



**Beaudesert  
University  
of the  
Third Age Inc.**

# Newsletter

www.beaudesertu3a.com u3abeaudesert@gmail.com

March 2014, Volume 4, Issue 2

## Management Committee

### Members

President.....Hennie van Dyk.....  
Ph. 5541 0745

Vice President .....Val Chapman.....  
Ph. 5541 3660

Secretary.....Tricia Edward.....  
Ph. 5544 1462

Treasurer.....Tex White.....  
Ph. 5541 4772

Tutor Co-Ord.....Margaret Kendrick ....  
Ph. 5541 0745

Member.....Bernie Brown.....  
Ph. 5544 2042

Member.....Peter Chapman.....  
Ph. 5541 3660

Member.....Andy Fechner.....  
Ph. 5541 2072

Member.....Laurel Fechner.....  
Ph. 5541 2072

Member.....Trish Fraser.....  
Ph. 0417 440584

Member.....Sharon Redmond.....  
Ph. 5541 1653

## Date Claimers

**2014 Annual General Meeting Friday 28<sup>th</sup> March starting at 10.00am. (Includes election of new committee members and office bearers for 2014). To be held at Centacare, 25 Petersen Street, Beaudesert.**

Savvy Wise and Well. Coming up on the 25<sup>th</sup> March, this event will be hosted by the Scenic Rim Regional Council at The Centre in Beaudesert.

## International Women's Day

The Zonta Club of Beaudesert Inc is hosting its annual luncheon to celebrate International Women's Day,

on Friday 7 March at the RSL. The guest speaker is well known and award winning journalist, Trent Dalton. He will be very familiar to readers of the *Courier Mail* and *The Australian* for his thought provoking feature articles and stories.

Tickets go on sale at *Dolly's* at Beaudesert Fair 7 February and cost \$35.00.

For more information contact Jane Blunck on 5541 2321, or mobile 0403768855.

## New Members

Rosemary Ryan  
Finella Loch  
Julie Smith  
Denise Martin  
James Gearey  
Wendy Hanson  
Vicki Mills  
Carol Rustichelli

Beaudesert U3A welcomes the above new members this year, and we hope that your association with our organization will be a long and fruitful one. We look forward to your involvement.

## Editorial

As this edition of our Newsletter goes to distribution, summer is officially drawing to a close. The word around our district, and that of many others, is that it has been one of our driest summers for many years. Those on the land have been struggling with dwindling feed levels in paddocks, and there is the real fear of insufficient growing time to produce

enough fodder to see producers through winter. I find it very interesting that our town and district lies on the periphery of our States' capital city, and also one of the worlds' well known tourist centers (the Gold Coast), and yet remains so connected to rural production and activities. An hour or so by road to the "Big Smoke" or the "Glitter Strip", and yet Beaudesert retains its' rural pulse and country charm.

I believe that we are really fortunate to have the best of both worlds here in our community. Recently improved public transport scheduling has provided user friendly bus services to Brisbane and beyond, and we can still come home to a friendly country town with a smog free environment. We will still have some growing pains to contend with, but booming residential developments are being filled with new residents who will utilize the towns' infrastructure, regardless of whether they commute for employment.

We have a vibrant and growing community here in Beaudesert, with many wonderful groups to cater for the needs of seniors, disabled and disadvantaged. The need for more youth programs has also been recognized, and the local library is getting involved in this issue with new offerings. Our sporting bodies also have great opportunities for juniors, and we have produced many high achievers through these avenues.

The Beaudesert U3A is proud to be a part of all this, and we are very fortunate to be able to continue to offer you access to great courses and programs in 2014.

Andy Fechner, Co-Editor.

## Membership Fees 2014

Membership fees for 2014 remain the same as 2013- \$25 per single and \$40 per couple.

You are reminded that fees are due and payable as of 1<sup>st</sup> January each year. Participation in courses and activities offered by the Beaudesert U3A is open only to financial members.

