasure to move a special vote of thanks to our retiring President Carol Rustichelli stepping down as President for family reasons.*

*Carol has had a roller coaster ride in our rapidly developing U3A branch, being active in promoting us via radio, the Times newspaper and addressing organisations.*

*Carol will continue as a committee member as well as tutor for her camera group and, most importantly, with Val Chapman on the Grants Committee. This committee has been successful in securing grants for a colour laser printer, a laptop computer and a secondhand laptop for use by the line dancing.*

*Carol, we thank you for your contribution to the Beaudesert U3A and would like to present you with this token of our appreciation*



**Carol Rustichelli accepting her award**

## Stop the Press: Great News The BEAUDESERT U3A ART EXHIBITION is set to go!

Our wonderful Grants Committee – Carol, Val and Margaret – have scored another coup! We have been awarded a grant to cover the major costs of staging the exhibition. Plans are already in place for the exhibition from **June 1 till June 15 at the Lyrebird Gallery**. All members are encouraged to participate, and any U3A member wishing to display artwork, should register your intent with a member of the Expo Committee listed below.

Initial arrangements are as follows:

- Paintings, photographs and other works of art must be brought to the Gallery on **Friday, June 1 between 9 am and 11am**. If you cannot bring your work personally, please arrange for someone else to deliver your work.
- Work must be collected on **Friday, June 15 between 9 am and 11am**
- Initially you may hang up to 3 works. All works to be hung must be framed ready for hanging
- All work must be identified, and your signature piece marked so that it can be optimally displayed.
- If you would like to sell your work, please indicate the selling price. Note that the Lyrebird Gallery charges a 25% commission for sales, and you must consider this when determining price.
- There will be an opening party on the evening of **Friday, June 1**, and all members (plus partners) will be invited to attend. A glass of wine will be served on arrival, and more wine will be available for a gold coin donation. As the grant may not cover everything, we would be grateful if all members would bring a plate of finger food to the party. This should be the party of the year, so book your place and make every effort to attend and support your U3A! Further updates will follow.

The Expo Committee is as follows:

Margaret Kendrick (Chair) (Mosaics and Paintings)  
Carol Rustichelli (Grants and Photography)  
Rose Duffy (Hanging Committee and Paintings)  
Chris Purtle (Hanging Committee and Paintings)  
Rose Flanagan (Hanging Committee and Paintings)  
Jean Stevens (Catalogue)

We may need further help with staffing and party arrangements. Contact Margaret to offer assistance.

Apart from paintings, photography and mosaics we have submissions for pottery and jewellery. Please join us!



## The Wisdom Of The Elders

Bernie Brown: Editor

When I first started putting this newsletter out, I decided to include some serious articles or essays which I think are relevant to the Third Age. This approach was not universally popular. The prevailing opinion was that a newsletter should be brief and to the point or nobody will read it. This is why part 2 of an essay, "The Benefits of Aging", in the December issue was never heard of again. Sorry about that: It is a good essay and there may be hope for it yet to appear.

This brings me to the point of this editorial. I am hoping that at least some of our members need a means of circulating relevant and interesting articles and information, as well as personal contributions, with a Third Age perspective. I think the best vehicle would be a blog. I just created one and it is very easy: Just go to [www.blogger.com](http://www.blogger.com) and follow the instructions. I called this one Beaudesert U3A Wisdom of the Elders and it is at: [www.beaudesert-u3a-wisdom.blogspot.com.au](http://www.beaudesert-u3a-wisdom.blogspot.com.au).

Please feel free to post to it right away if you like. This is all still very experimental so if you have some trouble posting to this blog let me know. Just try to keep the tone in keeping with the name of the blog. If it is a newsy item, send it to this newsletter. If you don't like the idea of a blog or have another suggestion, email this newsletter.



## Morning Tea for Grant Recipients

The Scenic Rim Regional Council invited grant recipients to a morning tea at Boonah Cultural Centre on Tuesday 28th February 2012. I attended on behalf of Beaudesert U3A Inc. The morning commenced with a normal Council Meeting which was most interesting. At the conclusion of the meeting I had the opportunity to talk with our Mayor John Brent and several other Council Members. More importantly I met Lacey Sawtell, Community Development Officer, Scenic Rim Regional Council. Lacey's duties include liaising with Community Grants. I would encourage Management Committee Members to accept such invitations in the future as it can only help promote Beaudesert U3A Inc in our Community.  
Carol Rustichelli (Past President)

**Beaudesert U3A Time-Table: Term 2 2012**

Day	Start-Time	Morning Session	Venue	Start-Time	Afternoon Session	Venue
<b>Monday</b>	10 am 16 <sup>th</sup> April	<b>Computer Group</b> Weekly 10 – noon	Centa care	1.30 pm 16 <sup>th</sup> April	<b>Camera Club</b> 3 <sup>rd</sup> Monday of each month. 1.30 – 4 pm	Centa care
				1.30 pm 16 <sup>th</sup> April	<b>Mosaics</b> Weekly 1.30 – 4pm	20 Lincoln Court
				1.30 pm 30 <sup>th</sup> April	<b>Self-Publishing</b> 1.30 – 3.30 By arrangement	Centa care
<b>Tues day</b>	9 am	Art Group 1 <b>Fellowship of Artists</b> No new enrolments	Tennis Club	2.30 10 <sup>th</sup> April	<b>Line Dancing</b> Weekly 1.30 – 4pm	Uniting Church Hall
	9.30 10 <sup>th</sup> April	<b>Discussion Group</b> Weekly 9.30 – 11.30	Centa care			
<b>Wednes day</b>	9 am 11 <sup>th</sup> April	Art Group 2 <b>The Limmers</b> Weekly 9am-noon	Centa care			
	10 am* 18 <sup>th</sup> April	<b>Art Appreciation</b> 3 <sup>rd</sup> Wednesday of each month Nominally 10-12 noon*	Centa care/ excursion			
	9.30am 25 <sup>th</sup> April	<b>Book Lovers Group</b> Last Wednesday of each month 9.30 – 11.30 am	Centa care			
<b>Friday</b>	tba 16 <sup>th</sup> Mar	<b>Recipe Club</b> Third week of each month	Members homes	12 noon 10 <sup>th</sup> Feb	<b>Jigsaw Library Exchange</b> Phone in advance	20 Lincoln Court

All courses are held at the Centacare rooms, 6–12 Peterson Street, Beaudesert, unless otherwise indicated.

All participants must be paid up members of Beaudesert U3A (\$25.00) per annum (couples \$40.00) and each session has a minimum fee of \$2.00 towards Centacare expenses (tea/coffee, aircon etc). If necessary extra Course costs for photocopying will be set by Tutors.

Course Co-ordinator: Margaret Kendrick Phone 5541 0745 Email: [margaretnorah@gmail.com](mailto:margaretnorah@gmail.com)



## Course Coordinators Report

The first term has come and almost gone so quickly. All Courses have been well received and attended. Computer attendances are well up on last year and the U3A laptop has been put to good use.

Trish's Line Dancing has restarted with gusto and her Aqua Aerobics has made a big Splash (ha ha). Both courses are great fun, lots of laughter and exercise. Unfortunately Aqua Aerobics finishes on 30<sup>th</sup> March and the pool will not reopen until 8th October.

The Fellowship of Artists is as strong as ever and they are very busy preparing for our Exhibition (fingers crossed). Limner's numbers are up to seven. Terry O'Connor, a Logan Artist, Teacher and great friend of mine, visited us last week and we all learnt a lot. He has agreed to visit us once a month. We (being the Limner's) might have to share him with the Fellowship.

The Art Appreciation Group had the March outing to look at Bode paintings at Beaudesert Historical Society Museum and the Canungra Military Museum. Another great day out with ten attending.

Camera Club and Discussion Group are healthy and happy. The Jigsaw Library has had 8 jigsaws & swasgijj donated.

Tricia's Writing Family History and Our Violent Earth have been very successful but Tricia will have a break in the 2nd term and we look forward to another course from her in the 3rd or 4th term.

Mosaics has been well attended and lots of fun. Four ladies from Warwick have visited and were very impressed. I have heard from Shirley that they are set to start their course in the 2nd term. Our group will visit them once they are up and running.

I would like to personally thank all Tutor/Facilitators for putting so much time and effort into all these Courses we have run this term. They must all be so pleased with the good numbers attending. Thank you all.