Remember, we are a not-for-profit Community Group, and all office bearers are volunteers. We depend on timely payment of fees to fund purchase of equipment for our members use and enjoyment. Help us to help you...please pay your fees promptly.

## Jigsaw Library

The Jigsaw Library is seriously underused and I would love to see more members using this great asset.

We have many Jigsaws and Wasgijs. My favourites are the Wasgijs once tried you will be hooked in a big way. Unlike normal jigsaws the picture on the box is not what you will achieve. The brain gets to get a good workout and your imagination will be stretched.

Give it a go. Just give me a ring on 55410745 to arrange a time to collect one or more. No fees and no set time to return them.

Margaret, 20 Lincoln Court, Gleneagle. 55410745

## Mosaics

The Mosaics Group meet every Monday (term time) under my house at 20 Lincoln Court Gleneagle . We have plenty of space and are able to make as much mess as we like and Mosaics can be a very messy art form.

Some Mosaic members have been coming since we first started classes in 2012 others have come to make 2 or 5 articles and then decided that was enough. Most started with absolutely no previous experience or knowledge but had a wish to give it a go and express themselves. The quality of the work we have achieved is of a very high standard and a credit to all of the members. I am very proud of the Mosaic Group and the laughs and friendships we have made are an extra bonus.

Why not give it a go? Come along any Monday from 2<sup>nd</sup> February at 1.30pm and see us in action. Very little cost is involved as we use mostly recycled materials and there are cutters, snipers etc available to start with. As you progress Hennie is always there to help with the diamond saw and other machinery.

Margaret, 20 Lincoln Court Gleneagle. Phone 55410745

## Current Courses

**Term 1: Tuesday 28th January - Friday 4th April 2014**

\*\*\* [Art Group "The Limners"](#)

Wednesdays 9.00 am to 12.00 am, starts 15th January at the Centacare rooms, Peterson Street.

Phone Denise Knight 5546 9879 or Margaret 5541 0745

\*\*\* [Art Appreciation](#)

Third Wednesday each month, nominal time 10.00 - 12 noon if not visiting, Centacare Bistro - usually involving art gallery visits with Tricia. A chance to look at and discuss works of art on display in the Scenic Rim and Master Pieces from around the world. Phone Tricia 5544 1462

\*\*\* [Card Making](#)

First and third Thursday each month, 10.00 am to 12.00 pm, starts 6th February, at Centacare rooms. Phone Maxine Vincent 5541 1449

\*\*\* [Computer Group](#)

Mondays, 10am to 12.00 pm, starts 3rd February at Centacare Bistro room. Hands on

Computer Application. Most members bring their laptop along and are assisted by tutors or computer group members with individual tasks or problems. The aim is helping solve computer related problems through the group. Phone Hennie 5541 0745 for more information.

**\*\*\* Conservational French**

Mondays 1.00 pm - 3.00 pm, starts 3rd February at Centacare. Introduction to Conversational French Phone Bernie 5544 2042

**\*\*\* Cookery Group**

Meets First and Third Wednesday of each month at 1.00pm to 3.00pm, alternately at tutors kitchens at Josephville and Gleneagle. Contact Tina Jones, 0418 780 861 or Laurel Fechner, 5541 2072.

**\*\*\* Genealogy Club**

No set days as yet, but Tricia Edward is still willing to help out anyone who is interested, or wants to start a project. Phone Tricia 5544 1462 or via Email: shikeo@bigpond.com for information.

**\*\*\* General Discussion Group**

Tuesdays 9.30am to 11.30am, starts 28th January. General Discussions on any subject the group wishes. Group participation is the key here. At Cath's House, 27 Dunsinane Street. Phone Peter 5541 3660

**\*\*\* Mosaics**

Mondays 1.30 pm to 4.00 pm, starts 3rd February at 20 Lincoln Crt, Gleneagle. A hands on course in this fascinating art form which will encourage your imagination to create delightful objects. Phone Margaret 5541 0745.