Margaret Kendrick  
Tutor/Course Coordinator  
Beaudesert U3A



## Great Excursions With Art Appreciation Group

We had another great day out with the Art Appreciation Group last Wednesday. This is just the most enjoyable way to spend a day with a group of lively elders who know how to have fun. Many thanks to Jean for organising such great venues.

The Canungra Army Intelligence Museum, where the Bode paintings are displayed, is a great day out in its own right. This museum is one of the best kept secrets in the district, in keeping with its name. I can't remember the opening details so this is a challenge in intelligence gathering for you. The April excursion on Wednesday April 18th looks just as interesting: To the Queensland Art Gallery for the **Modern Women –Daughters and Lovers 1850 – 1918** Exhibition. Be there or be square.



## Line Dancing Report

On Tuesday 6<sup>th</sup> March 2012 the popular Line Dancing class recommenced with an enthusiastic group ready to get their muscles working again after a long break due to our very hot summers.

This year Trish has the use of speakers and a computer provided by the organisation as a result of a grant from the RSL and members fees. The sound is much improved and the equipment will prove to be an asset to the class.



Trish Fraser and the Line Dancers in Action



New Equipment

## Near Death Experience At U3a

### Aqua Aerobics

I am U3A Course Co-ordinator and have participated, at least once, in most Courses we have offered. I have had my failures, like Line Dancing and successes like Mosaics, Limner's (2<sup>nd</sup> Art Group) and various others.

I am a non swimmer. The only water I like comes out of the tap, my shower head or the garden hose. If God had wanted me to swim he would have given me gills and webbed feet and hands. Which brings me to a Friday 8.45am at the swimming pool.

Our Aerobics session is almost over and I have managed to "fudge" my way through the exercises with both feet firmly on the bottom of the pool, in the shallow end, when Captain Trish tells us to float on our backs, relax and shut your eyes. She was not joking either!!!!!! I took a noodle (stupid name) and after many attempts managed to get my feet up off the pool bottom. I was so pleased with myself, I had done it at last, both feet off the bottom, floating on my back. Whoopee !!

Unfortunately I had not closed my eyes and I could see all these floating bodies, their eyes tightly shut and I was going to bump into one or four of them at any moment (Titanic and the Icebergs). Anyway I panicked and down under the water I went only to come up again, then under, then up and so on. I would still be doing the same if Lorraine had not come to my rescue and taken that noodle (stupid name) away. I had been clinging on to it like grim death.

Anyway I will be back next Friday at 8am happy in the knowledge that the following Friday is the end of term 2. If there is anyone else like me out there (which I very much doubt) I would like to tell them to come along when Aqua Aerobics start again in October as there is no way those lovely people would let you drown. They are a great bunch.

community services groups was interesting and informative.

Lack of Tutors is a very common theme with U3A groups in the south east corner and elsewhere. Memberships were unaltered at \$30 single and \$50 for couples (living at the same address).

## Thanks to Our Sponsors

Many thanks to our sponsors for their ongoing support:



## Notes

Limners: Terry O'Conner –tutor- will be here on Wednesday 11<sup>th</sup> April

Management Committee: Friday 27 April 10am

Members, please take note that 2012 membership fees are now due for payment. Please contact the Secretary on 5544 1462 to arrange this payment.

Contact Jean on 5541 3706 for details of Art Appreciation trip to QAG on April 18th

## Report On Jimboomba U3a A.G.M., 21st February 2012. – Corrections

In the last issue of our newsletter we reported on the above meeting but made some errors in the first two paragraphs of that report. Here are the corrected paragraphs.

*Hennie and 1 attended the Jimboomba U3A A.G.M. At 1pm. About 30 attended a well run meeting at the Jimboomba Library. The previous Treasurer had completed her term of office and Peter was elected unopposed as her successor. There were two new members elected to the committee: Gloria Brewer and Jack Doherty. A talk by the Manager of Caddies about the amalgamations taking place with other*

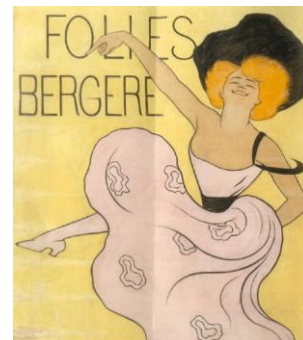


Illustration from „Modern Women –Daughters and Lovers 1850 – 1918 Exhibition