**\*\*\* Our Aboriginal Heritage**

Thursdays 1.30 pm - 3.30 pm, starts 6th February, duration 7 weeks. Course will cover environment anthropology and cultural aspects of the people who have been in our wonderful country for over 50 thousand years.

**Social activities**

**\*\*\* Aqua Aerobics Class**

Wednesdays and Fridays - 7.30 am - 8.30 am, starts 8th February at the Beaudesert Swimming Pool. Phone Val 5541 3660 or Margaret 5541 0745

**\*\*\* Jigsaw Library**

20 Lincoln Crt, Gleneagle. Come along and select one to use from the library. Phone Margaret or Hennie 5541 0745 to arrange selection and collection.

**\*\*\* Line Dancing**

Tuesdays 2.30pm to 4pm, starts early March, held at the Uniting Church Hall. This is a great form of exercise, helps balance, movement and is great fun. Come along and have a go.

Phone Val 5541 3660 or Trish - Mobile: 0417 440 584

**\*\*\* Table Tennis**

Thursdays 9.00 am to 12.00 noon, starts 6th February held at the Uniting Church Hall. Phone Des or Pamela 5541 2662 or mob. 0448 133 146 or Trish: mobile 0417440584

All participants must be paid up members of Beaudesert U3A (\$25.00) per annum (couples \$40.00) and each session has a minimum fee of \$2.00 towards Centacare expenses (tea/coffee, aircon etc). If necessary extra Course costs for photocopying will be set by Tutors.

Course Co-ordinator: Margaret Kendrick  
Phone: 5541 0745 Mobile: 0416950670  
Email: [margaretnorah@gmail.com](mailto:margaretnorah@gmail.com)

## Attention All Line Dancers.

The schedule for our Line Dancing activities has been reviewed, primarily because of the ongoing hot and humid weather.

Line Dancing will now commence at the beginning of Term 2, (first session 22nd April). It is envisaged that Line Dancing will now take place during terms 2 and 3, as an alternative activity to our Aqua Aerobics sessions which will be conducted during the hotter weather of Terms 1 and 4 as usual.

Our tutors for both these activities, Trish Fraser and Val Chapman agree that this will ease some of the demands on their time, as well as providing a more suitable activity commensurate with the prevailing weather.

It is always the intention of the Beaudesert U3A to offer activities which have the best interests of our members' wellbeing and enjoyment foremost.

**Trish Fraser: 0417 440584. Val Chapman: 5541 3660.**

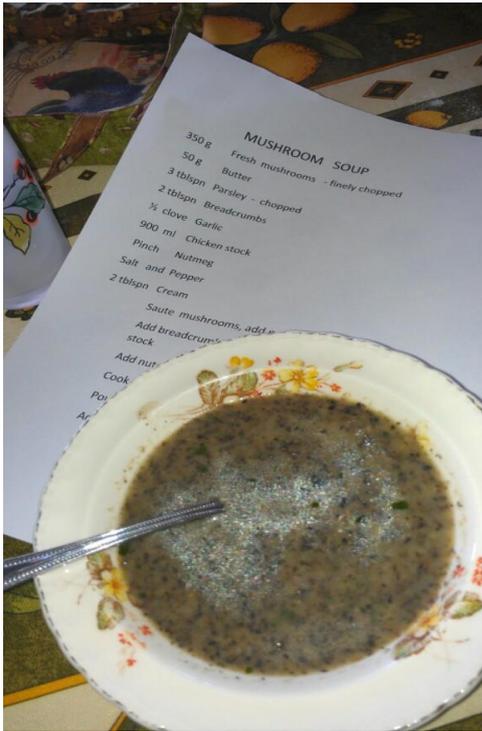
## Our Kitchens Rule

Cooking Group classes with Tina and Laurel have commenced, and what a lovely experience it has been.

For our first class which was held in Tina's kitchen we made Italian Meat Balls with Tomato Pasta sauce. All who attended participated in preparing the dish, and we also shared helpful hints, lots of laughs and a tasty meal at the end. One of our cooking ladies was so motivated that she cooked it for her family the following week.

However, what we did forget was the photos...

So this brings us to Round 2, where it was Laurel's turn to host the group. This time we made a delicious Mushroom Soup, followed by some yummy Fetta and Spinach Muffins. It was too hard to stop at one, (sometimes you have to forget about the waistline) and .....this time we have some photos.



*Yum Yum*

## **Table Tennis For Fun, Fitness And Fellowship**

The U3A has a table tennis group which meets each Thursday morning from 9am to 12 noon. This is a fun morning which improves fitness and is a great way to make new friends. Players of all levels are welcome but must be members of the U3A. The venue is the Uniting Church Hall, Cnr. Duckett and William Streets, Beaudesert with access via the rear of the building.

Bring your own bat if you have one or you can borrow the group's gear. A fee of \$4.pp. applies and a cup of tea or coffee is supplied. The morning is coordinated by Des and Pamela Fox (5541 2662 or mob.0448 133 146). Another contact is Trish Fraser (0417 440 584).

Come along for FUN, FITNESS AND FELLOWSHIP . Perhaps you already know our current members :- Tex White, Barry Owen, Hennie Van Dyk, Trish and Bob Fraser, Judy and Trevor Rudd, Kay Freebolt, Peter Chapman, Rita and George Evans, Brian Hamlyn, Pamela and Des Fox.

We still have room for a couple more participants, so get in quick and come along and enjoy the fun.  
Phone Tina: 0418 780861 or Laurel: 5541 2072 .



*Pamela and Des Fox*



*Kitchen Capers*

## **Could this information save a life?**

At our Discussion group at Kath's House a couple of weeks ago, we were approached by a team of people who were offering a service of painting house numbers on the kerbing in front of each house (in 2 spots), in reflective paint.

After we explained that the property was operated under the guide of Centacare, and was not a private residence, the painters offered to put the numbers on anyway, for no charge.

They are currently offering to do this in what appears to be high quality materials for a charge of \$20 per property.

As stated on the brochure we were given, these numbers make it easier for delivery vehicles, emergency vehicles, and perhaps even family or casual visitors to locate your house. They quote that "The service is being offered by a self help group for low income earners, interested in improving themselves whilst offering a low cost service to the community"

If you feel that this may have merit or you may be interested in engaging this service the contacts are as follows:

**C & D Scott. Ph. 0439 844293 or 0431 135117. (7days).**

## **For Sale**

15 pre-loved copies of "Grassroots" magazine in good condition. Numbers range between 152 and 199, (Aug 2002 and June 2010). \$20 the lot. Contact Laurel 5541 2072.

### **Wanted!**

Persons of the male persuasion to participate in Aqua Aerobics with the U3A. Held every Wednesday and Friday at the Beaudesert Pool from 7.30am to 8.30am. Please contact Trish Fraser on 0417440584 or Val Chapman on 55413660 for more information. (Currently we have only one man attending this group regularly, and he feels a little outnumbered).

### **Wanted!**

People interested in playing social tennis during cooler months. A suitable venue and playing days and times to be arranged depending on numbers. Please contact Tex White on 55414772 if interested.

All requests and notices should be forwarded to the "Co-Editor":

e-mail: [andyfechner@bigpond.com](mailto:andyfechner@bigpond.com)  
Post: Beaudesert U3A Inc., P.O.Box 561,  
Beaudesert , Q. 4285.

You may also wish to consider notices such as 'Help Wanted' or "Services Available" or similar items. Our U3A Newsletter reaches many parts of the wider Beaudesert community in addition to our current membership base.

## **Thanks to Our Sponsors**





# BEAUDESERT U3A Time Table

## 28 January to 4 April 2014



DAY	AM Session	Venue	PM Session	Venue
Monday	10.00 - 12.00	Centacare Bistro	1.00 - 3.00	Centacare Bistro
	COMPUTER	6-12 Petersen St	CONVERSATIONAL	6-12 Petersen St
	GROUP		FRENCH	
	Weekly		Weekly	
	Contact: Hennie		Contact: Bernie	
	PH: 5541 0745		PH: 5544 2042	
			1.30 - 4.00	20 Lincoln Crt
			MOSAICS	Gleneagle
			Weekly	
		Contact: Margaret		
		PH: 5541 0745		
Tuesday	9.30 - 11.30	Kath's House	2.30 - 4.00	Uniting Church
	DISCUSSION	27 Dunsinane St	LINE DANCING	Hall
	GROUP		<b>STARTS TERM 2</b>	
	Weekly		Contact: Trish	
	Contact: Peter		PH: 0417 440 584	
	PH: 5541 3660		Contact: Val	
			PH: 5541 3660	
Wednesday	7.30 - 8.30	Beaudesert	1.00 - 3.00	Their Homes
	AQUA AEROBICS	Swimming	<b>1st &amp; 3rd Wednesdays</b>	Alternately
	Weekly	Pool	COOKERY CLUB	
	Contact: Trish	<b>New Flipper</b>	Contact: Tina	
	PH: 0417 440584	<b>class at 7.00am</b>	PH: 0418 780 861 OR	
	Contact: Val		Contact: Laurel	
	PH: 5541 3660		PH: 5541 2072	
Wednesday	9.00 - 12.00	Centacare Bistro		
Weekly	ART GROUP	6-12 Petersen St		
	"THE LIMNERS"			
	Contact: Denise			
	PH: 5546 9879 or			
	Contact: Margaret			
	PH: 5541 0745			
<b>THIRD</b>	10.00 - 12.00	Centacare Bistro		
<b>Wednesday</b>	ART	6-12 Petersen St		
<b>of the Month</b>	APPRECIATION	& Excursions		
	Contact: Tricia			
	PH: 5544 1462			

DAY	AM Session	Venue	PM Session	Venue
Thursday	9.00 - 12.00	Uniting Church	1.30 - 3.30	Centacare Bistro
	TABLE TENNIS	Hall	OUR ABORIGINAL	6-12 Petersen St
	Weekly		HERITAGE	
	Contact: Pam		Contact: Tricia	<b>7 weeks only</b>
	PH: 5541 2662 or		PH: 5544 1462 or	<b>from 6th Feb</b>
	Contact: Trish		Email:	
	PH: 0417 440 584		<a href="mailto:shikeo@bigpond.com">shikeo@bigpond.com</a>	
<b>1st &amp; 3rd</b>	10.00 - 12.00	Centacare Bistro		
Thursdays	CARD MAKING	6-12 Petersen St		
of the Month	Contact: Maxine			
	PH: 5541 1449			
Friday	7.30 - 8.30	Beaudesert		
	AQUA AEROBICS	Swimming		
	Weekly	Pool		
	Contact: Trish	<b>New Flipper</b>		
	PH: 0417 440584	<b>class at 7.00am</b>		
	Contact: Val			
	PH: 5541 3660			

Phone to	JIGSAW LIBRARY	20 Lincoln Crt	<b>GENEALOGY CLUB</b>	<b>By Arrangement</b>
Arrange a	Contact: Margaret	Gleneagle	<b>Phone Tricia</b>	
Selection	or Hennie		5541 1462	
time	PH: 5541 0745			

**N.B.**

**All participants must be financial members of the Beaudesert U3a, (\$25 single/\$40 double per annum), and each session has a minimum fee of \$2 towards Centacare expenses. If necessary, any extra course costs will be set by tutors.**

***Please contact Course Co-ordinator: Margaret Kendrick***

***Ph: 5541 0745 Mobile: 0416 950 670 Email: margaretnorah@gmail.com***

